



Extension Home Economics

What's It All About?

IS THERE SOMETHING IN IT FOR YOU?

In urban and rural areas of Texas, people look for answers to questions about the family and the community. The Extension Home Economics Program is an educational service to help you and other Texas families improve the quality of living in homes and communities.

Extension home economics responds to changing needs of Texas families . . . needs related to family living, consumer information and family resource management, or information and decisions about family clothing, housing and home furnishings, health or food and human nutrition.

Does your family's daily living encounter challenges, concerns or issues in these areas? There is something in the Extension Home Economics Program for you . . . up-to-date, unbiased information that can be used and passed on to others.

HOW DO PEOPLE BECOME A PART OF THE EXTENSION HOME ECONOMICS PROGRAM?

All Texans, regardless of sex, age, race, socio-economic level, religion or national origin, are encouraged to join Extension organized groups and participate in Extension educational activities.



Families are not all alike and the needs and interests are different for young homemakers, employed women, teenagers, older adults, parents and single heads of households.

Extension agents seek to involve people representative of all groups in the county to plan and conduct educational programs for the public and for specific audiences.

WHAT ARE EXTENSION ORGANIZED GROUPS?



Extension homemaker clubs are formed by groups of about 8 to 15 homemakers who want to learn together. They meet in homes or community meeting places. Everyone is involved. Members learn by attending monthly club meetings and by receiving training to be effective program leaders and officers.

Club members teach, take part in discussions, plan recreation and participate in community projects sponsored by clubs across the county.

An Extension home economics study group is a less formal organization. Study groups may have a series of programs in a single subject matter area or at least four programs on several subjects. Extension home economics study groups may have elected officers or only a chairman who directs business.

WHAT ABOUT OTHER EDUCATIONAL ACTIVITIES?



Extension home economics programs are designed to meet individual and family needs through many teaching methods:

- informal short courses, workshops, forums and discussion groups
- trained leaders who teach adults and youth
- mass media - educational information on radio and television and in newspapers
- education by mail - letter series on special topics and agents' newsletters for general and special-interest audiences
- individual contacts - office visits, telephone and mail requests
- Extension publications and bulletins available from the county Extension agents
- home teaching by paraprofessionals in special subject areas

HOW DO I "SIGN UP"?

If you want to learn more about family living, clothing, nutrition, housing, health and managing family resources, contact your county Extension agent. You may form a homemaker club or study group by finding other homemakers who have a similar interest. Your county Extension agent will help you organize the group.

You may learn about Extension activities through newspapers, television or radio or by asking your county Extension agent for a preview of coming events.

IF I DON'T PAY DIRECTLY FOR THIS SERVICE, WHO DOES?

The Extension Home Economics program is one part of the Texas Agricultural Extension Service. Extension programs are provided through the cooperation of the U. S. Department of Agriculture, The Texas A&M University System and your County Commissioner's Court.

EXTENSION HOME ECONOMICS



Extension home economics programs are sources of current, reliable information available to all Texas residents. Educational programs are developed by the county Extension agent with assistance from the Family Living Committee, Extension Homemakers Council and other groups interested in improving the well-being of families in the county. County Extension Agents are professionally educated and are staff members of Texas A&M University. In this way pertinent research related to families is extended from the university to all Texas residents.

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Educational programs conducted by the Texas Agricultural Extension Service serve people of all ages regardless of socio-economic level, race, color, sex, religion or national origin.

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