# VALIDATION OF A MULTIPLEX MICROSPHERE IMMUNOASSAY FOR DETECTION OF TRYPANOSOMA CRUZI ANTIBODIES IN DOGS

A Thesis

by

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# Submitted to the Graduate and Professional School of Texas A&M University in partial fulfillment of the requirements for the degree of

### MASTER OF SCIENCE

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May 2023

Major Subject: Veterinary Public Health - Epidemiology

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### ABSTRACT

The vector-borne protozoan parasite Trypanosoma cruzi causes Chagas disease in humans, dogs, and many other mammalian hosts. Canine Chagas disease is increasingly diagnosed in dogs of the southern US where triatomine insect vectors occur, and there are limited veterinary diagnostic options; currently, only the indirect fluorescent antibody (IFA) test is offered at a single accredited diagnostic laboratory. This study evaluated a multiplex microsphere immunoassay (MIA) for detecting antibodies against T. cruzi in dogs and compared with existing serological methods to establish cut-off values and relative sensitivity/specificity. Dog sera (n=135) which were previously characterized using the IFA and off-label use of two commercial rapid assays were tested on the multiplex MIA against 12 different antigens: nine T. cruzi antigens, a negative control recombinant protein (green fluorescent protein), a Leishmania antigen, and a canine parvovirus antigen (used as an antibody control given near-ubiquitous parvovirus vaccination). For each sample, the ratio of median fluorescence intensity (MFI) for each T. cruzi antigen to that of GFP was calculated. Samples with an antigen/GFP ratio greater than 4 standard deviations above the mean of 25 known negative sera were considered positive on that antigen. Samples testing positive on 2 or more antigens were considered positive for T. cruzi antibodies. Compared to the IFA, the multiplex MIA demonstrated a relative sensitivity of 100% and specificity of 96.97%. Given its precision, high-throughput format, potential for automation, and lack of

subjective interpretation, the multiplex MIA should be considered a valid and improved assay for *T. cruzi* antibodies in dogs.

# DEDICATION

To my parents for inspiring my curiosity and love of science for as long as I can remember, and my wife for providing many years of unwavering love, encouragement, and support.

#### ACKNOWLEDGEMENTS

First, I am eternally grateful to Sarah Hamer for accepting me into her lab, especially knowing my trajectory to completion of a master's degree would be nontraditional as a part-time student. Sarah's work as a disease ecologist and epidemiologist is remarkable, and I am honored to have worked with her to positively impact Chagas disease diagnostics. She has helped me grow as a professional and a person by serving as a role model in more ways than I can express in writing and is the best (and most patient) advisor I could ever ask for.

The support of my committee members has been invaluable during my prolonged journey through graduate school. Pam Ferro has served as a supervisor, mentor, colleague, and friend throughout my professional career at TVMDL, was primarily responsible for pushing me to finally pursue graduate studies and is the biggest champion of using Luminex technology for veterinary diagnostics (which became foundation of this thesis). I am ever grateful for Mike Criscitiello's willingness to serve on my committee in addition to his ever-growing responsibilities within VMBS; his enthusiasm for my academic and research studies has been crucial to my success, and his positive encouragement has helped me pursue my studies with the highest standards in mind.

The journey toward completion of a master's degree was filled with great experiences and memories thanks to the wonderful people I have met as past and present members of the Hamer Lab. Over the past few years, they have served as labmates, classmates, collaborators, colleagues, and friends, and have always made me feel welcome even when my full-time career has meant I am not always available. My thesis work would not have happened without Rachel Busselman and Lisa Auckland, who were responsible for characterizing, curating, and sharing the samples used in this study. I will always remember late nights building complex regression models with Ed Davila, Juan Pablo Fimbres, and Spencer DeBrock. I am grateful to Alyssa Meyers for many conversations about weird serology results and for welcoming me as a co-author on a peer-reviewed article for the first time. And the rest of my labmates—Keswick Killets, Sujata Balasubramanian, Meredith Anderson, Jordan Salomon, Cassie Durden, Ilana Mosley, Carolyn Hodo, Jillian Wormington, and Italo Zecca—thank you for many years of wonderful discussions and listening to me talk about nerdy serology/diagnostic lab things. I have enjoyed learning about kissing bugs, guinea pigs, tigers, birds, neonicotinoids, ticks, mosquitoes, heartworms, non-human primates, opossums, ocelots, and green jays from such a great group of passionate and brilliant scientists.

My research would not have been possible without the collaboration of Rick Tarleton from the University of Georgia. The originator of the assay used in this study, Dr. Tarleton is a world-renowned expert on Chagas disease with whom I have had the privilege of working and learning from over the past few years. I am forever thankful for his collaborative nature and willingness to provide precious reagents and many words of wisdom and advice throughout the course of my research.

I truly could not have completed my studies without the support of my mentors, friends, colleagues, and management at the Texas A&M Veterinary Medical Diagnostic

Laboratory (TVMDL). Serology Section Head Emerita, Sandy Rodgers, has been my mentor and a great friend for over 10 years, and taught me basically everything I know about infectious disease serology and veterinary diagnostics. I never intended to build a full-time career in this field when I started back in 2012, but her inspiration and support helped me succeed and catapulted my professional growth. Dr. Pam Ferro has supported and encouraged me for many years as a professional and a person, and I am lucky to have also had her as a graduate committee member. Dr. Amy Swinford has been my branch chief, direct supervisor, and now our agency director, and has always been there for me when I needed anything. I am forever appreciative of the flexibility granted to me by the TVMDL Director's Office—Dr. Swinford, Stacy Morris, and former agency director Dr. Bruce Akey-in allowing me to pursue graduate studies while working fulltime, and for providing a career path for me in epidemiology. Lastly, I am indebted to the Serology lab staff for being patient with me when coursework required me to be away from the lab, especially during a global pandemic when our staffing was often limited to begin with. My thanks especially go to Kalyn Green and Dr. Melanie Landis for keeping the lab operational in my absence, something I could always rely on them to do without question.

Finally, I must thank my family for their support, without which I would not be completing this degree. My parents encouraged me to love science from the very beginning, and always instilled in me the value of education (including pursuing advanced degrees themselves). My wife, Mindy Borst, has been supportive throughout anything I have ever wanted to do in life, and pursuing this degree has been no exception. She has been understanding of the time commitments required to attend classes, finish homework, or write papers. She is patient with me when I am tired, interested when I am excited to talk about my work, and been loving and supportive whenever anything felt difficult.

### CONTRIBUTORS AND FUNDING SOURCES

# Contributors

This work was supervised by a thesis committee consisting of Professor Sarah A. Hamer of the Department of Veterinary Integrative Biosciences, and Professor Michael F. Criscitiello and Pamela J. Ferro of the Department of Veterinary Pathobiology.

The serum samples used in this study were curated by Rachel E. Busselman and originally characterized for a study published in 2021. The unique proteins used in this study were expressed and prepared by Dr. Huifeng Shen and kindly provided (along with the testing protocol) by Dr. Rick Tarleton of the University of Georgia, Department of Cellular Biology.

All other work for the thesis was completed by the student independently.

### **Funding Sources**

Graduate study was supported by partial tuition reimbursement from the Texas A&M Veterinary Medical Diagnostic Laboratory and the Willett Foundation.

American Kennel Club Canine Health Foundation Grant No 02448 provided funding for collection of the dog samples used in the study. This study's contents are solely the responsibility of the authors and do not necessarily represent the official views of the AKC.

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# NOMENCLATURE

AAVLD	American Association of Veterinary Laboratory Diagnosticians
AKC	American Kennel Club
AUC	Area under the curve
CDC	Centers for Disease Control and Prevention
GFP	Green fluorescent protein
ICT	Immunochromatographic test
IFA	Indirect fluorescent antibody test
IgG	Immunoglobulin G
MFI	Median fluorescent intensity
MIA	Microsphere immunoassay
PBS	Phosphate buffered saline
PE	Phycoerythrin
ROC	Receiver operating characteristic
SD	Standard deviation
Se	Sensitivity
Sp	Specificity
TVMDL	Texas A&M Veterinary Medical Diagnostic Laboratory

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### **1. INTRODUCTION**

The vector-borne protozoan parasite Trypanosoma cruzi is endemic to the Americas and causes Chagas disease in a wide range of mammalian hosts, including humans and dogs. It is estimated that 288,000 people in the United States have Chagas disease, with origins of infection varying from travel-related to endemic spread<sup>14</sup>. Dogs are an important host of interest to veterinary public health, as they are an effective sentinel species and experience similar disease manifestations to humans<sup>10, 20</sup>. Previous studies in Texas have estimated the prevalence of Chagas disease in domestic dogs to be between 20.3% and 31.6%, with even higher estimates in kennel or shelter environments in Texas (up to 57.6%)<sup>7, 8, 15</sup>. The average yearly seropositivity in canine samples submitted to the Texas A&M Veterinary Medical Diagnostic Laboratory (TVMDL) is over 20%; additionally, demand for serologic testing at TVMDL has more than doubled in the last decade, from 1,129 test requests in 2014 to over 2,500 in 2022 (Figure 1). Between 2014 and 2018, over 1,200 positive T. cruzi antibody tests were reported by TVMDL in samples submitted from Texas, with the directional distribution of positive results primarily in south-central Texas (Figure 2).

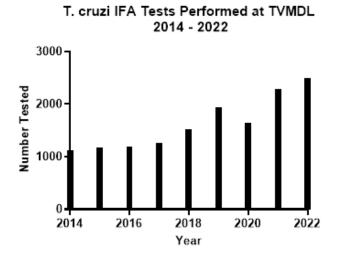


Figure 1. Total *T. cruzi* serology tests performed at TVMDL by year for a 5-year period (2014-2022, unpublished TVMDL data)

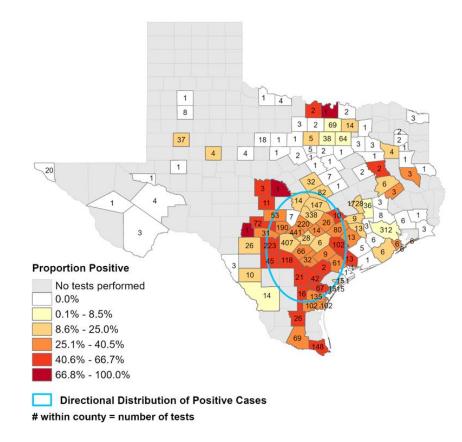


Figure 2. Map showing directional distribution of positive *T. cruzi* serology tests in Texas, and seropositivity by county. Source: unpublished TVMDL data from 2014 through 2018; total number tested = 6,108

Diagnosing Chagas disease can be challenging, as the parasite's life cycle offers only brief windows of parasitemia during which T. cruzi organisms can be detected primarily by PCR of blood or by hematological methods. Evidence of the parasite in the heart and other affected tissues can be observed histologically, however this is primarily achieved post-mortem. As such, serologic methods are the primary means of antemortem testing for Chagas disease; since there is currently little evidence of patients self-clearing the parasite, seropositivity is typically considered a diagnosis of a current infection. In humans, the Centers for Disease Control and Prevention (CDC) considers a single test insufficient to definitively diagnose Chagas disease, and instead recommends using "two or more tests that use different techniques and detect antibodies to different antigens"<sup>5</sup>; this recommendation is also echoed by a recent publication on diagnosing Chagas disease in the United States<sup>11</sup>. For dogs, only the indirect fluorescent antibody (IFA) test is currently available as a validated option in accredited diagnostic laboratories; however, this approach requires specialized equipment, is interpreted using subjective evaluation of fluorescence patterns, and is prone to cross-reaction with other closely related pathogens (e.g., Leishmania) as it uses whole T. cruzi parasites as antigen (Figure 3). Commercially available rapid tests designed and approved for human use have been used in research settings to screen dogs for *T. cruzi* antibodies<sup>18</sup>, but this is not currently an option for routine diagnostics. Given these limitations, it is currently not practical to diagnose canine Chagas disease to the same level of rigor as the CDC's recommendations for human diagnosis.

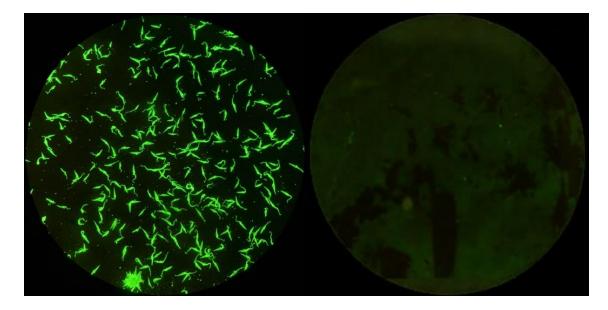


Figure 3. Photos of two dog serum samples tested on the *T. cruzi* IFA (1:20 serum dilution, 100x magnification). Left photo: A strong, clearly positive reaction. Right photo: A negative reaction with moderate background staining. Photo credit: Carlos Rodriguez, TVMDL

Human and veterinary diagnostic laboratories have begun developing and implementing multiplex microsphere immunoassays (MIA) for a variety of infectious diseases using a commercial platform known as xMAP Technology (Luminex Corp, Austin, TX)<sup>21, 23</sup>. These assays use microscopic polystyrene beads (available in magnetic or non-magnetic forms) as the solid phase, against which proteins of interest can be bound. For indirect assays, antibodies in the patient serum bind to the antigens on the beads, and a secondary antibody conjugated with phycoerythrin (PE) serves as a marker for any bound antibodies. Each bead is uniquely labeled with an internal dye, allowing the instrument reader to determine which target is represented while measuring the signal from the PE conjugate (indicating the presence/absence of antibodies in the patient serum against that target).

Previous studies<sup>6, 13</sup> have described the use of a multiplex MIA to screen serum for *T. cruzi* antibodies in humans and dogs, determining a panel of appropriate antigens of interest and demonstrating effective diagnosis. Multiplex MIAs such as this one offer improvements over classical *T. cruzi* serology (i.e., IFA) in several ways: they eliminate the need for subjective interpretation by using an instrument reader; are performed using a 96-well plate, offering high throughput; increase precision via multiple readings per analyte, per sample; and offer high sensitivity and specificity by targeting multiple antigens. The aim of this study is to characterize this multiplex MIA and determine its validity in detecting antibodies against multiple *T. cruzi* antigens in dogs, establishing cut-off values for seropositivity and estimating sensitivity/specificity relative to existing methods. Additionally, we aim to demonstrate this assay's utility in monitoring seropositive dogs over time.

### 2. MATERIALS AND METHODS

Serum samples (n = 135) were previously collected from hunting dogs as part of a longitudinal study of Chagas disease in south Texas kennels, during which dogs were sampled at 0, 6, and 12 months<sup>2</sup>. All samples were obtained from privately-owned animals in accordance with guidelines approved by the Texas A&M University's Institutional Animal Care and Use Committee and Clinical Research Review Committee (2018–0460 CA). A total of 61 individual dogs were represented in this sample set, comprised of 11 different breeds and ranging in age from 1 to 12 years old; 31 dogs were female, and 30 dogs were male. As part of the previous study, samples from these dogs were characterized using the IFA test and two commercially available rapid immunochromatographic tests (ICT); an endpoint titer was determined for the IFA by serially diluting samples until a final dilution with positive fluorescent signal was reached. The rapid ICTs (ChemBio StatPak and InBios Chagas Detect<sup>TM</sup> Plus) were used off-label to test dog serum, as they are both FDA licensed and validated for human use only. To determine and validate cutoff criteria for the MIA, we used a subset of samples that had congruent positive or congruent negative results across all 3 of the serological tests to which they were subjected. This included the samples which were categorized as clearly seropositive (n = 27) and clearly seronegative (n = 33) by the prior serological tests in the original study. Validating the assay with these samples of congruent serostatus was done because there remains uncertainty in the true infection status for animals that have discordant test results, and there is yet to be an accepted gold standard

serologic test for *T. cruzi* exposure in human or veterinary medicine<sup>9, 11, 16, 17</sup>. Once cutoff criteria for the MIA were established with this sample set, we then used the full sample set which includes dogs sampled at multiple time points to monitor changes in serostatus over time.

A total of 12 antigens were evaluated in the multiplex assay (Table 1); 9 antigens from *T. cruzi*, were prepared and coupled to the xMAP beads as previously described<sup>6</sup>: FF10, G10, LE2, Kn107, FAB4, ATPase, Kn122, Kn80, and a whole-organism lysate. Green fluorescent protein (GFP) was used as a negative recombinant antigen. A canine parvovirus protein (VP2, MyBioSource, Inc., San Diego, CA)) was used as an antibody control; since all dogs in this study were assumed to have been previously vaccinated, samples failing to react to this protein would reflect inadequate antibody production or sample integrity issues. Lastly, a *Leishmania* protein (K39, MyBioSource, Inc., San Diego, CA) was included to examine cross-reactivity<sup>19</sup>. In addition to the study samples, 3 control sera were also tested: negative and positive *Leishmania* controls, and a negative parvovirus control (VMRD, Inc., Pullman, WA).

Antigen name	Gene ID/description	Function in assay
FF10	TcCLB.506529.610	<i>T. cruzi</i> antigen
G10	TcCLB.504199.20	T. cruzi antigen
LE2	TcCLB.507447.19	T. cruzi antigen
Kn107	TcCLB.508355.250	T. cruzi antigen
FAB4	TcCLB.507029.30	T. cruzi antigen
ATPase	TcCLB.509233.180	T. cruzi antigen
Kn122	TcCLB.506749.10	T. cruzi antigen
Kn80	TcCLB.506885.70	T. cruzi antigen
Tc Lysate	Trypanosoma cruzi lysate from tissue culture	T. cruzi antigen
GFP	Green fluorescent protein	Negative control recombinant protein
VP2	Canine parvovirus capsid protein VP2	Positive antibody control protein
K39	Kinesin-like protein, partial	Leishmania antigen

Table 1. Proteins used as antigens in the canine *T. cruzi* multiplex MIA.

Samples were tested as previously described for dog serum<sup>13</sup>. Briefly, a mixture containing all 12 antigen-coupled beads in assay buffer (PBS with casein) was prepared and added to black polystyrene 96-well flat bottom plates (Greiner Bio-One). The plates were affixed to magnetic holders and the beads captured in the bottom of the wells. The excess assay buffer was removed by forcefully inverting each plate above a waste container with the magnetic holder attached, leaving the beads in the well, and 100  $\mu$ L of the serum samples (diluted 1:500) was added in duplicate wells. One set of wells contained assay buffer only as a blank/background sample. The plates were sealed with foil and incubated at room temperature on a compact orbital microplate shaker (Thermo Fisher Scientific) set to 600 rpm for 1 hour. Following the first incubation, the plates were washed three times as follows; for each wash, the magnetic plate holder was used to keep the beads in place, and the liquid removed from the plates by forcefully inverting over a waste container. The magnetic holder was removed, and 200  $\mu$ L of assay buffer

was added to the wells, resuspending the beads. The magnetic plate holder was then used to recapture the beads, and the wash buffer removed from the wells by forcefully inverting the plate. Anti-canine IgG conjugated with phycoerythrin (Rockland, Inc., Limerick, PA) was used as a secondary antibody at a working dilution of 1:100; 150  $\mu$ L of the PE conjugate was added to each well, the plates resealed with foil, and incubated at room temperature on a plate shaker for 1 hour and 30 minutes. After the second incubation, the plates were washed three times as described above. The beads were then resuspended in 150  $\mu$ L of assay buffer and read using a MAGPIX instrument equipped with xPONENT software (Luminex Corp, Austin, TX), and the median fluorescence intensity (MFI) for all 12 antigens in each well was measured. The average net MFI (average MFI of both sample wells minus the MFI of the blank/background wells) for each antigen on each sample was used for subsequent analysis.

For all samples, the average net MFI of each antigen was divided by that of GFP (hereon referred to as the antigen-GFP ratio). This allowed analysis to be performed on a normalized value as well as corrected for any samples which had high reactivity against GFP (i.e., background or non-specific reactions)<sup>24</sup>. A subset of samples (n = 25) which were previously negative for *T. cruzi* antibodies by all 3 existing serologic methods were designated as a "negative pool", and the mean antigen-GFP ratio for each antigen was calculated for these samples. Study samples with antigen-GFP ratios above 4 standard deviations from the mean of the negative pool were considered reactive to that antigen. Statistical analyses were performed using Stata software (StataCorp LLC, College Station, TX), and graphical representations of results via heatmaps were generated using

Prism 9 software (GraphPad Software, La Jolla, CA) to compare results between groups and visualize seroconversion over time. A receiver operating characteristic (ROC) using the IFA as the reference test was used to determine the optimal number of reactive antigens required to designate a sample as positive for antibodies against *T. cruzi*, along with assay sensitivity/specificity relative to the IFA. Correlation analysis was performed to investigate the relationship between IFA endpoint titer and the number of positive MIA antigens.

### 3. RESULTS

The area under the curve (AUC) for the ROC was 0.9989 (Figure 4), indicating the multiplex assay is highly comparable to the reference test (IFA). The ROC analysis indicated an optimal cutoff of  $\geq 2$  reactive antigens to classify a sample as seropositive (Table 2). Using this criterion, the multiplex assay had relative sensitivity of 100% and specificity of 96.97%, with only a single result disagreeing with the reference test. The group of samples which were positive on IFA had notably higher antigen-GFP ratios than the IFA negative group (Figure 5). The number of reactive antigens for seropositive samples was highly correlated with the previous IFA titer (r = 0.8675, p<0.0001). All samples were reactive on the parvovirus protein, indicating no apparent antibody failures or sample quality issues. The Leishmania antigen was functional, with the positive control showing high reactivity and the negative control showing none (Figure 5). Notably, the Leishmania positive control was also reactive on 2 T. cruzi antigens (wholeorganism lysate and Kn107). A single study sample was considered reactive for the Leishmania antigen using the diagnostic criteria established for T. cruzi (4SD above the *T. cruzi*-negative pool).

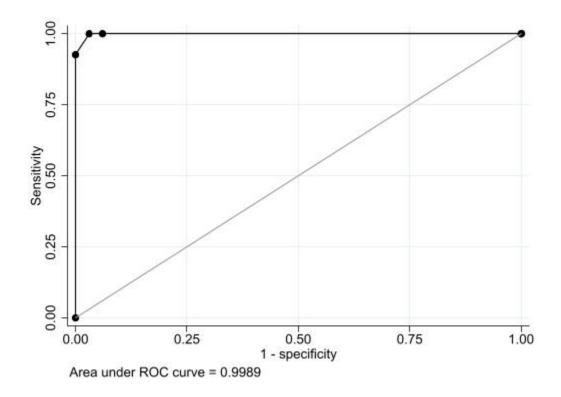


Figure 4. Receiver operating characteristic (ROC) curve for the canine *T. cruzi* antibody MIA using the IFA as a reference standard.

ifferent cut-off values for the canine <i>T. cruzi</i> multiplex MIA relative to the IFA.					
	Cut-off (# positive antigens)	Sensitivity	Specificity	% Correctly classified	
	≥1	100.00%	93.94%	96.67%	
	$\geq 2$	100.00%	96.97%	98.33%	
	≥3	92.59%	100.00%	96.37%	

100.00%

100.00%

100.00%

48.15%

11.11%

3.70%

 $\geq 4$ 

 $\geq 5$ 

 $\geq 6$ 

76.67%

60.00%

56.67%

Table 2. Sensitivity, specificity, and percentage of samples correctly classified at different cut-off values for the canine *T. cruzi* multiplex MIA relative to the IFA.

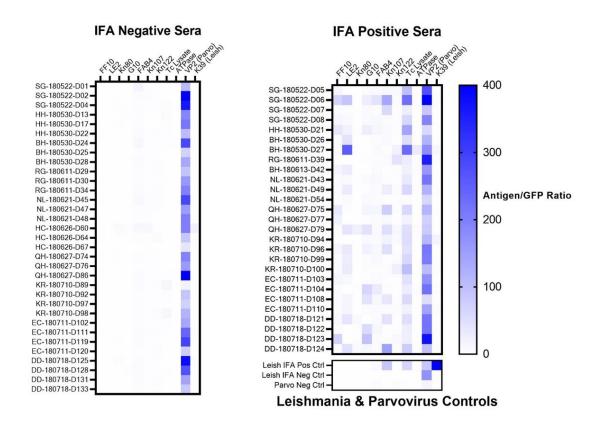
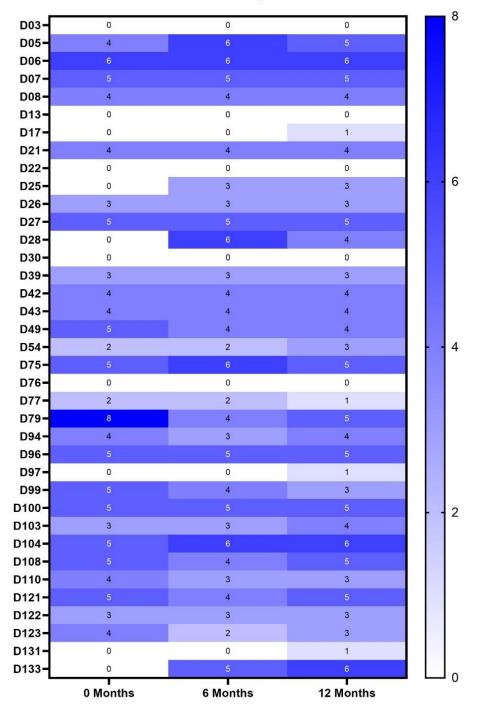


Figure 5. Heatmap showing reactivity of 60 canine serum previously tested for *T. cruzi* antibodies by IFA (grouped by previous IFA result), and reactivity of *Leishmania* & canine parvovirus controls.

Of the 37 dogs for which all three longitudinal samples were tested (Figure 6), 8 were considered in the original study to have seroconverted between sampling points based on a consensus result of at least 2 positive serologic tests<sup>2</sup>. Using the MIA, 3 (37.5%) of these dogs showed apparent seroconversion using the optimized diagnostic cut-off values used in this study (2 or more positive antigens); 2 more dogs were below the cut-off criteria but were seropositive against a single antigen. Once seropositive, the number of reactive antigens remained relatively stable over time, fluctuating on no more than 2 antigens for most dogs (and with no dogs reverting from seropositive to seronegative over time). All samples in the longitudinal group which were previously positive by IFA were positive on the multiplex assay, and the patterns and magnitude of reactive antigens were unique between individual dogs.



### **Number of Positive Antigens Over Time**

Figure 6. Heatmap showing the number of positive *T. cruzi* antigens on the MIA at 0-, 6-, and 12-month intervals for 37 dogs presumed to be positive based on previous testing.

#### 4. DISCUSSION AND CONCLUSIONS

### 4.1. Summary

Our study successfully demonstrated the utility of a multiplex microsphere immunoassay in detecting antibodies against T. cruzi in dogs when compared to existing test methods. Although other serological methods such as IFA and rapid immunoassays have been used extensively in diagnostic and research settings and are considered validated for those purposes based on human literature and correlation with clinical signs, few previous studies have been conducted which quantify their performance in terms of sensitivity and specificity relative to a gold standard. The multiplex MIA has been used in previous studies to test dogs, humans, non-human primates, and mice<sup>4, 6, 13</sup>; however, this is the first study to estimate its sensitivity/specificity for diagnostic purposes. While this study determined an optimal single cut-off point of 2 positive antigens to balance the inverse relationship between sensitivity and specificity, when implementing this assay in a true diagnostic setting, it may be most useful to utilize a three-tiered approach bracketing cut-off values to maximize both values (i.e., classifying samples as negative below the cut-off which gives 100% sensitivity, positive at the cutoff which gives 100% specificity, and "suspect" in between).

Existing *T. cruzi* antibody assays are widely known to cross-react with *Leishmania* antibodies, confounding diagnosis for animals who could plausibly have been exposed to both pathogens. In addition to a whole-organism lysate, the inclusion of individual *T. cruzi* proteins in this assay (including at least one—FF10—which is completely unique to this organism) is intended to increase specificity. Given that the

*Leishmania* positive serum was positive on the *T. cruzi* assay, but only 1 of the *T. cruzi* positive samples were significantly reactive on the *Leishmania* antigen, there is likely not enough evidence in this study to conclude whether cross-reactivity will carry over to this testing platform. Additional studies with known *Leishmania* positive and negative samples, from areas in which *T. cruzi* exposure is unlikely, could ultimately provide more definitive answers to this question. Previous studies<sup>3, 4</sup> have used different sets of *T. cruzi* proteins in the multiplex assay, and one of the advantages of this platform is the ability to expand/modify antigens to best optimize the test. If implementing this assay in settings where more definitive discrimination from *Leishmania* positivity is crucial (e.g., where infection with either pathogen is a possibility), additional proteins which are completely unique to *T. cruzi* may be added to increase specificity.

When compared to the longitudinal results of the Busselman et al. study, the MIA showed perfect agreement with the IFA results, but did not detect seroconversion against any antigens in 3 of the 8 dogs which had apparently seroconverted based on positive results on 2 rapid tests (Figure 3). As these dogs were consistently negative by both IFA and MIA, it is possible that the rapid tests are more sensitive (and thus less specific) than either of these methods. The 2 dogs which appeared to seroconvert against only 1 MIA antigen did so only during their final sampling point; of note, these dogs were originally considered seronegative according to the diagnostic criteria of 2 or more positive antigens, this may be an indication that positivity on even a single antigen can indicate early infection and should be considered as a suspicious result within the clinical and

epidemiological context. As such, the multiplex assay may be useful in monitoring atrisk populations of dogs (e.g., in kennel settings) over time, where a change in seropositivity between sampling points—even on a single antigen—could trigger immediate follow-up testing by PCR, allowing diagnosis and possible intervention for acute cases sooner than conventional serology alone.

### **4.2. Limitations and Assumptions**

There are a few limitations of this study, primarily associated with T. cruzi biology, the current state of Chagas disease diagnostics, and the fact that we are not using experimentally infected animals and instead relying on field samples. First, this study uses a relatively small panel of 8 T. cruzi-specific proteins and a whole-organism lysate as antigens. The proteome of *T. cruzi* is large<sup>1</sup>, and there are several discrete typing units (DTUs) resulting from the organism's genetic variability<sup>22</sup>. The serum samples in this study come from dogs likely infected with the TcI and TcIV DTUs, as these are the genetic strains which circulate in the United States<sup>7</sup>. Although the specific proteins used in our panel have been chosen based on previous studies demonstrating their utility<sup>6</sup>, it is possible that there is unknown variation in how different DTUs present antigenic proteins to the immune system, and that this assay may yield different results in patients infected with DTUs other than TcI and TcIV (e.g., from outside the United States). Second, there are limitations associated with lack of a true "gold standard" for comparison. The IFA is the reference standard in our study by default, as it is the only option currently validated for use in dogs and available in an accredited veterinary diagnostic laboratory. Any apparent mischaracterization of seropositivity referent to the

IFA will be reflected in a decrease in the relative sensitivity/specificity of the MIA; however, it is possible that the MIA's results are truly the "right answer" and any apparent decrease in these values is biased as a result. Conversely, and finally, the samples selected for validation were those which had the clearest seropositive/negative reactions based on previous testing, and our study will not explore the MIA's performance in classifying discordant or "borderline" results in animals which are truly infected/not infected. This may positively bias the estimates of sensitivity/specificity in our study<sup>12</sup>. The sample size in this study was also relatively small due to the decision to use well-characterized samples.

Evaluation of the multiplex MIA's performance was dependent on several assumptions. First, although there is no perfect "gold standard" for *T. cruzi* testing, the IFA was used as the reference test in the ROC analysis and determination of sensitivity/specificity for the MIA. Second, antibody positive dogs were assumed to be infected; this is due to the lack of evidence of self-clearing once an animal has been exposed to the *T. cruzi* parasite. Regardless of these limitations and assumptions, the multiplex assay demonstrated high agreement with the IFA, and could perhaps serve as a new and improved "gold standard" going forward given its improvements over the more classical method.

### **4.3.** Conclusions and Future Directions

The multiplex microsphere immunoassay for detection of *Trypanosoma cruzi* antibodies was successfully characterized and validated for use in dogs. Given the challenges in diagnosing Chagas disease using existing assays, this test may be adapted

by veterinary diagnostic laboratories as an additional, enhanced tool for detecting and monitoring seropositivity in individual animals. As the MIA is high throughput, it may also be of use in monitoring at-risk dog populations (e.g., in kennels) and could enhance epidemiological surveillance capabilities. Additionally, an improved assay will be critically important as antiparasitic treatments of dogs hopefully become available in the future and may be of use in monitoring dogs' antibody responses during and after treatment.

There are myriad possibilities for future work expanding on this study. Given the high-throughput format of the assay and the thousands of samples received at TVMDL each year for *T. cruzi* serology testing, future studies could improve on our estimates of Se/Sp using larger sample sets and statistical analyses which account for the lack of a true gold standard (e.g., latent class analysis). High-volume testing could also inform larger, spatial/temporal studies of Chagas disease using banked diagnostic laboratory samples. Additionally, the set of *T. cruzi* antigens included in the panel could be expanded to provide greater sensitivity or specificity (e.g., decreasing cross-reactivity with closely related pathogens such as *Leishmania*). The multiplex capabilities of the assay could also be expanded to target other serum markers which are indicative of cardiac Chagas disease (e.g., cardiac troponin), or inflammatory cytokines associated with immune system response to protozoal infection. Other immunoglobulins beyond IgG (e.g., IgM) could be measured using this system as well. As with ELISA, the MIA platform can be configured into different formats to expand utility, such as sandwich assays which allow capture of other serum components or competitive assays which

could reduce the need for species-specific reagents. Even in the indirect format used in this study, swapping the anti-canine IgG conjugate for one which is cross-reactive against IgG from multiple species (such as a protein A/G conjugate) could allow this assay to be used in any species of interest and expand surveillance capabilities beyond dogs.

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