APPLICATIONS OF MRI IN FLUIDICS: SINGLE ECHO ACQUISITION MRI TOWARD MICROFLUIDICS

A Senior Honors Thesis

by

JOHN CARL BOSSHARD

Submitted to the Office of Honors Programs & Academic Scholarships Texas A&M University In partial fulfillment of the requirements of the

UNIVERSITY UNDERGRADUATE RESEARCH FELLOWS

April 2006

Major: Electrical Engineering

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ABSTRACT

Applications of MRI in Fluidics: Single Echo Acquisition MRI Toward Microfluidics (April 2006)

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Microscale devices capable of manipulating fluids have potential to give rise to a paradigm shift in the fields of biology and medicine. The purpose of this research is to assess the feasibility of applying single echo acquisition (SEA) magnetic resonance imaging (MRI) to microscale fluid flow quantification. This is important because development and improvement of microfluidic devices requires the ability to accurately and non-invasively measure microscale flow. Lab-on-a-chip aims to integrate an array of chemical laboratory tools onto a single chip, utilizing microfluidic flow for mass transport. Use of microfluidics results in improved speed and efficiency and allows operations that harness physical properties unique to the microscale. Current microscale

flow visualization methods rely on fluorescence, requiring optically non-opaque fluids and device boundaries. Furthermore, these methods require insertion of labeled chemicals or seed particles into the flow, which may interfere with processes under observation. MRI has an established history of non-invasively quantifying flow through opaque boundaries but is limited by its slow image acquisition rate. SEA employs a 64channel array coil to acquire a full image with each echo, significantly improving temporal resolution. Methods involve assessing the performance of SEA flow velocimetry on a scale of several millimeters by utilizing time-of-flight techniques. By taking a series of 5 ms snapshots, quantitative velocity information is obtained for laminar, transitional, and turbulent flow with Reynolds numbers ranging from 100 to 1200. Findings show that the turbulent eddies are visible and velocity information can be extracted from images, which means that SEA can accurately asses flow at the millimeter scale. In addition, SEA allows visualization of turbulent flow not accessible to standard MRI velocimetry techniques. It is concluded that SEA could be adapted as new tool for non-invasive quantification of optically inaccessible flow. Implications of this are that through integrated radio frequency microcoils, SEA MRI could be adapted as a new tool to study microfluidic flow resulting in improved microfluidic devices.

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I. INTRODUCTION¹

The ability to visualize microfluidic flow is of paramount importance to the development of new microfluidic devices. As indicated by the literature, leading visualization methods have several disadvantages. The purpose of this work is to assess the feasibility of extending Single Echo Acquisition (SEA) Magnetic Resonance Imaging (MRI) to microscale fluid flow visualization. Better microfluidic flow visualization would benefit the creation of new microfluidic devices and lab-on-a-chip systems. Such devices could impact biology and medicine, and have the potential to improve the quality of life of many. It is expected that by demonstrating SEA MRI's ability to study macroscale flow, its utility at the microscale will be established. Significant findings are that SEA is able to visualize flow in a separation channel at up to 200 frames per second, showing complex phenomena such as mixing and rotation.

Lab-on-a-chip

Lab-on-a-chip, also called a micro total analysis system (μ TAS), is a developing technology that seeks to integrate many of the tools employed in analytical chemistry onto a single chip. While this concept is not new, the tools to miniaturize analytical

¹ This thesis follows the style and format of *Magnetic Resonance in Medicine*.

systems have only become available with advances in integrated circuit production techniques, such as photolithography (1). The initial concept of µTAS states that it is capable of performing all sample handling extremely close to the place of measurement and includes provisions for sample pretreatment, separation, and detection (2). Advantages include greater speed and efficiency, reduced consumption of reagents, and capability of multiple simultaneous measurements. Also, human error and contamination are reduced by eliminating the need for many manual manipulations (1). Several lab-on-a-chip systems have been realized and many of the microfluidic devices to be implemented in a lab-on-a-chip have undergone extensive research and development by both academia and industry. Further improvement of these devices is a critical step in forming a fully integrated device.

Lab-on-a-chip holds the potential to dramatically change the way biology and medicine are performed. One application of lab-on-a-chip is in point-of-care testing in clinical chemistry (3). By creating small, fast, and easy to operate devices, healthcare testing could be moved from central laboratories and into the doctor's office. This offers a number of advantages. Highly complex tests can be performed by relatively unskilled workers through the integration of multiple steps of procedures within one lightweight portable device (4). The need to maintain sophisticated laboratories of costly equipment and skilled technicians to perform tests would be eliminated (1). While this reduces the cost of performing tests, a chemical analysis performed on-chip is also less expensive due to decreased reagent consumption and analysis time. No longer would a separate visit to the hospital be necessary to provide a sample for laboratory analysis. Rather, during a visit with the physician a single drop of blood could be analyzed on the spot. This could result in quick and efficient disease diagnosis and treatment monitoring.

With increasing understanding of genetic information, physicians will become more reliant on molecular diagnostics, which use DNA or RNA along with molecular genetics to perform diagnostic testing on patients (5). Lab-on-a-chip may be applied to replace current labor-intensive molecular diagnostic technologies, facilitating detection of genetic diseases. Many of these devices will likely be manufactured at little expense and thus will be disposable, eliminating any carry-over in analysis. There are also applications in intensive care units, such as monitoring of cardiac markers (3). By detecting an abnormal presence or absence of several cardiac proteins, or cardiac markers, better emergency room diagnosis may be possible for patients with chest pain, such as detection of acute myocardial infarction (6). Point-of-care testing could enable fast diagnostic monitoring in close proximity to the patient as in operating rooms, aiding in decision-making. Finally, patients could monitor themselves daily at home.

Through speed, automation, and parallel operation, lab-on-a-chip could revolutionize drug discovery. Combinational chemistry generates many drug candidates by liking several chemical building blocks in all possible combinations (7). This demands simultaneous, rapid, and automatic testing of candidate drugs. Because only limited quantities of candidate drugs are available, testing must be performed on microvolumes (8), for which microfluidics based devices are well suited. By integrating cell treatment steps, a lab-on-a-chip for cellomics may allow the study of the effects of drugs on single living cells and enable fast delivery of drugs to cells (9). Genomic and proteomic analysis have great potential in drug discovery by providing information about the effect of environment, disease, and chemicals upon an organism. While genomics seeks to characterize all of the genes of an organism, proteomics seeks to characterize and identify all proteins expressed within a cell at a given time (10). Devices approaching a lab-on-a-chip for DNA analysis have already been demonstrated (11), however because cell function and biochemical regulation depend on protein activity, among other reasons, interest has shifted to proteomics in drug discovery (12).

Because protein levels vary widely and because there is no protein amplification method comparable to the polymerase chain reaction (PCR) used in genomics, an ideal proteomics method must be highly sensitive. Lab-on-a-chip may be able to offer suitable sensitivity and allow handling of small sample volumes without loss in the processing steps along with greater speed and automation (13,14).

A handheld lab-on-a-chip may provide law enforcement with a mobile laboratory for forensic applications, such as analysis of illegal drugs. Another possibility is a portable detector of explosive residues (15). NASA is considering microfluidics based systems to send to Mars (7). While these are but a sampling of possible applications of lab-on-a-chip currently being explored, upon its realization, it appears this technology will satisfy scientific needs not yet conceived.

Microfluidics

Physicist Richard Feynman noted in his lectures that physical laws do not simply scale down leaving the behavior of matter unchanged (16). He later proposed in his 1959 lecture entitled "There's Plenty of Room at the Bottom" that the extremely small should be utilized, noting that the laws of physics do not prevent vast miniaturization, only that no one had "gotten around to it" (17). While his lecture did not mention it

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specifically, microfluidics exemplifies his thoughts about miniaturization. Microfluidics can be defined as fluid flow in channels of dimension ranging from 1 μ m to 1 mm (18).

One of the first examples of a device employing microfluidic flow, considered to be the first µTAS, was a gas chromatographic air analyzer (19). Preceding the coining of the term µTAS by Manz et al., this device received little attention possibly because of the lack of experience in the scientific community (20). Other early research utilizing microfluidics include IBM's work on the ink jet printer nozzle (21). There are also several interesting properties useful to biology at this scale (22). First, as mentioned in the context of lab-on-a-chip, the fluid volumes are dramatically reduced. The surface area to volume ratio is several orders of magnitude greater than at the macroscale. This allows more rapid heat transfer, useful in capillary electrophoresis. At the microscale, surface tension forces become significant, increasing the distance liquids travel due solely to capillary forces, useful in some pumping systems.

Perhaps the most important difference at the microscale is the dramatic decrease in the Reynolds number, a unitless number representing the ratio of the inertial forces to the viscous forces. The Reynolds number is used to determine whether flow will be laminar or turbulent. If the Reynolds number is less than 2300, which is predominantly the case in microfluidics, the flow follows a laminar regime. Because of laminar flow, two streams can flow parallel to one another, mixing only by diffusion. Diffusion is the process by which particles move from a more concentrated to a less concentrated area, resulting in a more uniform distribution. This property is useful in some biological situations, such as diffusion based separation and detection (23). The predictability of laminar flow also makes it useful in moving packets of fluid in a controlled manner (22).

While the diffusive mixing employed in microfluidics allows for greater control of mixing processes, diffusion can be a slow process, especially when attempting to mix large particles (22). One of the most important features of microfluidic based lab-on-achip systems is greater speed than comparable macroscale systems, so methods to improve microfluidic mixing must be devised. While chaotic, turbulent flow is frequently used to achieve rapid mixing at the macroscale, it is typically unavailable at the microscale (24). In order to improve the rate of mixing, much research has gone into constructing passive and active micromixers (60). Bend-induced vortices can enable a process called "chaotic advection," which accelerates mixing (25). One group has called the mixing of macromolecular analytes in times of less than 10-20 seconds the "Achilles heel" of lab-on-a-chip systems with channel width greater than 50 μ m that rely on diffusive mixing (26).

Design and improvement of mixers and other microfluidic components requires accurate understanding of flow within microchannels (27). Currently, flow is modeled using computational fluid dynamics (CFD) software and measured using optical based flow visualization methods. The most popular of these methods is particle image velocimetry (PIV) (27,28). In PIV, fluorescently labeled seed particles are placed within the flow and observed using a microscope and camera. While this method provides high resolution, the seed particles are small enough to be affected by Brownian motion, making them move randomly. Because they do not follow the flow exactly, time averaging is necessary, making PIV unsuited for unsteady flows (29). This system requires that at least part of the structure under study be optically transparent. Also, the presence of fluorescently labeled chemicals may interfere with processes being observed (22).

Magnetic Resonance Imaging

Magnetic resonance imaging (MRI) is a non-invasive imaging method that uses magnetic fields and radio frequency (RF) pulses to interact with nuclear spins in order to collect signals. Through a Fourier transform, these signals are converted into images. The most prominent application of MRI is in clinical diagnosis, where it provides detailed images of soft tissue without the ionizing radiation of X-ray or computed tomography (CT). Nuclear magnetic resonance (NMR) spectroscopy is another application useful in biology, physics, and chemistry. MRI is capable of providing a multitude of environmental variables about matter, and has an established history of noninvasively quantifying fluid flow (30).

MR flow measurement techniques have been employed in clinical magnetic resonance angiography (MRA) to study blood flow, but because of the lack of temporal resolution of clinical scanners, these images are frequently constructed using a gating mechanism such that each MR echo occurs at the same point of the cardiac cycle. MRI is also capable of studying flow in non-clinical settings. However, because of its low temporal resolution, its usefulness is often limited to slow and steady or pulsate flows. Faster MR imaging techniques such as echo planar imaging (EPI) have had some success in imaging faster and more complex turbulent flows by increasing the temporal resolution of MRI, and new techniques continue to be developed. Recent advances at the Magnetic Resonance Systems Laboratory (MRSL) at Texas A&M University have enabled dramatically accelerated image acquisition rates using a 64-channel array coil. Single Echo Acquisition (SEA) imaging allows for complete image acquisition with one echo (31), a rate two orders of magnitude faster than standard scanners. This increased imaging rate allows observation and quantification of flow phenomena not accessible by conventional MRI systems, such as fast or turbulent flow.

II. BACKGROUND

Microfluidics

The field of microfluidics has seen tremendous growth due largely to the applications of microfluidic devices in life sciences and due to the availability of microscale manufacturing techniques stemming from the developments of the integrated circuit industry. Microfluidic devices seek to harness the unique physical properties of the microscale, allowing experiments not possible at the macroscale (22).

Construction

Microfluidic devices employ several fabrication techniques including micromachining, soft lithography, in situ construction, and micromolding, each suited to different applications (22). Micromachining methods can be applied to silicon and glass (32), providing a high degree of precision. Silicon and glass are beneficial to chemistry applications by withstanding many temperatures and strong solvents; however silicon is not always desirable in biological applications due to its optical opacity, which prevents use of microscopy. Glass offers optical transparency, but there are fewer micromachining processes available. The highly specialized labor and equipment employed in micromachining results in high costs, making this method less desirable. Soft lithography overcomes such high costs by offering less specialized fabrication methods involving molding of Polydimethylsiloxane (PDMS), a two-part polymer. It is convenient, fast, and is well suited for features of dimension greater than 50 µm, commonly used in biology (33). In situ construction uses liquid-phase photopolymerization, lithography, and laminar flow to create microfluidic systems (34). This method requires little specialized equipment or skills, resulting in lower cost, but it offers limited device dimensions. Micromolding utilizes injection of heated thermoplastic polymer materials, facilitating quick and inexpensive creation of a molded part (22). Both soft lithography and micromolding require use of masters for molding, which can be created with micromachining.

Physics

The physics of the microscale offer several challenges as well as advantages over comparable macroscale methods. The Reynolds number (*Re*) is a unitless number used to classify flow. The flow regime is laminar for Reynolds numbers less than 2300, turbulent for Reynolds numbers greater than 2300, and at Reynolds numbers near 2300. Laminar flow is streamline and predictable, while turbulent flow is chaotic. The Reynolds number is the ratio of the inertial forces to the viscous forces, defined as

$$\operatorname{Re}=\frac{\rho \upsilon D_{H}}{\mu},$$

where ρ is density, v is velocity, D_{μ} is hydraulic diameter, and μ is dynamic viscosity. The hydraulic diameter is four times the cross-sectional area divided by the wetted perimeter, and is on the order of micrometers in microfluidic systems. Thus, at microscale dimensions, the Reynolds number is low and flow occurs predominantly in a laminar regime, meaning that streams flowing in parallel will not turbulently mix as is common at the macroscale. Laminar flow offers the benefit of controlled movement of a packet of fluid, useful in cellular analysis (22). An interesting property of fluid with Reynolds numbers significantly less than 1 is that time makes no difference, allowing motion to be symmetric and processes to be reversible (35). For instance, a scallop propels itself by opening its shell slowly to take in water and then closing it quickly to squirt water. At such low Reynolds numbers inertia has little effect and the scallop would simply move back and forth, retracing the same path (36).

At the microscale, diffusion becomes more significant and can facilitate mixing. Because diffusion time varies with the square of the diffusion distance, decreasing distances to the microscale allows diffusion to take place much more quickly (22,35). However, diffusion constants for solutions containing macromolecules are high, resulting in slower diffusion (37). Surface area to volume ratios are large in microfluidics, allowing rapid heat transfer while at the same time reducing pumping efficiency. In addition, surface tension forces become more significant at the microscale, increasing the effects of capillary forces.

Components

Microfluidic devices integrate several key microfluidic components that take advantage of microscale physics (22). Valves are necessary for control and manipulation of fluid flow. Both active and passive valves have been developed, where active valves use energy and passive valves do not. Mixers, discussed later, seek to overcome the mixing limitations imposed by unavailability of turbulence by increasing the area over which diffusion occurs. Microscale fluid motion can be generated using mechanical pumps, or through nonmechanical means (20). Forces can be applied within a microchannel or at its inlets and outlets (38). Electro-osmotic flow, for example, causes flow to move relative to stationary charged boundaries, which offers several advantages such a flat rather than parabolic velocity profile and easy control of flow in multiple channels (39). Development of these and other components would benefit from new microfluidic visualization techniques.

Microfluidics Toward Lab-on-a-Chip

Several of the necessary processes for integrating a full laboratory onto a chip are sample preparation, injection, fluid and particle handling, mixing and chemical reaction, separation, and detection (40). While only a few examples are mentioned, there are many microfluidic devices capable of these tasks. Sonication, for instance, is a method of sample preparation that uses acoustic energy to physically disrupt bacteria spores for PCR analysis of DNA. This decreases analysis time by removing the need for manual pre-PCR processing of samples (41). Preparation of nucleic acids for PCR analysis is also performed using microchip-based solid-phase extraction, which isolates PCR amplifiable DNA (42). There are many methods of preconcentration of samples, such as through generation of concentration gradients (43).

Sample injection methods have been utilized for rapid screening for explosives and nerve agents such that upon their detection, an alarm is triggered and detailed identification is performed (44). Fluid and particle handling has been accomplished using electrokinetic control to transport reactants (45). Chemical microreactors have been constructed, such as one capable of derivatization of amino acids through heating (46). In derivatization, the original structure of an analyte is converted into another molecule or mixture of reaction products (47). Separations can be performed at the microscale using capillary electrophoresis, which has the potential to assay hundreds of samples in minutes or less (48). Rapid heat transfer due to high surface area to volume ratios allows higher voltages in capillary electrophoresis, improving separation performance and analysis speeds (49).

Also crucial to microfluidic systems are microscale sensors, which allow detection. If a microfluidic system is used to perform an analysis, detection is needed to retrieve the results. Because of the small volumes, detection systems must be highly sensitive (22). Several methods include chemiluminescence, electrochemical detection, fluorescence, and mass spectrometry (40). For instance, a chemical reaction monitored with chemiluminescence has been used to detect chromium (III) in the presence of chromium (VI) (50).

Microfluidic Systems

Various microfluidic systems with biological and medical applications have been developed (22). These integrate multiple microfluidic devices, many approaching or realizing full labs-on-a-chip. Several systems for macromolecular analysis have been developed. A system capable of performing PCR amplification and electrophoretic size separation for DNA analysis (51) integrates reaction and separation steps. Enzyme assays are performed with microfluidic systems to determine an enzyme's reaction kinetics, allowing decreased times, decreased reagent consumption, and higher sensitivity (22). One of the first microscale enzyme assays uesd electrokinetic flow to control the dilution and mixing of reagents (52). Immunoassays are capable of exploiting the sensitivity and selectivity of antibody-antigen interactions (53) and have applications in pharmaceutical research and development (22). Immunoassay microfluidic systems that integrate mixing, reaction, and separation steps have been developed (54). DNA hybridization arrays allow the simultaneous study of changes in the expression of thousands of genes (55).

There are several microfluidic systems for cellular analysis (22). Microfluidic flow cytometry systems attempt to sort, analyze, and count single cells. Flourescenceactivated cell sorting systems do this by placing cells in lines (14). Use of cell-based assays for high throughput drug discovery screening has been discussed (56). Cellbased biosensors use living cells to detect biologically active agents, allowing screening of an agent's functional activity without knowing its chemistry. This is beneficial to pharmacology, cell biology, toxicology, and environmental monitoring. Microfluidics based cellular biosensors allow greater portability by addressing issues such as sample preparation, maintenance of the biological environment, and integration of electronics for data collection and analysis (57). Microfluidic cell culturing systems study the properties of isolated single cells with their environments (58). Experimental culturing of mouse embryos indicates that a microchannel culture system may more closely match *in vivo* environments than traditional *in vitro* culture methods (59).

Microscale Mixing

As discussed above, low Reynolds numbers are a key feature of microfluidics. Consequently, flow through almost all microscale channels occurs in a laminar regime. This lack of turbulence means that mixing occurs only due to diffusion, which while faster at the microscale, remains in many instances inferior to the rapid turbulent mixing common to the macroscale. Diffusion is not fast enough in some microfluidic settings, such as those requiring mixing of large particles or cells (22). Rapid mixing is important in microfluidic systems for biochemistry analysis, drug delivery, and nucleic acid sequencing or synthesis (60). Immunoassay, DNA hybridization, and cell-molecule interaction are analyses that require rapid mixing (61). In addition, many biological processes and lab-on-a-chip systems require mixing of reactants for chemical reactions. An understanding of micromixers is important to forming a better understanding microscale transport phenomena (60). Micromixers can be classified as either passive or active, with passive requiring no external energy and active using external forces.

Passive Micromixers

Because of laminar flow conditions, passive micromixiers operate by diffusion and chaotic advection. Diffusion based passive micromixers seek to increase the surface area over which diffusion can occur, allowing the diffusion path to be shortened. Parallel lamination micromixers separate flow into several smaller streams which are laterally alternated to increase the boundary surface between them, increasing diffusion (62). Serial lamination micromixers split and join streams horizontally and next vertically, achieving multi-level lamination (63). Injection micromixers function by splitting a solute into streams and injecting them into the solvent (60), which is useful in sample preparation (64). Chaotic advection is a phenomena in which simple velocity fields produce chaotic particle trajectories, indicative of elongation and distortion of material interfaces, which increases diffusion and leads to rapid mixing (37). It can by achieved by altering the channel shape to split, stretch, fold and break the flow, such as by insertion of obstacles (60) and can occur in laminar flow regimes (65).

Active Micromixers

Active micromixers function by using external fields to cause mixing, however they are often more complex, more difficult to integrate into systems, and more expensive than passive micromixers (60). Pressure field disturbance can facilitate mixing, such as by using pulsatile flow micropumps (66). Electro-hydrodynamic forces can cause fluids with different electrical properties to mix when placed in an electric field (67). Electrokinetic forces can be used to drive parallel and serial mixing in a Tmixer (45). Mageto hydrodynamic mixers use arrays of electrodes, an electrolyte solution, and a magnetic field to induce Lorentz forces in a fluid, causing complex flow fields (68).

Microscale Flow Visualization

The continued development of microfluidic devices must be met with suitable methods of visualizing microscale fluid flow, such as determination of velocity information. Microfluidic flow visualization is essential for understanding microscale fluid behavior and in analyzing, developing, and evaluating new microfluidic processes (27). Development of medical micro-assay systems also requires understanding of blood flow mechanics at the microscale (69). Flow visualization methods seek to alter the fluid only enough to detect fluid transport, such that the motion of the fluid is not affected, that is, the method should be non-invasive. Because this is often impossible, flow visualization methods must be validated by demonstration that disturbances to the flow are negligible. Alternatively, methods are validated if it can be shown that despite introduction of disturbances, the undisturbed flow information can be resolved. Many macroscale flow visualization techniques, such as the injection of dyes (70), cannot be employed at the microscale because of their invasiveness (27).

Particle Image Velocimetry

The leading method of microscale flow visualization is particle image velocimetry (PIV), in which seed particles are placed within flow and optically observed to obtain velocity information. PIV was first developed at the macroscale, where twocomponent velocity information is obtained for a two-dimensional plane by pattern matching velocimetry (PMV) and particle tracking velocimetry (PTV). PMV commonly obtains two sequential images at a set time delay using a laser and charge-coupled device (CCD) camera. Each image is of a small area, and by comparing patterns of the particles within images, a vector field is obtained for that area. This method enables instantaneous velocity measurements, but uses averaging for steady flow to improve accuracy (27). PTV determines the velocity field by tracking individual particles, giving more velocity information per interrogation than PMV, however PTV requires more image acquisitions for reliable particle pairing. PMV and PTV were combined to create so called "super-resolution PIV" (27,71).

Micro-Particle Image Velocimetry (µPIV)

The first microscale resolution particle image velocimetry (μ PIV) system used an epifluorescent microscope, 100–300 µm diameter seed particles, and an intensified CCD camera to obtain particle-image fields, yielding spatial resolutions of 6.9 x 6.9 x 1.5 µm (28). This system operates similarly to macroscale PIV, with several differences. The seed particles are much smaller, small enough to exactly follow the flow without blocking channels, yet large enough to allow imaging and to dampen Brownian motion. Polystyrene particles were labeled with fluorescent dye, causing them to absorb blue light at a wavelength of 469 nm and in turn emit green light at a wavelength of 509 nm. The bulk velocity of this setup was 50 μ m/s and the time delay between successive images was 68.5 ms. One improvement on this method involves using a pulsed laser to achieve spatial resolutions of 13.6 x 0.9 x 1.8 µm and a 500 ns delay between sequential images (72).

There are several disadvantages inherent in using fluorescent microspheres as seed particles. As this is an optical technique, a fundamental limitation is the need for optical access to the flow, requiring transparent boundaries. Because of the small size of the particles, they are affected by Brownian motion. This causes them to move randomly, initially resulting in error of 9%, which was reduced by ensemble averaging (28). Particles typically fluoresce only on the surface or weakly through the volume due to quenching effects, resulting in lower signal-to-noise ratios (27,73). Also, particles are generally hydrophobic due to polystyrene construction, which can lead to aggregation of particles, nonspecific absorption of hydrophobic solutes on particle surfaces, and adhesion of particles to microchannel walls (73). Problems may arise in using electroosmotic flow because the particles exhibit interfacial phenomena, have electrophoretic motion, and can affect electrokinetic flow and interfacial phenomena at the boundary (73).

Fluorescence

In fluorescence, a photon is absorbed by a fluorosphore, the fluorosphore becomes excited for 1-10 ns, and a photon of a lower energy is emitted (27). Fluorescence intensity fields resulting from mixing a dyed fluid with an undyed fluid provide concentration fields, allowing assessment of mixing performance (61). Presence of fluorescently labeled chemicals may also interfere with processes under investigation (22). When using top-down fluorescence microscopy to assess the degree of mixing, incomplete mixing along the depth of the channel cannot be experimentally detected (74). Because of the short fluorescent lifetime, this technique does not allow tagging, however photobleaching is a process in which fluorospheres are chemically altered by exposure to excitation light (61). The resulting "tagged" dark area can then be followed, allowing velocimetry.

Magnetic Resonance Imaging

Imaging

Magnetic resonance imaging (MRI) is based on the interaction of protons in a strong magnetic field with radio frequency (RF) energy (75). When placed in a strong magnetic field (\mathbf{B}_0), the magnetic moments of protons align with and against the field, precessing around it. A slight imbalance in the number of protons in each of these states is present yielding a net magnetization for MR imaging. Exposure to a time varying radio frequency (RF) magnetic field (\mathbf{B}_1) at the resonance frequency causes protons to shift states. This allows magnetic moments, or "spins," to be tipped 90° such that they precess in a plane orthogonal to \mathbf{B}_0 . While the net magnetization has components in this plane (during T1 decay) with coherent phase (during T2 decay), a signal is detectable by an RF coil.

Based on a concept originally proposed by Paul Lauterbur (76), for which he was awarded a Nobel Prize, gradient magnets create spatially dependent variations in B_0 , which are used for slice selection and to spatially encode frequency and phase into the spins. Phase encoding requires a repetition of RF pulses and gradient magnets, each with a phase encoding gradient of different magnitude. This set of pulses, called a pulse sequence, has a set repetition time (TR) between RF pulses and echo time (TE) between excitation and received signal. The signals or "echoes" resulting from exposure to an RF pulse are demodulated and sampled, each forming one line of what is called Fourier space, or k-space. After data collection, a 2-dimensional inverse Fourier transform is performed on k-space, extracting the encoded spatial information to form an image. A gradient echo sequence uses one RF pulse per echo, while a spin-echo sequence employs a second RF "refocusing" pulse. This second pulse causes the precession of the magnetic moments to re-phase, creating a greater signal while at the same time lessening the effects of magnetic field inhomogeneities.

Velocity Measurement

The motion sensitivity of MRI has an established history and has undergone many developments to form tools for non-invasive blood flow measurement (30,75,77,78,79). For instance, heart motion has been observed using an MR imaging method based on tagging (explained below) myocardial tissue with RF saturation before acquiring images, allowing study of biomechanical properties of normal and abnormal heart muscle (80). In an improvement on this method, higher resolution spatial patterns of altered magnetization have been used to assess motion of the heart (81). Non-clinical flow velocity studies can also benefit from the non-invasiveness of MRI. Measurements of flow through a step stenosis were performed to assess the limitations of MRI velocimetry in complex geometries (82). Both spin tagging, a time-of-flight effect, and phase contrast measurements were compared to computational fluid dynamics results.

Spin-tagging operates by selectively tagging spins and observing them a fixed time later to assess motion. This is done by saturating spins prior to imaging so that they yield no signal during subsequent echoes until they have undergone T1 decay. Selective saturation can be used to insert a grid of lines, which appear black in the images due to a lack of signal. This has been accomplished using a DANTE pulse train (83) and a sinc-
modulated pulse train (84). Velocity information is obtained by dividing the displacement of a grid square by time between images. Spin-tagging can provide a qualitative picture of two-components of complex motion within a slice, but the resolution of quantitative velocity information is limited by size of the grid squares (82,85).

Phase contrast methods are based on flowing fluid acquiring a different amount of phase than its stationary surroundings. This can be accomplished using a bipolar gradient pulse, which has no effect on stationary spins but causes moving spins to acquire phase, where the amount of phase acquired is dependent on the velocity of the fluid. Single component velocity information for each pixel can be acquired for flow through a slice.

Complex Flow Studies

While MRI is commonly used in flow studies, many of these rely on steady or periodic flow due to the limitations in temporal resolution of conventional MR imaging. For instance, in clinical MR angiography, a gating mechanism can ensure that echoes occur at the same point of the cardiac cycle. Alternative MR imaging methods have been used to image complex unsteady flow phenomena, such as turbulence. Several of

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these methods have been reviewed. Echo planar imaging (EPI) (86) has been used to accelerate image acquisition by employing time dependent magnetic field gradients to acquire multiple lines of k-space in one excitation.

The structure of a turbulent puff has been imaged using a one-shot imaging technique based on echo-planar imaging. These puffs occur in flow with a transitional Reynolds number when a disturbance is introduced at the pipe inlet. Images of turbulent puffs in flow of Reynolds numbers 2000 and 2250 were acquired in 20.48 ms, with 150 ms between consecutive images (87). An echo-planar approach has also been applied to acquire "instantaneous" velocity measurements of a turbulent puff across a twodimensional plane (88). This approach is limited by the time difference between spin echoes, which becomes significant for unsteady flows. Data acquisition time was 48 ms and velocity measurements are acquired at different times, meaning that measurements are not truly instantaneous. EPI has been used to image the distribution of local shearing motion in circular pipes (89), yielding agreement with theory at the downstream region of a turbulent puff. Image acquisition time was 20.48 ms and consecutive images were taken 200 ms apart. Spatial tagging with EPI has also been used to image turbulent

motion (85), allowing visualization of complex motions by a single image. Image acquisition time was 21.12 ms and consecutive images were taken 200 ms apart.

EPI has been used to study the dependence of the NMR signal from turbulent flow on velocity (90). Images of 64 x 64 resolution were acquired with a TE of 28 ms. Total acquisition time per image was 33 ms and the sequence was repeated every 250 ms. This allowed acquisition of 32 consecutive images in 8 s. *Re* was varied from 0 to 6270. Inspection of the images shows increasing complexity with increasing *Re*. Individual vortices and eddies can be seen, and their movement is visible when images are viewed as movies. The degree of turbulence was quantified by calculating the standard deviation of each pixel. The amount of shear present was related to the signal amplitude, and the mean cross-stream velocity was related to the phase.

More recently, an EPI based imaging sequence called the gradient echo rapid velocity and acceleration imaging sequence (GERVAIS) has been used to acquire three velocity components from a single excitation over a timescale of 60 ms (91). Image resolution of 64 x 32 was obtained. This was used to study laminar and turbulent flow, with *Re* up to 5000. The velocity fluctuations are shown to be small compared to local velocities, establishing that the acquisition times are short enough that the images are

effectively instantaneous. As *Re* was increased, qualitative observation showed loss of radial symmetry and parabolic velocity profiles, turbulent eddies, and high shear at the walls.

Single Echo Acquisition Magnetic Resonance Imaging

SEA MRI drastically reduces image acquisition time by eliminating phase encoding using a 64-element array of planar pair coils (31). The concept of using multiple receive coils to decrease acquisition time has been demonstrated before, such as in sensitivity encoding (SENSE), which is based on the encoding effect of receiver sensitivity (92). Using RF coils with highly localized field sensitivity patterns, SEA performs spatial localization by combining conventional frequency encoding along the axis of the array elements with the spatial information provided by each element. A onedimensional FFT is performed on the echo from each coil, spatially resolving the encoded frequencies and providing one line of the image (93).

Using a gradient echo sequence modified to eliminate phase encoding, a TE of 3 ms and a TR of 5 ms have been achieved, allowing imaging at 200 frames per second (94). These MR "snapshots" allow visualization of dynamic processes, such as motion, which cause artifacts in conventional MRI. The parallel array is 13 cm by 8.1 cm, with

the 64 parallel elements along the 13cm length. This gives the array a resolution of 2 mm along the array encoding direction and 1 mm along the frequency encoding direction.

Microscale Magnetic Resonance

As discussed earlier, detection is critical in retrieving results from a µTAS. Nuclear magnetic resonance (NMR) spectroscopy, therefore, has been integrated into a microfluidic system to perform analysis on the output of a chip-based capillary electrophoresis device (95). This system incorporates a planar RF detector coil for NMR, however its sensitivity was not adequate for detection of concentrations typical of the output of capillary electrophoresis. Another system was developed using multiple solenoidal microcoils (96), which have higher sensitivity. This approach splits the flow from a separation capillary into multiple outlets and stops one segment of it to obtain high resolution NMR spectra while flow continues through the other segment. Research continues into development of planar microcoils because they can be built using processes based on photolithography and predictions indicate that performance may approach that of solenoid microcoils (97).

While these methods focus on detection, MRI velocimetry has also been performed in microchannel networks (J. Georgiadis, personal communication). Conventional MR phase-contrast velocimetry was performed using a standard flowcompensated spin-echo sequence with bipolar gradients. Imaging was performed in a 7.6 cm inner diameter RF coil with an acquisition time of 12 min 51 s for each of two velocity components. This system yielded high resolution ($\sim 100 \ \mu m^2$ pixel size) velocity images for *Re* of order 1.

III. METHODS

Conventional MR Flow Imaging

It is important first to establish the limitations of conventional MR flow imaging before demonstrating the advantages of SEA flow imaging. A flow phantom, a device for assessing the performance of an MRI system, was constructed (Fig. 1) with 3/16" (0.476 cm) and 5/16" (0.794 cm) inner diameter tubing connected in series to provide two flow velocities, each traversing both directions along the main magnetic field. The tubing passed through a 3" (7.62 cm) inner diameter PVC pipe cylinder containing copper sulfate doped water. This solution yields a strong uniform background signal, making the flow information easily visible, while also lessening magnetic field inhomogeneities near the imaged fluid. Copper sulfate solution was pumped through the tubing by a Cole-Parmer variable flow rate peristaltic pulsating pump.



FIG. 1. Cylindrical phantom. (a) Cross section sketch (cm). (b) Photograph.

Imaging of this phantom was performed with a 4.7 Tesla/33 cm Bruker/GE Omega MRI system using a lab-built birdcage radio frequency coil. Spin-echo imaging was performed with a TE of 15 ms and a TR of 300 ms. Gradient echo imaging was also performed and the pulse sequence was configured for a TE of 28 ms and a TR of 300 ms. Images were acquired at pump settings of 2, 4, and 6, which resulted in the flow velocities indicated in Table 1. At resolutions of 128x256, scan time was 38 seconds. The *k*-space data was imported into MATLAB and a 2-dimensional Fourier transform was performed, yielding magnitude and phase images.

Table 1						
Flow in cylindrical phantom						
Pump	Volumetric flow rate	3/16" tubing average	5/16" tubing average			
Setting	(mL/sec)	velocity (cm/s)	velocity (cm/s)			
2	7	39	14			
4	13	73	26			
6	20	112	40			

SEA Flow Imaging

A separation channel phantom (Fig. 2), modeled after a microfluidic device studied by the Lab for Quantitative Visualization in Energetics at the University of Illinois at Urbana-Champaign (UIUC) (J. Georgiadis, personal communication), was constructed for analysis with SEA imaging. Because the MRSL operates a printed circuit board (PCB) prototyper, the phantom was constructed of several layers of PCB. The boards were precisely cut using the prototyper and copper surfaces were removed using PCB etching solution. Four layers of PCB were glued together with epoxy to form the phantom, and a thin sheet of plastic served as a boundary between the fluid and the parallel array. The signal to noise ratio decreases rapidly with distance from the array, so this layer must be as thin as possible.

Fluid enters and exits from the sides, where two 3/16" (0.476 cm) inner diameter tubes terminate. These tubes then bend 90 degrees to leave the magnet. The limited bending radius allowed by the tubes resulted in making the phantom smaller. Water flows into the phantom, strikes a rectangular obstruction, separates, travels around the obstruction, and recombines to exit. The same pump as before was operated at settings of 0.5, 1, and 2, resulting in the flow velocities in Table 2.



FIG. 2. First separation channel phantom. (a) Sketch (cm). (b) Photograph.

Flow in first separation channel						
Pump	Volumetric flow	Average velocity	Average velocity while			
setting	rate (mL/sec)	entering phantom (cm/s)	separated (cm/s)			
0.5	1.5	8.4	3			
1	3	16.8	6			
2	7.7	43.2	15.4			

Table 2

A second separation channel phantom (98) (Fig. 3) has been constructed using the same methods as the first, only with more robust X-ray film as the boundary between the fluid and the parallel array. This design incorporates ducts so that the fluid enters and exits from a different side than the previous phantom. Moving the fluid entry ports proved key to expanding the phantom to cover more of the parallel array while still allowing room for termination of the tubing. The larger size enables better matching of the phantom to capabilities of SEA. Also, this phantom more strictly adheres to the proportions of the device studied by UIUC.



FIG. 3. Second separation channel phantom. (a) Sketch (cm). (b) Photograph.

Table 3 indicates the flow velocities at different locations within the phantom at various pump settings. These velocities are averaged over the cross sectional area of the channels and also time averaged over the pulses of the pump. Table 4 indicates Reynolds numbers in the second separation channel. Because the flow does not have adequate distance to fully develop into a laminar or turbulent regime, these values cannot indicate with complete accuracy the flow regime in any part of the phantom. They are based on a rectangular channel and do not take into account the effects of the obstruction. However, these values give a general order-of-magnitude idea of what regime might be expected.

Table 3Flow in second separation channel (98)

D	X 7 1 4	A 1.4	A 1 1	A 1 '
Pump	Volumetric	Average velocity	Average velocity	Average velocity
Setting	flowrate	3/16" tubing	entry/exit (cm/s)	separated (cm/s)
	(mL/sec)	(cm/s)		
0	0	0	0	0
1	3.0	17.0	2.5	2.1
2	7.7	43.2	6.3	5.4
3	12.5	70.2	10.2	8.8
4	15.6	87.7	12.8	11.0
5	20	112.3	16.4	14.1

Table 4

Reynolds numbers in second separation channel

Pump	Volumetric flow	<i>Re</i> 3/16"	Re	Re
Setting	rate (mL/sec)	tubing	entry/exit	separated
1	3.0	910	232	177
2	7.7	2310	588	450
3	12.5	3753	955	731
4	15.6	4691	1194	914
5	20.0	6005	1528	1170

The same MR system described above was used, with a parallel plate RF volume coil and a 64-element array of planar pair coils. The first separation phantom was imaged using both conventional and SEA modes, while the second was imaged with SEA only. In conventional imaging, the volume coil was used for transmit and receive, TE was 20 ms and TR was 250 ms. SEA imaging was performed using the volume coil for transmission, the array for receive, and a conventional non-refocused gradient echo pulse sequence with a phase compensation gradient pulse rather than a phase encoding table (98). This sequence was modified to include spin-tagging based on DANTE pulses (Fig. 4), which saturate grids of spins for subsequent tracking.



FIG. 4. Spin-tagging sequence. Uses 2-dimensional DANTE pulse train preceding a recalled gradient echo sequence. (98)

Initially, only vertical tag lines were saturated, then a diagonal grid of tag lines was employed. Application of the spin-tags took 14 ms. The first separation channel was imaged at 40 fps, while the second separation channel was imaged at 200 fps. The 200 fps pulse sequence had a TE of 3 ms and a TR of 5 ms. Distilled water flowed through the phantom rather than copper sulfate solution in order to increase the T1 relaxation time, allowing the spin-tags to remain longer. However, this is at the cost of weaker signals. Fig. 5 illustrates how each phantom rests on the parallel array.



FIG. 5. Separation phantoms on array. (a) First separation channel. (b) Second separation channel.

IV. RESULTS

Conventional MR flow imaging shows limits

Conventional MR spin-echo magnitude images illustrate flow artifacts. Fig. 6 is of volumetric flow rates of 7, 13, and 20 mL/sec (see Table 1). The four circles are the tubes in which flow is occurring, the larger two are the 5/16" (0.794 cm) tubing and the smaller the 3/16" (0.476 cm) tubing. In all images, the flow direction is perpendicular to the imaged slice and the velocity is fastest in the smaller tubes, causing artifacts to present there first. As the flow rate is increased, time of flight artifacts appear as complete signal void (black) in the areas of high velocity, such as in all but one tube in Fig. 4c. Phase artifacts present as distortion above and below the flow area along the phase encoding direction.



FIG. 6. Conventional MR magnitude images of cylindrical phantom. (a) 7 mL/s. (b) 13 mL/s. (c) 20 mL/s.

Spin-echo phase images (Fig. 7) show wrapped flow information due to excess flow sensitization, indicating a non-uniform velocity profile, consistent with pressure driven flow. Looking at the tubes in each image, the wrapping is indicated by the number of alternations of black and white, which increases with velocity.



FIG. 7. Phase maps of cylindrical phantom. (a) 7 mL/s. (b) 13 mL/s. (c) 20 mL/s.

The gradient echo sequence with a short echo time has less sensitization, decreasing the amount of phase wrapping. Figs. 8a, 8b, and 8c illustrate flow rates of 0, 7 and 13 mL/sec, respectively. The time of flight signal void artifact as well as the ghosting phase artifacts are less pronounced in the resulting magnitude images.



FIG. 8. Gradient echo magnitude images of cylindrical phantom. (a) 0 mL/s. (b) 7 mL/s. (c) 13 mL/s.

The shorter gradient echo time decreased the wrapping in the phase images (Fig. 9), however the inhomogeneities of the magnetic field were more pronounced, making velocity information difficult to extract. Qualitative information can be obtained by comparing the brightness within the tubes to that of the surrounding area. With no flow (Fig. 9a), both sets of tubes show no contrast with the surrounding area. At 7 mL/sec (Fig. 9b), the offset begins to present, indicating flow. The lowest tube is beginning to show wrapping, indicating that velocity is exceeding measurement capabilities. At 13mL/sec (Fig. 9c), all of the tubes show some degree of wrapping.



FIG. 9. Gradient echo phase images of first phantom. (a) 0 mL/s. (b) 7 mL/s. (c) 13 mL/s.

Advantages of SEA are clear

Conventional spin-echo images of the first separation channel phantom (Fig. 10) again demonstrate limitations in temporal resolution. Velocities are listed in Table 2. Fig. 10a shows stationary flow with no tags, Fig. 10b shows flow at a pump setting of 0.5 with spin tags and 4 averages. Artifacts begin to present in the areas of fastest flow, where the fluid strikes the obstruction from below. Figs. 10c and 10d indicate pump settings of 1 and 2, respectively, with 16 averages. Artifacts intensify in Fig. 10c and the complete loss of signal in Fig. 10d is because fluid leaves the imaged slice before it can experience both 90 degree and 180 degree RF pulses.



FIG. 10. Conventional images of first separation channel. (a) Stationary with no tags. Images with tags at (b) 1.5 mL/s, (c) 3 mL/s, (d) 7.7 mL/s.

SEA images of the first separation channel (Fig. 11) are of limited resolution due to the small size of the phantom relative to the resolution of SEA, however, qualitative information is available. The time between acquisitions of each of the following images was 25 ms, for an image acquisition rate of 40 frames per second. The images in Fig. 11 were taken at a flow rate between that of 10b and 10c, however no such artifacts present in the SEA images. Fig. 11a was acquired immediately after tagging, 11b was 50 ms after tagging, and 11c was 100 ms after tagging. Flow enters at the top and exits at the bottom. When viewed in rapid succession as a movie, rotation is visible in the upper half of the phantom, and the tag lines in the bottom move toward the center as fluid from each half of the phantom recombines. At the same time, the tag lines fade as time passes due to T1 decay of the spin tags.



FIG. 11. SEA images of first separation channel. (a) 1^{st} frame. (b) 2^{nd} frame. (c) 4^{th} frame.

As the second separation channel spans more of the array, the tag lines are more visible. Fig. 12 shows vertical tag line images at a pump setting of 2.75, while the pump setting for Fig. 13 is 4.5. Corresponding velocities may be interpolated from Table 3. These images were captured from a movie, with each frame separated by 5 ms. Observation of the tag line motion along the lowest horizontal boundary of the images yields the velocity at which the fluids flow parallel to the boundary as the two halves recombine. At a pump setting of 2.75 (Fig. 12), the tag lines at the boundary move at 11

cm/s, and at a pump setting of 4.5 (Fig. 13), this velocity is 13.7 cm/s. Rotation is visible in the upper right corner, indicative of turbulence.



FIG. 12. SEA vertical tag line images of second separation channel at a pump setting of 2.75. (a) 1^{st} frame. (b) 5^{th} frame. (c) 10^{th} frame. (d) 15^{th} frame. (e) 20^{th} frame.



FIG. 13. SEA vertical tag line images of second separation channel at a pump setting of 4.5. (a) 1^{st} frame. (b) 5^{th} frame. (c) 10^{th} frame. (d) 15^{th} frame. (e) 20^{th} frame.

The SEA images of the second separation channel in Figs. 14 and 15 (98) have diagonally oriented tag lines. The lines are 2 mm wide and are separated by 6 mm. This allows better visualization of motion with the resolution of the 64-channel array coil, which is lower in the array encoded direction. The position of the phantom on the array in relation to the images is indicated in Fig. 16. Each row in Figs. 14 and 15 represents an increasing pump setting (Table 3), starting at 0. For each pump setting, 64 images were acquired, followed by a 3 second delay to allow T1 decay. During this delay, the

pump setting was increased by 1 unit. The first column of Figs. 14 and 15 represents the 1^{st} frames, the second column represents the 10^{th} frames, and the third column represents the 20^{th} frames. Thus, the images in the first column were taken immediately after the tagging, those in the 2^{nd} column were taken 50 ms after the tagging, and those in the 3^{rd} column were taken 100 ms after the tagging.

While viewing the images as animations provides the best visualization of the fluid dynamics, the isolated frames in Figs. 14 and 15 can provide some details (98). Row 2, with a pump setting of 1, shows that the flow travels on the left side of the entry port, which can be expected due to the bend shown in Fig. 16. At higher flow rates, an area of stationary fluid can be seen above the obstruction, as the fluid travels around that area to exit the phantom. In the animations, eddies are visible in the lower left corner. Complex flow can also be seen as the fluid recombines to exit the phantom. Quantitative velocity information can also be extracted. By comparing the images in the 1st and 20th frame in row two, the fastest flow in the inlet channel moves 1 cm, meaning that its bulk velocity is 10 cm/s.



FIG. 14. SEA diagonal tag line images of second separation channel (Pump settings 0 through 2). Each row corresponds to a pump setting indicated in Table 3. The 1^{st} , 2^{nd} , and 3^{rd} columns are the 1^{st} , 10^{th} and 20^{th} frames acquired following the application of spin-tags. (98)



FIG. 15. SEA diagonal tag line images of second separation channel (Pump settings 3 through 5). Each row corresponds to a pump setting indicated in Table 3. The 1^{st} , 2^{nd} , and 3^{rd} columns are the 1^{st} , 10^{th} and 20^{th} frames acquired following the application of spin-tags. (98)



FIG. 16. Second separation channel orientation. (a) Sketch, including termination ducts. The box indicates the array coil. (b) MR image of stationary flow for comparison. (98)

V. DISCUSSION

SEA imaging couples the non-invasiveness of MRI that is relied upon daily in the clinical setting with real-time visualization capability. By demonstrating the ability to view complex flow phenomena inaccessible to conventional MRI, SEA is shown to hold promise as a tool for quantifying flow. Building on the research seeking to integrate NMR spectroscopy in microfluidic devices, RF microcoils could also be integrated in microfluidic devices in a parallel array configuration. This would enable SEA imaging and thus provide a noninvasive method of visualizing microfluidic flow at high temporal resolution without requiring optically transparent boundaries.

The capability of visualizing complex flow phenomena, such as turbulence and mixing, could prove key in refinement and development of new microfluidic devices. Although turbulence is unavailable at the microscale, other complex flows are, such as chaotic advection utilized in micromixers. Improved microscale flow visualization techniques will aid in the development of microfluidic devices, furthering novel biological technologies such as lab-on-a-chip. Such technologies are posed to usher in a new age of medical discovery and treatment.

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- Thesis: Applications of MRI in Fluidics
- Work with Magnetic Resonance Systems Laboratory in exploring new applications of Ultra-fast MRI
- Experience in MR imaging, MR angiography, network analyzer operation
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LEADERSHIP EXPERIENCE

Tau Beta Pi, Texas Delta Chapter, Texas A&M University

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- Vice President (Fall 2005)
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HONORS AND AWARDS

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- Dwight Look College of Engineering Dean's Honor Roll
- Engineering Scholars Program

- Awarded Willard P. Worley '43 Electrical Engineering Scholarship
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