

1 Re-examining the germination phenotypes of several *Clostridium difficile* strains suggests
2 another role for the CspC germinant receptor.

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14 **Abstract**

15 *Clostridium difficile* spore germination is essential for colonization and disease. The signals that
16 initiate *C. difficile* spore germination are a combination of taurocholic acid (a bile acid) and
17 glycine. Interestingly, the chenodeoxycholic acid-class (CDCA) bile acids competitively inhibit
18 taurocholic acid-mediated germination suggesting that compounds that inhibit spore germination
19 could be developed into drugs that prophylactically prevent *C. difficile* infection or reduce
20 recurring disease. However, a recent report called into question the utility of such a strategy to
21 prevent infection by describing *C. difficile* strains that germinated in the apparent absence of bile
22 acids or germinated in the presence of the CDCA inhibitor. Because the mechanisms of *C.*
23 *difficile* spore germination are beginning to be elucidated, the mechanism of germination in these
24 particular strains could yield important information on how *C. difficile* spores initiate
25 germination. Therefore, we quantified the interaction of these strains with taurocholic acid and
26 CDCA, the rates of spore germination, the release of DPA from the spore core and the
27 abundance of the germinant receptor complex (CspC, CspB and SleC). We find that strains
28 previously observed to germinate in the absence of taurocholic acid demonstrate more potent
29 $EC_{50,TA}$ values towards the germinant and are still inhibited by CDCA, possibly explaining the
30 previous observations. By comparing the germination kinetics and the abundance of proteins in
31 the germinant receptor complex, we revise our original model for CspC-mediated activation of
32 spore germination and propose that CspC may activate spore germination and then inhibit
33 downstream processes.

34

35 **Importance**

36 *Clostridium difficile* forms metabolically dormant spores that persist in the healthcare
37 environment. In susceptible hosts, *C. difficile* spores germinate in response to certain bile acids
38 and glycine. Blocking germination by *C. difficile* spores is an attractive strategy to prevent the
39 initiation of disease or to block recurring infection. However, certain *C. difficile* strains have
40 been identified whose spores germinate in the absence of bile acids or are not blocked by known
41 inhibitors of *C. difficile* spore germination (calling into question the utility of such strategies).
42 Here, we further investigate these strains and re-establish that bile acid activators and inhibitors
43 of germination affect these strains and use this data to suggest another role for the *C. difficile* bile
44 acid germinant receptor.

45

46 **Introduction**

47 Spore formation and germination by *Peptoclostridium difficile* spores (1) (referred herein as
48 *Clostridium difficile* for simplicity) are significant hurdles for overcoming the transmission of
49 this pathogen within the hospital environment. Due to the strict anaerobic nature of *C. difficile*
50 vegetative cells, spores are thought to be the main reservoir for transmission within the
51 healthcare setting (2, 3). Prior antibiotic treatment is the greatest risk factor for *C. difficile*
52 infection (4). Broad-spectrum antibiotics alter the balance of the colonic microbiota allowing *C.*
53 *difficile* an opportunity to colonize the newly generated niche (5-7). Once in a host, *C. difficile*
54 spores germinate to form the toxin-producing vegetative cells that colonize a host's colonic
55 environment. In susceptible hosts, *C. difficile* vegetative cells secrete two toxins that damage the
56 colonic epithelium and lead to the primary symptoms of disease (8, 9). *C. difficile* infections are
57 commonly treated with more antibiotics (*e.g.*, metronidazole, vancomycin or fidaxomicin) (10).

58 After disease symptoms are alleviated and the antibiotics are discontinued, patients frequently
59 relapse with recurring disease due to germination by spores that remain in the colon or that re-
60 infect the host from the surrounding environment (10). Because germination by the spore form is
61 required for pathogenesis, compounds that prevent spore germination could be an attractive way
62 to prevent the primary or recurring infections (11-13).

63 Endospores are dormant forms of bacteria and are formed by vegetative cells in response
64 to environmental stress (14, 15). In *Bacillus subtilis*, sporulation is a tightly regulated process
65 and involves the formation of a forespore within a mother cell (16). The forespore and mother
66 cell communicate through a cascade of sigma factor activation and waves of
67 transcription/translation (16). The end result of this developmental program is a dormant spore
68 consisting of a DNA-containing core where much of the water has been replaced by dipicolinic
69 acid as a calcium chelate (CaDPA) (17). Surrounding the spore core is an inner spore membrane,
70 a thin germ-cell peptidoglycan layer, a thick cortex peptidoglycan layer, an outer spore
71 membrane and layers of coat protein (15). The coat proteins, cortex and the contents of the
72 desiccated core help protect the spore from environmental stressors (*e.g.*, heat, radiation,
73 chemicals and antibiotics) and keep the spore in a metabolically dormant state (15, 17).

74 Endospore germination has been extensively studied in *B. subtilis* (15). In *B. subtilis*,
75 spore germination can be initiated when L-alanine (a germinant) interacts with the GerAA-AB-
76 AC germinant receptor which is embedded within the inner spore membrane (15). This
77 interaction triggers the release of the large depot of CaDPA, presumably through the SpoVA
78 membrane channel (15). This results in the partial hydration of the spore's core. As CaDPA
79 passes through the cortex layer, CaDPA activates the CwIJ cortex hydrolase and the actions of

80 the CwlJ and SleB hydrolases degrade the spore cortex resulting in core expansion and full
81 rehydration of the spore core (15).

82 The receptors with which spore germinants interact are conserved between most of the
83 studied spore-forming bacteria (*e.g.*, *B. subtilis*, *B. anthracis* and *C. perfringens*) while the
84 germinants which activate spore germination vary between organisms (but germinants are
85 generally amino acids, nucleotides, ions or sugars) (18). *C. difficile* spore germination is initiated
86 by certain bile acids (presumably a host signal) and glycine (presumably a nutrient signal) (14,
87 19-21). Bile acids are small, steroid acids that are released by the gall bladder into the digestive
88 tract to aid in the absorption of fats and cholesterol (22). Two families of bile acids are
89 synthesized by the liver: cholic acid-derivatives and chenodeoxycholic acid-derivatives (CDCA).
90 Each of these families is conjugated with either a taurine [taurocholic acid (TA) or
91 taurochenodeoxycholic acid] or a glycine (glycocholic acid or glycochenodeoxycholic acid) (22).
92 *C. difficile* spore germination is stimulated by cholic acid while CDCA-derivatives inhibit cholic
93 acid-mediated germination (11, 19, 23, 24). Based on previous studies, *C. difficile* spores have an
94 EC₅₀ value (the concentration that achieves half-maximum germination rate) in the low
95 millimolar range for TA and the high micromolar range for CDCA, suggesting that *C. difficile*
96 spores may have a tighter interaction with inhibitors of germination than with the activators of
97 germination (11, 23-25).

98 Though the signals that stimulate spore germination have been studied for some time,
99 only recently was the receptor with which the bile acids interact identified (13). *C. difficile* does
100 not encode the classical, membrane-embedded, *ger*-type, germinant receptor (26). Instead, *C.*
101 *difficile* spore germination proceeds through a novel germination pathway involving direct
102 stimulation of cortex hydrolysis and subsequent release of CaDPA from the spore core (opposite

103 to what is observed for germinant receptor-mediated germination in *B. subtilis* or *Clostridium*
104 *perfringens*) (13-15, 27, 28). In our working model, *C. difficile* spore germination is initiated
105 when the germination-specific, pseudoprotease, CspC, interacts with the cholic acid-class of bile
106 acids (13). Activated CspC transmits the bile acid activating signal to the CspB protease which
107 then activates the spore cortex lytic enzyme SleC (deposited in the spore as a zymogen) (13, 29).
108 Activated SleC then begins to degrade the spore cortex and CaDPA is subsequently released
109 from the spore core (27, 28).

110 Based on the model described above, all *C. difficile* isolates should have the requirement
111 for bile acids to stimulate germination. Indeed, spores derived from most clinical isolates require
112 taurocholic acid (TA) to initiate spore germination in rich medium (30, 31). However, a few
113 isolates have been reported not to require TA as a spore germinant or not to be inhibited the
114 CDCA anti-germinant (31). If these strains have no requirement for TA or are not inhibited by
115 CDCA, by what mechanism would they be activated for germination (*i.e.*, would the
116 mechanisms for germination in these strains be different from what has been described
117 previously)?

118 Here we aimed to re-examine the germination of spores derived from *C. difficile* strains
119 that were reported previously to germinate in rich medium alone or germinate in the presence of
120 a known inhibitor of *C. difficile* spore germination, CDCA (31), and compare this germination to
121 that of spores that clearly require TA for germination (11, 25, 27, 32). Upon reinvestigation of
122 these strains, we find that strains previously thought not to be inhibited by CDCA are actually
123 inhibited by CDCA and interact with CDCA with similar inhibitor constant values as other
124 strains. However, these strains do exhibit greater $EC_{50,TA}$ values, possibly explaining previous
125 observations (31). We further characterize these strains by determining the abundance of the

170 centrifugation, spores migrate through the 50% HistoDenz while the less-dense vegetative cells
171 and cell debris remain at the interface. After centrifugation, the solution is removed and the
172 pellet, containing the purified spores, was washed 5 times in sterile water before being
173 resuspended in a final volume of 1 mL. Purified spores were examined microscopically and were
174 found to be >99.9% pure and phase-bright (dormant).

175 **Germination**

176 To quantify the interaction between the bile acids and *C. difficile* spores, purified spores
177 were heat-activated at 65 °C for 30 min and then placed on ice. Ten microliters of the heat-
178 activated spores were added to a final OD₆₀₀ of 0.5 in 990 µL BHIS medium alone or medium
179 supplemented with the indicated concentrations of bile acids and germination was monitored at
180 600 nm for 15 minutes in a PerkinElmer (Waltham, MA) Lambda25 UV/Vis Spectrophotometer.
181 The data points at OD₆₀₀ (T_x) were normalized to the starting OD₆₀₀ value (T₀). Germination
182 rates and EC₅₀ values were calculated using the slopes of the linear portions of the germination
183 plots, as described previously (11, 25). The data shown in Figures 1 and 2 are a representative of
184 three independent experiments (the data cannot be averaged between experiments due to
185 differences in time points generated by the PerkinElmer spectrophotometer. For transparency, all
186 germination plots are included Figures S1 – S3.). Rates and EC₅₀ values were individually
187 calculated from each germination experiment and are reported as averages with the standard
188 error of the mean.

189 The release of CaDPA from germinating *C. difficile* spores was monitored in real time
190 using terbium fluorescence (36). An opaque, 96-well plate was prepared with 125 µL of 10 mM
191 Tris (pH 7.5), 150 mM NaCl, 800 µM TbCl₃ and 100 mM glycine alone or supplemented with

192 10 mM TA, as described previously (27). Heat-activated spores were then sedimented for 1 min
193 at 14,000 x g and resuspended in an equal volume of water to remove any CaDPA that may have
194 been released due to auto germinating spores. A 5- μ L sample of a spore suspension ($OD_{600} = 60$)
195 was added to each well, and the CaDPA release was monitored in a Molecular Devices
196 (Sunnydale, CA) Spectramax M3 fluorescence plate reader. CaDPA release was monitored with
197 the following settings: excitation = 270 nm; emission = 545 nm; cutoff = 420 nm. The CaDPA
198 release data are reported as the average of 3 independent experiments and error bars represent the
199 standard error of the mean.

200 Total DPA content of the spores was determined by suspending 1×10^5 spores in buffer
201 and incubating at 95 °C for 30 minutes. The spores were cooled and sedimented for 2 minutes at
202 14,000 x g. The amount of released DPA was determined as above using terbium fluorescence.

203 **Protein purification**

204 Overnight cultures of the appropriate BL21 (DE3) strains were diluted 1:200 in 2xTY medium
205 and incubated at 200 rpm and 37 °C. When an OD_{600} of 0.6-0.8 was reached, IPTG was added to
206 250 μ M final concentration, and cultures were grown at 16 °C for 12-14 hr. Subsequently, the
207 cultures were pelleted at 6,000 rpm and 4 °C for 30 min and then frozen at -80 °C. Cell pellets
208 were resuspended in LIB1 (50 mM Tris, pH 7.5, 500 mM NaCl, 15 mM imidazole and 10%
209 glycerol) and lysed by sonication. HisPur Ni-NTA resin (Thermo Scientific) was added to the
210 clarified supernatants and washed with LIB2 (50 mM Tris, pH 7.5, 300 mM sodium chloride, 30
211 mM imidazole and 10% glycerol). For SleC_{6His}, the resulting protein was eluted from the Ni-
212 resin in LIB1 supplemented with 500 mM imidazole. For CspB-CPD_{6His} and CspC-CPD_{6His}, all
213 proteins were cleaved from the CPD tag in LIB1 supplemented with 75 μ M (final concentration)

214 phytic acid at room temperature for 20 minutes with shaking (4 cleavage reactions were
215 sufficient to cleave the respective proteins from the CPD tag). The volume of the phytic acid
216 cleavings was equal to the Ni-beads bed volume. The resulting proteins were analyzed for their
217 purity SDS-PAGE and Coomassie staining and quantified by NanoDrop.

218 **Protein extraction and Western Blotting**

219 NuPAGE soluble proteins (which include CspB, CspC and SleC) were extracted from 2×10^9 /mL
220 purified spores as described previously (37). A separate spore extract from 2×10^9 *C. difficile*
221 JSC11 (*cspBA::ermB*) spores or *C. difficile* CAA5 (*sleC::ermB*) spores was also generated.
222 Standard amounts of NuPAGE-solubilized recombinant proteins (generated above) were added
223 to a 10% SDS polyacrylamide gel (a standard curve was generated on every gel run). Equal
224 volume of extract from mutant spores was added to the wells containing the recombinant protein
225 standard to allow for equal transfer efficiencies between recombinant protein-containing wells
226 and extract wells. Proteins were separated by SDS-PAGE. After separation, the gels were
227 transferred overnight at 30v to a low fluorescence polyvinylidene difluoride (PVDF) membrane
228 (Bio-Rad). Subsequently, the membrane was blocked for 1 hour at room temperature with 10%
229 dried, skimmed milk in tris-buffered saline (TBS). Each membrane was washed thrice for 15 min
230 each with TBS containing 0.1 % (v/v) Tween 20 (TBST). The membrane was then incubated at
231 room temperature with either rabbit anti-CspC, anti-CspB or anti-SleC antibodies. After
232 incubation with the primary antibody, membranes were washed as above in TBST. The
233 membranes were then labeled with Alexa Fluor 555®-labeled donkey anti-rabbit IgG (Life
234 Technologies) in the dark for 2 hours at room temperature. The membranes were again washed
235 as above but in the dark. Finally, the fluorescent signal on the membranes were detected by
236 scanning on a GE Typhoon Scanner using the Cy3 setting (appropriate wavelength for Alexa

237 Fluor 555®). The resulting scans were quantified using ImageQuantTL 7.0, image analysis
238 software provided by GE.

239 **Statistical Analyses**

240 Statistical analysis between the calculated $EC_{50,TA}$ or inhibitor constant (CDCA) values was
241 accomplished with a One-Way Analysis of Variance (ANOVA) with Tukey's test for multiple
242 comparisons. A 99% confidence interval was set for significance ($p\text{-val} < 0.01$)

243

244 **Results**

245 **Taurocholic acid-induced germination by several *C. difficile* isolates.**

246 There have been recent reports describing heterogeneity of spore germination between *C.*
247 *difficile* strains (30, 31). Some of these strains appeared to germinate in rich medium in the
248 absence of the TA germinant. Other strains were not inhibited by CDCA (31). This calls into
249 question the impact bile acids may have on *C. difficile* infection and the utility of
250 germination/antigermination-based therapies. While there are undoubtedly differences in
251 germination responses between *C. difficile* strains, the lack of inhibition by CDCA and
252 germination in the absence of TA warranted further investigation.

253 Germination by *C. difficile* strains UK1 and M68 have been described previously by our
254 lab and spore germination by these strains is activated by TA and inhibited by CDCA (25). We
255 also analyzed germination by *C. difficile* strains 5108111, DH1834, DH1858, CD2315
256 (generously provided by Dr. Nigel Minton) and M120. Of these, spores derived from *C. difficile*
257 strains 5108111, DH1834 and CD2315 were reported not to be inhibited by CDCA (spore

258 germination by DH1858 was inhibited by CDCA) (31). To quantitate the differences in
259 germination responses between isolates, we determined the EC_{50} values for taurocholic acid and
260 spores from different *C. difficile* strains. These types of assays have been useful to determine the
261 potency of activators and inhibitors of germination (11, 24, 25, 38-40). Though not traditional
262 enzyme kinetics (spore germination is a multi-enzyme process), these studies can provide a
263 quantitative measure for the interaction of the bile acids and *C. difficile* spores. *C. difficile* spores
264 were suspended in BHIS medium alone or in medium supplemented with increasing TA
265 concentrations (2 mM, 5 mM, 10 mM, 20 mM or 50 mM) and germination was monitored at
266 OD_{600} . These TA concentrations are routinely used by our laboratory to assign EC_{50} values for
267 bile acids. As shown in Figure 1 and Figure S1, BHIS medium alone did not stimulate
268 germination of the 7 strains tested, suggesting a requirement for TA to initiate spore germination
269 in rich medium. However, when supplemented with increasing concentrations of TA, *C. difficile*
270 UK1, M68 and M120 (Figure 1A, 1F and 1G, respectively) exhibited a concentration-dependent
271 increase in the rate of germination. Interestingly, *C. difficile* strains 5108111, CD2315, DH1834
272 and DH1858 achieved near maximum germination rates at the lowest tested TA concentration
273 (BHIS + 2 mM TA) (Figure 1B – 1E; Figure S1B – S1E).

274 Because these strains germinated at near maximum rates in the lowest tested TA
275 concentration, we modified our germination conditions to determine if these strains are capable
276 of germinating at even lower TA concentrations (Figure S2). When germination by *C. difficile*
277 strains 5108111, CD2315, DH1834 and DH1858 were tested at lower TA concentrations, we
278 observed dose-dependent increases in germination rates. From the newly generated germination
279 plots, we generated rate curves and $EC_{50,TA}$ values (Table 1). Spores from *C. difficile* UK1 and *C.*
280 *difficile* M68 generated $EC_{50,TA}$ values similar to those described previously (25). *C. difficile*

281 DH1834, DH1858 and M120 had similar $EC_{50,TA}$ values (3.0, 3.03 and 2.37 respectively) and
282 these values are similar to UK1 and M68. Interestingly, compared to the other tested strains, *C.*
283 *difficile* 5108111 and CD2315 had a statistically significant increased EC_{50} values for TA (Table
284 1) suggesting that spores derived from these strains require less TA to activate spore
285 germination.

286 **CDCA-dependent inhibition of *C. difficile* spore germination.**

287 Because we observed that some *C. difficile* strains (5108111, CD2315) exhibited a more
288 potent interaction with TA, we tested if there were differences in the interaction with CDCA. *C.*
289 *difficile* spores were suspended in BHIS medium or BHIS medium supplemented with 1 mM
290 CDCA and increasing concentrations of TA (2 mM, 5 mM, 10 mM, 20 mM or 50 mM) and
291 germination was monitored at OD_{600} . CDCA completely inhibited germination of the 2 mM TA
292 sample for spores derived from all *C. difficile* strains except *C. difficile* strain CD2315.
293 Interestingly, CDCA had less of an effect on germination by *C. difficile* CD2315 spores (Figure
294 2C). However, CDCA still affected its ability to respond to TA as a germinant. By comparing
295 Figure 1C with Figure 2C, germination by *C. difficile* CD2315 spores clearly is affected by
296 CDCA.

297 Inhibition constants were generated from the curves in Figure 2/S3 and the calculated
298 $EC_{50,TA}$ (Table 1). *C. difficile* UK1 spores and *C. difficile* M68 spores generated similar inhibitor
299 constant values as previously described (Table 1) (25) and all strains generated values near or
300 below 0.5 mM. Spores derived from *C. difficile* 5108111 had the weakest interaction with
301 CDCA (0.52 mM; $p\text{-val} < 0.01$) when compared to the other strains. These results suggest that

302 CDCA inhibits germination by spores of *C. difficile* strains previously thought not to be affected
303 by the inhibitor.

304 Though germination of all strains was inhibited by CDCA, the effectiveness of the
305 inhibitor varied. When the inhibition ratio was calculated (the ratio of the $EC_{50,TA}$ and
306 $EC_{50,CDCA}$), most strains exhibited a ratio greater than 10, suggesting that germination is strongly
307 inhibited by CDCA in these strains (Table 1). Germination by *C. difficile* 5108111 and CD2315
308 spores was not strongly inhibited by CDCA (the same strains with an increased $EC_{50,TA}$) (Table
309 1). Taken together, the results suggest that, though there are differences in the interactions of the
310 spores with the bile acids, all tested strains are inhibited by CDCA and are activated by TA.

311 To determine if the observed differences in the interaction of the bile acids with the *C.*
312 *difficile* spores correlated with specific alterations in the CspB, CspA or CspC protein sequences,
313 we sequenced the *cspBAC* locus from each strain. (Figure S4 – S6). All ribotype 027 isolates
314 (UK1, 5108111, DH1834 and DH1858) had identical CspC sequences, while ribotypes 078
315 (CD2315 and M120) and 017 (M68) had 26 substitutions between them (Figure S4). *C. difficile*
316 CD2315 had a P317L substitution that was not present in any of the other tested strains (Figure
317 S4). The CspB sequence only varied in ribotype 078 strains (Figure S5) with 13 substitutions.
318 The CspA proteins varied most between the 3 Csp proteins with a total of 42 substitutions
319 (Figure S6). With the exception of the CD2315 CspC_{P317L} substitution, all substitutions were
320 consistent between ribotypes. Because substitutions were ribotype-specific but the $EC_{50,TA}$ and
321 inhibitor constants were not, these results suggest that the observed differences are not due to
322 specific changes in the CspB, CspA or CspC sequences.

323 **Taurocholic acid is required for *C. difficile* spore germination**

324 Previously, germination by *C. difficile* strains 5108111, DH1834, DH1858 and CD2315
325 occurred slowly but in the absence of the TA germinant (31). To further investigate the
326 phenomenon, we utilized an assay which measures the release of CaDPA from the spore core
327 during germination (CaDPA release is a requirement for spore germination). Because this assay
328 is (i) based on the detection of fluorescent CaDPA-Tb³⁺ complexes and not OD and (ii) each well
329 is mixed prior to analysis, this assay eliminates any chance of spores settling/clumping/localizing
330 to the center of a well during the 4 hour incubation. *C. difficile* spores were suspended in
331 germination buffer supplemented with glycine only (non-germinating conditions) or TA and
332 glycine (germination-inducing conditions) and Tb³⁺ fluorescence was monitored for 4 hours
333 (Figure S7). Spores from all *C. difficile* strains tested released CaDPA which resulted in Tb³⁺
334 fluorescence when suspended in both TA and glycine. Spores suspended in glycine alone did not
335 release CaDPA during the 4 hour assay. These results suggest that these strains require TA to
336 induce germination in combination with glycine and have a low frequency of autogermination.

337 The data presented in Figure S7 suggests that all tested strains have a requirement for TA
338 to stimulate germination in combination with the glycine co-germinant, but not if these strains
339 require glycine to germinate. Therefore we tested CaDPA release in the absence of glycine
340 (Figure 3). *C. difficile* strains UK1 (Figure 3A), 5108111 (Figure 3B), DH1834 (Figure 3D),
341 DH1858 (Figure 3E), M68 (Figure 3F) and M120 (Figure 3G) all required the presence of both
342 TA and glycine to germinate. Interestingly, *C. difficile* CD2315 (Figure 3C) slowly, but
343 significantly, germinated in the presence of TA alone. However, germination by CD2315 spores
344 was enhanced strongly by the presence of glycine (Figure 3C). These results suggest that glycine
345 is a co-germinant for spores of the tested strains but that *C. difficile* CD2315 spores can release
346 CaDPA slowly in the absence of glycine.

347 To further characterize the differences between these strains, we analyzed the amount of
348 CaDPA present within the core of each strain and normalized this to the amount found in *C.*
349 *difficile* UK1 (Figure 3H). For all strains, 1×10^5 spores were boiled in buffer, sedimented and the
350 amount of CaDPA determined using Tb^{3+} fluorescence. As shown in Figure 3H, the amount of
351 CaDPA present in *C. difficile* spores varied between strains (though only by approximately 2-
352 fold in the lowest DPA-containing strain, *C. difficile* DH1834).

353 **Germinant receptor levels vary between *C. difficile* strains.**

354 To begin to understand how different *C. difficile* isolates display different EC_{50} or
355 inhibitor constant values for bile acids, we analyzed the abundance of CspB, CspC and SleC in
356 purified *C. difficile* spores. Purified *C. difficile* spores were extracted with NuPAGE buffer, as
357 described previously (37). We found that by boiling spores in NuPAGE buffer, the amount of
358 remaining CspB, CspC or SleC in the NuPAGE insoluble fraction (containing unbroken spores)
359 to be below the limit of detection. Known amounts of the recombinant CspC, CspB or SleC
360 protein and spore extracts were separated by SDS-PAGE and detected using rabbit polyclonal
361 antisera followed by Alexa Fluor® 555-conjugated donkey anti-rabbit IgG. The standard curves
362 generated from the signals on each SDS-PAGE were linear (Figure 4). From the signal
363 intensities of the extracted CspB (Figure 4A), CspC (Figure 4B) and SleC (Figure 4C), the
364 volume loaded onto the SDS-PAGE, the molecular weights of each protein and the amount of
365 spores extracted, we were able to determine the average abundance of each protein in a *C.*
366 *difficile* spore (Table 2).

367 The abundance of these proteins varied between *C. difficile* isolates. For example, *C.*
368 *difficile* UK1 had approximately 2,000 CspC molecules per spore while *C. difficile* M68 had over

369 3,800. Interestingly, *C. difficile* CD2315 and *C. difficile* M120 had a very low abundance of
370 CspB (435 and 633 molecules per spore, respectively). As described previously for *C.*
371 *perfringens*, the average amount of SleC per spore was greater than that of both CspC and CspB
372 but also varied between strains (Table 2) (41).

373 Prior work has suggested that much of the OD change observed during spore germination
374 is due to the release of CaDPA from the spore core (42). During *C. difficile* spore germination,
375 this event is dependent on the hydrolysis of the spore cortex by SleC (27). Because SleC is
376 deposited into the spore as a zymogen, SleC must be activated by CspB in order to stimulate
377 germination. In our original model for bile acid mediated spore germination, CspB is activated
378 by the CspC germinant receptor. Because the abundance of CspC varied between isolates, we
379 determined if the maximum rate of spore germination correlated with the abundance of CspC.
380 Thus, for each strain we calculated the maximum rate of germination from the germination
381 curves used to calculate the $EC_{50,TA}$ (Table 3). Surprisingly, there was a slight trend for an
382 inverse correlation of the abundance of CspC and rate ($R^2 = 0.32$; Figure 5A), suggesting that
383 CspC may have an inhibitory effect on spore germination.

384 Because SleC-mediated cortex hydrolysis is required for CaDPA release during *C.*
385 *difficile* spore germination, if the above trend is true we should observe a positive correlation
386 between the ratio of SleC to CspC and germination rate (more SleC molecules to CspC
387 molecules should result in an increased rate of germination). As shown in Figure 5B, we
388 observed a strong correlation ($R^2 = 0.81$) between SleC/CspC and germination rate, again
389 suggesting that CspC has an inhibitory effect on spore germination.

390 **Discussion**

391 Spore germination is an important step in the lifecycle of any spore-forming organism.
392 The metabolically dormant spores must sense when conditions again become favorable for
393 growth and quickly respond to the germinants used by that bacterium. Germination in an
394 environment unfavorable for growth could prevent the outgrowth of a vegetative cell from the
395 germinated spore or prevent the vegetative growth of that bacterium. Thus the signals that
396 stimulate germination (germinants) can vary between organisms depending on their growth
397 niche. For example, *C. difficile* vegetative cells are not normally found growing outside of a host,
398 thus it would be logical for *C. difficile* spores to respond to a molecule that is host-specific. In
399 fact, *C. difficile* spore germination is activated by cholic acid-class bile acids (e.g., TA) and is
400 inhibited by chenodeoxycholic acid-class bile acids (e.g., CDCA) (11, 14, 19, 23). Though
401 essential, TA is not sufficient to stimulate *C. difficile* spore germination. Glycine is also required,
402 presumably as a measure of the nutrient status of the surrounding environment (19, 43, 44).

403 Until recently, most of the studies on *C. difficile* spore germination have relied on
404 identifying germinants and their interactions with bile acids, bile acid analogs, amino acids and
405 amino acid analogs (11, 19, 23-25, 39, 45, 46). Only recently have the mechanisms of *C. difficile*
406 spore germination been studied, largely due to breakthroughs in genetics (47-51). These
407 breakthroughs allowed us to determine that the germination-specific, pseudoprotease, CspC, is
408 the bile acid germinant receptor.

409 The germination-specific proteases have largely been studied in *C. perfringens* (41, 52-
410 54). In *C. perfringens* the CspA, CspB and CspC proteins are all catalytically active proteases
411 that can cleave the cortex hydrolase, SleC, to an active form. In *C. difficile*, the *cspB* and *cspA*
412 genes have been translationally fused and yield CspBA upon translation (26, 29). The CspBA
413 protein undergoes interdomain processing by the YabG protease to generate CspB and CspA

414 (55). We proposed a model whereby activated CspC transmits the signal to the CspB protease
415 which then activates SleC. In support of this model, we found that CaDPA release from the core
416 is dependent on hydrolysis of the spore cortex (27).

417 If SleC activation occurs prior to CaDPA release from the spore core and if SleC-
418 mediated cortex hydrolysis is essential for germination to begin, all *C. difficile* strains should
419 have the requirement for bile acids to initiate germination (unless some *C. difficile* strains
420 germinate using yet another novel mechanism for spore germination). However, some *C. difficile*
421 strains were reported to have no apparent requirement for TA-mediated germination or whose
422 germination was not inhibited by CDCA (31). If germination in these strains was not influenced
423 by bile acids, by what mechanism(s) were they germinating?

424 To characterize the germination phenotypes in these strains, we determined the the
425 $EC_{50,TA}$ and inhibitor constant values for these strains and strains previously shown to be
426 activated by TA and inhibited by CDCA. As suggested previously, the germination
427 characteristics of these strains varied and did not correlate with ribotype (31). Importantly,
428 though, we did observe that some strains have increased $EC_{50,TA}$ values while another had a
429 reduced inhibitor constant for CDCA (Table 1). These strains' increased potency towards TA
430 could possibly explain previous observations (31). Spores derived from strains 5108111,
431 DH1834, DH1858 and CD2315 were found previously to lose OD_{600} in rich medium in the
432 absence of apparent TA (bile acids can be found in blood and, thus, animal products). Moreover,
433 the authors found that germination of spores derived from strains 5108111, DH1834 and
434 CD2315 was not inhibited by the CDCA anti-germinant. Importantly, those strains whose
435 germination was not inhibited by CDCA had increased $EC_{50,TA}$ values. Because the prior work
436 used only one concentration of TA and CDCA [0.1% (1.8 mM) and 2 mM, respectively], to test

437 the effects of CDCA as an inhibitor, it is likely that these strains' increased $EC_{50,TA}$ overcame the
438 inhibitory effect of CDCA (31). By quantifying the interactions between spores derived from
439 these strains and TA /CDCA, we re-establish the importance of bile acids in promoting and
440 inhibiting germination in these strains.

441 The differences in $EC_{50,TA}$ and inhibitor constants were not consistent between ribotypes.
442 A growing body of evidence suggests that toxin production, sporulation and germination are not
443 correlated with ribotype (30, 31, 56). In support of this observation, the calculated $EC_{50,TA}$ and
444 inhibitor constant values were not attributed to specific substitutions within the CspB, CspA or
445 CspC protein sequences and substitutions were ribotype-specific. Of the three proteins, CspB had
446 the fewest substitutions. Because CspB is required to cleave pro-SleC, CspB is likely under
447 evolutionary pressure to perform this function. Interestingly, CspC and CspA had 26 and 42
448 substitutions, respectively. The many substitutions in CspA could suggest that of the Csp
449 proteins, it is under the least amount of selective pressure. Though the role of CspA is unknown,
450 the presence of CspA is important for controlling the levels of the germinant receptor, CspC
451 (55). Only one strain, *C. difficile* CD2315, encoded an extra substitution in the CspC protein
452 sequence that was not present in the other 078 ribotype, P317L. Curiously, *C. difficile* CD2315 is
453 the only strain that germinated in buffered TA without the need for the glycine co-germinant
454 (though glycine still enhanced germination in this strain suggesting the spore still responds to
455 glycine). Clearly, more studies are needed to characterize the effects of these substitutions on *C.*
456 *difficile* spore germination.

457 We further characterized these strains by determining the average per spore abundance of
458 CspB, CspC and SleC (we could not generate a standard curve for CspA – it is insoluble when
459 recombinantly expressed). As expected, the number of molecules per spore varied between

460 isolates and did not correlate with ribotype (Table 2). The abundance of each of these proteins is
461 greater than the amount of germinant receptors found in *B. subtilis* (57). However, the increased
462 abundance of CspB and SleC found in the *C. difficile* spore, compared to the *B. subtilis*
463 germinant receptors, is consistent with a recent publication describing the amount of these
464 proteins in *C. perfringens* (41). And, as seen in *C. perfringens*, the amount of SleC was greater
465 than the amount of CspB. The amount of CspC in the *C. difficile* spore was similar to CspB but
466 varied (Table 2).

467 By determining the kinetics of spore germination for several *C. difficile* strains, we were
468 positioned to determine if the kinetic properties of germination could be attributed to differences
469 in the abundance of germination-specific proteins (CspB, CspC and SleC). In *B. subtilis*,
470 overexpression of the GerAA germinant receptor results in an increase in the germination rate (as
471 measured by the decrease in OD₆₀₀ and by the release of CaDPA) (58). Prior work has shown
472 that much of the OD₆₀₀ change that occurs during germination is due to the release of CaDPA
473 from the spore core (42). In *C. difficile*, CaDPA release is dependent on SleC-mediated cortex
474 hydrolysis (27, 28). Thus, we hypothesized that an increased abundance of SleC would correlate
475 with an increased rate of germination. Also, because SleC activity is dependent on activation by
476 CspB, an increased abundance of CspB could result in more active SleC during germination and,
477 thus, an increased rate of germination. However, we did not observe any correlation between the
478 rate of spore germination and the abundance of the SleC hydrolase or CspB protease. One
479 possible explanation for this could be that the abundance of both SleC and CspB in the *C.*
480 *difficile* spores are far past saturating levels and any alteration in the observed levels would have
481 minimal effects on the rate of germination. Surprisingly, we observed a trend for an inversed

482 correlation between the rate of germination and CspC abundance [the more CspC
483 molecules/spore the slower the rate of germination (Figure 5A)].

484 If this correlation is true, we predicted that more SleC molecules would be needed to
485 overcome the potential inhibitory effect CspC would have on *C. difficile* spore germination.
486 Indeed, we observed a strong correlation between SleC/CspC and the rate of germination (Figure
487 5B; $R^2 = 0.81$). These results suggest that, instead of the activator function we originally
488 hypothesized, that CspC may be acting to inhibit *C. difficile* spore germination.

489 If true, how would CspC function during germination? Our prior genetic data suggests
490 that CspC transmits the bile acid signal to begin the germination process, though the mechanism
491 is unclear (13). Recently, GerS was identified and recognized to play a role during germination
492 (59). GerS is a protein that is anchored to the inner leaflet of the outer spore membrane (though
493 the lipidation of GerS is not required for it to function during germination). Interestingly, *C.*
494 *difficile gerS* strains have a defect in germination but still cleave SleC to the active hydrolase
495 form. This suggested that SleC activity, somehow, is inhibited in this strain (59). Based on the
496 correlation between CspC and SleC abundance and our kinetic data, we hypothesize that CspC
497 activates CspB but inhibits SleC activity in the absence of GerS. Investigating the biochemistry
498 of this germinant receptor complex could lead to a greater understanding of the mechanism of
499 initiating *C. difficile* spore germination.

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509

510 **Table 1. Quantifying the interaction of *C. difficile* spores with bile acids.**

Strain	Apparent EC _{50,TA} (mM)	Inhibitor Constant (mM) ^a	Inhibition ratio ^b
UK1	2.95 ± 0.23	0.21 ± 0.07	14.0
5108111	0.76 ± 0.14 *	0.52 ± 0.03 *	1.5
CD2315	0.42 ± 0.07 *	0.18 ± 0.03	2.3
DH1834	3.00 ± 0.45	0.21 ± 0.08	14.3
DH1858	3.03 ± 0.36	0.29 ± 0.07	10.4
M68	3.35 ± 0.39	0.12 ± 0.02	27.9
M120	2.37 ± 0.14	0.17 ± 0.02	13.9

512

513 The apparent EC_{50,TA} and inhibitor constant values were calculated from the germination curves
514 as described previously (11, 25, 32).

515 ^aInhibitor Constant = [inhibitor]/[(EC_{50,TA} with inhibitor)/(EC_{50,TA} without inhibitor) - 1]

516 ^bInhibition ratio = Inhibitor Constant / EC_{50,TA}

517 * For statistical comparisons, the EC_{50,TA} values were compared to each other and the inhibitor
518 constant values were compared to each other as described in the materials and methods. p-val <
519 0.01

520

521 **Table 2. Number of Csp molecules per *C. difficile* spore**

Strain	Average CspB	Average CspC	Average SleC	Ratio SleC/CspC

UK1	1,394 ± 426	2,141 ± 164	46,090 ± 5,089	21.5
5108111	3081 ± 154	2,304 ± 209	31,614 ± 3,497	13.7
CD2315	435 ± 86	1,689 ± 137	41,239 ± 1,832	24.4
DH1834	1,178 ± 120	3,155 ± 139	37,876 ± 2,027	12.0
DH1858	1,572 ± 60	1,435 ± 154	37,557 ± 827	26.2
M68	1,284 ± 160	3,836 ± 541	46,685 ± 3,507	12.2
M120	633 ± 36	2,423 ± 203	29,473 ± 1,724	12.2

522

523 The average number of molecules CspB, CspC and SleC were calculated as described in Figure
 524 4. The numbers represent the averages of three independent extractions ± the standard deviation
 525 from the mean.

526

527 **Table 3. Rates of *C. difficile* spore germination**

Strain	Germination rate (OD x 10 ⁻³ / sec)
UK1	1.47 ± 0.092
5108111	1.30 ± 0.082
CD2315	1.67 ± 0.047
DH1834	1.23 ± 0.047
DH1858	1.62 ± 0.11
M68	1.35 ± 0.054
M120	1.04 ± 0.043

528

529 The rates of spore germination were calculated using the linear portion of the germination
 530 curves, as described previously (11, 25, 32). Values represent the mean from three independent
 531 experiments ± the standard deviation from the mean.

532

533

534 **Figure 1. Bile acid-mediated spore germination of several *C. difficile* strains.** Purified *C.*535 *difficile* spores were suspended in BHIS medium alone (●) or medium supplemented with 2 mM536 (■), 5 mM (▲), 10 mM (▼), 20 mM (◆) or 50 mM (○) TA. Germination was monitored at OD₆₀₀537 as described previously. (A) *C. difficile* UK1, (B) *C. difficile* 5108111, (C) *C. difficile* CD2315,538 (D) *C. difficile* DH1834, (E) *C. difficile* DH1858, (F) *C. difficile* M68, (G) *C. difficile* M120. A

539 representative sample from 3 independent experiments is shown. For transparency, all plots are
540 shown in Figure S1.

541

542 **Figure 2. Chenodeoxycholic acid inhibits *C. difficile* spore germination.** Purified *C. difficile*
543 spores were suspended in BHIS medium supplemented with 1 mM CDCA (●) or medium
544 supplemented with 2 mM (■), 5 mM (▲), 10 mM (▼), 20 mM (◆) or 50 mM (○) TA and 1 mM
545 CDCA. Germination was monitored at OD₆₀₀ as described previously. (A) *C. difficile* UK1, (B)
546 *C. difficile* 5108111, (C) *C. difficile* CD2315, (D) *C. difficile* DH1834, (E) *C. difficile* DH1858,
547 (F) *C. difficile* M68, (G) *C. difficile* M120. A representative sample from 3 independent
548 experiments is shown. For transparency, all plots are shown in Figure S3.

549

550 **Figure 3. DPA release by several *C. difficile* strains.** Purified *C. difficile* spores were
551 suspended in HEPES buffer (●) or buffer supplemented with 10 mM TA (■), 100 mM glycine
552 (▲) or 10 mM TA and 100 mM glycine (▼). DPA release during spore germination was
553 monitored using Tb³⁺ fluorescence, as described previously. (A) *C. difficile* UK1, (B) *C. difficile*
554 5108111, (C) *C. difficile* CD2315, (D) *C. difficile* DH1834, (E) *C. difficile* DH1858, (F) *C.*
555 *difficile* M68, (G) *C. difficile* M120. (H) Purified *C. difficile* spores were suspended in buffer and
556 incubated at 100 °C for 30 minutes. Total DPA content was normalized to the amount of DPA
557 found in *C. difficile* UK1. All data represent the average of three independent experiments and
558 error bars represent the standard deviation from the mean.

559

560 **Figure 4. Quantifying the abundance of CspB, CspC and SleC in *C. difficile* spores.** 1×10^9
561 *C. difficile* UK1 spores were extracted with NuPAGE buffer, as described previously. NuPAGE-
562 soluble protein from three independent extracts was loaded onto a 10% SDS polyacrylamide gel
563 along with recombinantly expressed and purified protein, as a protein standard. Samples were
564 separated and detected as described in the materials and methods. Signal intensities were
565 quantified and used to generate a standard curve for (A) CspB, (B) CspC and (C) SleC. Signal
566 intensities in the spore extract samples were quantified and the generated standard curve was
567 used to quantify the abundance of the specified proteins in the spore extracts. Independent
568 standard curves were generated for each strain and the results of the quantification can be found
569 in Table 2. ** full length pre-pro-SleC. * pro-SleC.

570

571 **Figure 5. Correlating the abundance of *C. difficile* proteins with the kinetics of spore**
572 **germination.** (A) The calculated average per spore abundance of CspC was plotted vs. the
573 calculated rates of spore germination. (B) The ratio of SleC to CspC was plotted vs. the
574 calculated rates of spore germination. For all plots, GraphPad Prism was used to generate the
575 linear fit to the curves and the listed R^2 values represent the fit of the curve to the data.

576

577

578

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