WASHING YOUR HAIR

By Rachel Wallace


This is how you want your hair to look.

Wash your hair often to help it look this way.

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Wash your hair when it needs it. For most women and girls this is about every week. Here is a good way to wash your hair:

1. Get together the things you need:

   Warm water, soap or shampoo, clean towel, your comb and brush, bobby pins and rollers.

2. Brush your hair all over.

3. If you use soap, make a shampoo with it.

   This is a good shampoo for your family to use:

   **SHAMPOO**

   Cut off very small pieces of soap with a knife. Put them in a jar. Fill jar with hot water. Shake jar to melt soap pieces.

   4. Wet your hair all over.

   5. Pour a little shampoo on your hair.

   6. Rub the shampoo into your hair with your fingers.

   7. Rinse your hair with clean water.

   8. Pour on more shampoo.

   9. Rub your hair again with your fingers.

   10. Wash your brush and comb in the soapy water.
11. Rinse your hair with clean water.
12. Rinse it once more.
13. Rinse your brush and comb.
14. Rub your hair with a clean towel.
15. Comb your hair. Get out all the tangles.
16. If you set your hair, do it now. Make pin curls with bobby pins, or roll your hair on rollers.
17. Let your hair dry. When it is dry, brush and comb it. Make it look the way you want it to look.
This is the way to make a pin curl.

This is the way to put in a roller.

Wash your hair often. Keep it clean, shining, and pretty.

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