



## MEETING BABY'S NEEDS

L

LETTING a baby know you love him is important. Since food meets a basic need, it is one of the first ways the newborn baby can be given security.

O

OTHERS. The young nursing baby cuddled in his mother's arms has the warmth and support which satisfies not only his physical need for food, but also his need for security and love. These are all important to a happy mealtime. As the baby develops, he learns to enjoy the companionship of other family members through happy mealtime.

V

VOICE. The love expressed through your voice, smile and gentle handling becomes meaningful. Before long, these are as important to happy mealtimes as the food served.

E

EXPLORING. The baby explores and pokes about. No one thing convinces a child that he is loved. The child who is loved and knows it trust the world. The child who does not have this feeling of security is afraid to explore and try his world.

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