HESSIAN FLY IN TEXAS WHEAT
The Hessian fly, _Mayetiola destructor_ (Say), is indigenous to areas in the Southern Caucasus region of Russia. The fly belongs to the family Cecidomyiidae, which also contains the sorghum midge. It was probably introduced into the United States in bedding straw used by the Hessian troops during the Revolutionary War. The Hessian fly has been reported in wheat in the United States since 1778. Within 120 years from its first discovery, the insect spread into most eastern and mid-western United States regions and as far west as Washington state. The pest was first collected and identified from Texas in 1978.

Texas farmers are presently producing over 8 million acres of wheat. An estimated loss of more than $5 million occurred in North Texas from this pest in 1984. The heaviest infestations of the fly have been noted in Grayson County, Texas. The Hessian fly was identified from the following counties by the summer of 1985: Collin, Cooke, Dallas, Delta, Denton, Ellis, Fannin, Grayson, Hill, Hunt, Johnson, Kaufman, Lamar, Navarro, Rains, Rockwall, Tarrant, and Van Zandt. Infestation levels vary significantly from county to county and from field to field.

**LIFE CYCLE**

The life cycle of the Hessian fly is shown in Illustration 1. The insect overwinters (survives the cold) in the larval stage within a puparium (Figure 1) on stubble, volunteer wheat, early-planted wheat, and other host grasses. Puparia can also become a part of the soil-surface organic debris originating from infested seedlings killed by the larvae. Because of the resemblance to flaxseed, the puparia are often referred to as the "flaxseed stage" of the pest. Adult emergence commences as temperatures reach a mean of 45 to 50°F. Generally, the majority of this activity takes place after February 15 but may occur earlier or later, depending on the seasonal temperatures. Adult and larval activity has been observed during mild weather well into December. Spring emergence, once initiated, extends over several weeks. This extended emergence protects the insect against population destruction in the event of sudden unfavorable weather. The occurrence of multiple generations in Texas increases the likelihood of damage and total field losses incurred by producers.

The adult Hessian fly (Figure 2) is similar in appearance and size to a small mosquito. The life span of an adult is generally no more than 3 days. After emergence, males quickly find receptive females. Actual mating requires only 10 to 20 seconds. Oviposition usually begins within 1 to 2 hours after mating and is completed within 1 to 2 days. Females prefer to oviposit on newly emerged young plants or leaves as opposed to older wheat plants or other host grasses.

Fecundity is variable, ranging from less than 40 to more than 450 eggs per female, with an average of about 200. Eggs are elongate (about 0.5 mm in size) and reddish when deposited. They are usually laid on the upper surface of the wheat leaf (Figure 3). Eggs
EGGS LAID, LARVAE HATCH, PLANTS INJURED

Spring emergence, fly reinfests wheat—note some larvae remain until fall to pupate & emerge

1st spring emergence, fly infests growing wheat

Types of plant injury
abnormal & reduced tillering, stunting, weakened culms, lodging, yield loss, shriveled grain

OVERSUMMERS AS LARVAE IN PUPARIA

Fall emergence, fly infests new wheat

some larvae remain until spring to pupate & emergence

EGGS LAID, LARVAE HATCH, FEED & FORM PUPARIA

OVERWINTERS AS LARVAE IN PUPARIA ON STUBBLE, VOLUNTEER WHEAT AND EARLY PLANTED WHEAT

Illustration 1. Life cycle of the Hessian fly in Texas. Illustration by Pike, Packard and Burgess.
Figure 1. Puparia on seedling spring wheat

Figure 2. Adult on wheat

Figure 3. Eggs on wheat

Figure 4. Larvae on spring wheat

Figure 5. Puparia on jointed wheat

Figure 6. Spring wheat seedling stunted by Hessian fly
These photographs show various stages in the life cycle of the Hessian fly and wheat damaged by the fly. All photographs were taken in Benton County, Washington in 1980-81 except Figure 10, which was taken in San Juan County, Washington in 1978. Figures 1 through 11 were taken by K. S. Pike, Figure 12 by M. Glazer.
require 3 to 10 days to hatch, depending on temperature. Upon hatching, red to orange larvae migrate down the grooves in the leaf behind the leaf sheath to the crown of the plant. On jointed wheat, the larvae may be found just above the node. Once the migration downward stops and the larvae begin to feed, they do not change locations. After feeding, the larval color soon changes from red or orange to white or nearly transparent (Figure 4).

Once full larval growth is completed (about 2 weeks), feeding ceases and the larvae form puparia. The puparia can be quite crowded on the plant if the infestation level is high (Figure 5). With favorable weather, many larvae pupate within a short time and emerge as adults between March and May. These adults initiate a second and partial third spring generation. There are always some larvae of the first spring generation that aestivate (oversummer) or diapause (overwinter) and do not emerge from the flaxseed until the fall or following spring.

An increasing percentage of each subsequent spring generation aestivates (or diapauses) in the flaxseed stage to insure summer survival. A good rain (about 1.0 inch) typically terminates aestivation. Adult flies can be expected to emerge in about 12 days. The main fall emergence normally takes place between late August and mid-October. The adults from this emergence lay eggs on volunteer and early seeded wheats, or if these are unavailable, may oviposit on some of the other host grasses. Larval activity ceases about mid-December with the onset of cold weather. Larvae that fail to pupate and emerge by late summer or early fall overwinter as diapausing larvae.

No single generation ever completes its development uniformly; the emergence of at least some individuals of each generation is delayed. There are usually three to five major fly generations each year (one to two in the fall and one to three in the spring), constituting at least three and more commonly five partial generations annually in Texas. The delayed emergence is a phenomenon that indirectly aids species dispersal; that is, larvae which remain in the flaxseed are protected from most environmental conditions and can survive long-distance transport. A source of new fly infestations has been suspected from infested bailed straw or hay.

**HOST PLANTS**

Wheat is the preferred host but infestations have been found on barley, rye, spelt and emmer. Oats are not infested by this pest. Occasionally it has been found on wild grasses such as quackgrass, western wheatgrass, ryegrasses, little barley, goatgrass and timothy. There are likely other grass hosts in Texas.

**WHEAT INJURY**

Injury to wheat is caused by larval feeding on stem tissue at the crown of young plants or just above the nodes on jointed wheat. The extent of injury is generally greater in newly emerged and younger seedlings when compared to injury observed in older, established plants. Infested tillers are stunted by larval feeding and the leaves become somewhat broader and darker green (Figure 6). Although the color change and plant stunting are relatively distinct, infested plants are still easily overlooked. For example, the young wheat plants shown in Figure 7 may appear normal at first glance, but closer observation reveals that about 50 percent of the tillers are stunted by larval feeding. The infested tillers are less than half the size of the uninfested, healthy ones. Note also that the stunted seedling near the left side of the row in Figure 7 is the same as that shown in close-up in Figure 6. Figure 8 shows a four-tillered seedling with one of its tillers dwarfed as a result of a larval infestation. Figure 9 is a close-up of the same plant showing the puparia (flaxseed) at the base of the stunted tiller.

Stunted tillers, particularly in the younger plants, usually wither and die. If they survive, their growth and yield will be reduced (Figures 10 and 11). Significant grain losses can be expected when 20 percent or more of the tillers...
become infested. Serious infestations may lead to thin stands that yield poorly and are likely to have greater weed problems (Figure 12) than healthy stands. Figure 12 shows an irrigated wheat field that averaged 52 percent infestation and yielded approximately 15 bushels per acre. A minimum of 65 bushels was expected.

Injury by Hessian fly in jointed wheat weakens the stem at the site of feeding. This may lead to significant lodging or stem breakage. Feeding can also interfere with nutrient flow to the head during kernel formation, resulting in losses of grain quantity and quality.

BIOTYPES

Several strains or biotypes of the Hessian fly now occur in the United States. These biotypes look the same, but are genotypically different. They differ in their ability to infest different wheat cultivars that have specific genes for resistance. Recent studies conducted in Kansas by USDA-ARS scientists indicate that the Hessian flies collected in Texas were predominantly Great Plains and A biotypes. The biotypes can not successfully infest wheat which has specific genes for resistance to these biotypes.

MANAGEMENT STRATEGIES

Nine Hessian fly races or biotypes have been reported in the United states. Plant breeders are working on a comprehensive testing program to determine which wheat varieties (both hard and soft) are fly-resistant and adapted for production in the fly-infested areas of Texas. Several soft and hard red winter wheat varieties are resistant to each of these races of Hessian fly.

The wheat varieties adapted for production in north Texas which carry Hessian fly resistance are listed in Table 1. Dr. Travis D. Miller, Extension Agronomist, has classified the varieties according to the source of resistance and their respective resistance to the two biotypes of the Hessian fly identified in Texas. In selecting a wheat variety for planting, a producer should also consider other desirable characteristics such as plant disease resistance, potential yield, and maturity.

Fly-free dates or late planting has been effective in reducing or totally avoiding Hessian fly infestations and damage in central Oklahoma and farther north in the wheat belt. This practice of planting after adult activity has ceased, due to cold weather, has proven to be of limited value in Texas. This is a result of the occurrence of intermittent periods of warm fall weather which allows adults to emerge, mate, and lay eggs. These environmental conditions can occur well into December and result in damaging larval populations. Late-planted wheat generally suffers less damage than wheat planted early for grazing. If grazing livestock is important in early fall, consider planting oats or a Hessian fly-resistant wheat variety.

Destroying volunteer wheat to deprive first generation adults of a place to deposit their eggs will help reduce damage. Plowing under old straw to a depth of 4 to 6 inches in August will greatly limit adult emergence from buried plant residue. Although previous crop residue burial significantly reduces fall adult emergence, soil erosion and moisture retention dictate that residue burial be done with appropriate precautions.

Di-Syston® and Thimet® are registered for use on wheat to control the Hessian fly, but residual activity can not be expected to give season-long control.

Crop rotation will help, but flies can migrate a mile or more. Burning the straw will kill exposed pupae and larvae in stems but will not kill pupae located at the soil surface or below the soil line. Burning infested straw is not a recommended management practice. Baling infested straw or hay and moving it to an uninfested area should be avoided. If buying or selling hay or straw, make sure Hessian fly-infested material is not shipped.
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1Information provided by Dr. Travis D. Miller, Extension Agronomist, Texas Agricultural Extension Service. Varieties listed are resistant to one or more Hessian fly biotypes. They may not be the best selections with respect to disease resistance or maturity.

2Arkan is a hard red winter wheat that is often confused with soft red winter wheat because of external kernel characteristics.

3Rohm & Haas HW1010 and HW1035 were rated as resistant-heterogenous in laboratory experiments. This means that part of the plants in a given field may be resistant and part susceptible.

Entomologists expect the Hessian fly to continue its southern movement from the presently infested area. Scientists working on the problem are optimistic that the fly will not likely be an economic problem in areas of Texas significantly west of Interstate 35 because of drier environmental conditions. This area may serve as a barrier zone unless a new race develops that can survive and reproduce under the dry environmental conditions prevalent in the western production areas of Texas. If fly damage is severe in your community, resistant wheat varieties will be the primary management practice for control of this pest. Other management considerations should include crop rotation, stubble burial and delayed planting.

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