West Side Informer

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Did You Know?

By a quirky alignment of days and dates, this year National Beer Day falls on the same day as National Alcohol Screening Day. Created when the Cullen-Harrison Act was signed in 1933 by then-President Franklin D. Roosevelt (Encyclopedia Britannica), which made it legal to create and sell low-alcohol beverages after long years of Prohibition, National Beer Day falls on April 7 every year. Fast forward to 2020 and the U.S. Alcohol and Tobacco Tax and Trade Bureau indicates there are 6,406 breweries in the United States, with an ever-growing craft brewing industry providing smaller batches of brews for the beer connoisseur to enjoy.

Bart Watson, Chief Economist for the Brewers Association, is quoted as saying, "With a strong presence across the 50 states and the District of Columbia, even in a challenging year craft breweries are a powerful economic force at the local, state, and national level. As consumers continue to demand a wide range of high quality, full-flavored beers, small and independent craft brewers are meeting this growing demand with innovative offerings, creating high levels of economic value in the process." A 2020 Brewers Association list of the top states contributing to the U.S. economy ranks Texas in the top five. So, whether it's brewing or buying, we who call *Information*: Texas home enjoy our craft beer.

Unfortunately, too much enjoyment of a thing can cause problems, like abuse and addiction. National Alcohol Screening Day, which falls on the first Thursday of the first full week of April, was launched in 1999 by the National Institutes of Health to bring awareness to alcohol abuse and alcohol addiction (WhatHealth.com). This year the first Thursday of the first full week in April is April 7. As defined by Recovery Centers of America, AUD (Alcohol Use Disorder) is a "systemic problem insofar as it affects not just those individuals in the grip of it, but also the networks of people, organizations and communities touched by it." What this means for Aggieland is that one student's alcohol abuse or addiction impacts the roommates, classmates, professors, and others whose lives intersect their life. And while your sobriety is your responsibility, nobody has to struggle alone. There are resources available for anyone who is struggling.

TAMU's Offices of the Dean of Student Life has several services, events and programs which are designed to help Aggies stay healthy, strong, and sober. All students should receive an email birthday card to help make their 21st birthday memorable. Please email healthpromotion@tamu.edu if you didn't get one. If you're not sure and want some feedback, the Student Life website has eCHECKUP TO GO which provides a quick online assessment. Aggie Sober Tailgate is for all who want to celebrate game day in an alcohol-free zone. Other resources are available on the Student Life website at https://studentlife.tamu.edu/hp/programs/.

We want you to know how valued you are and hope to provide you with all the resources needed to thrive and excel during your time as a student in Aggieland. Gig 'em!

Sources: https://nationaldaycalendar.com/national-beer-day-april-7/; https://www.britannica.com/event/Prohibition-United-States-history-1920-1933; https://www.brewersassociation.org/statistics-and-data/economic-impact-data/; https://www.whathealth.com/awareness/event/alcoholscreeningday.html; https://www.ttb.gov/beer/statistics; https://recoverycentersofamerica.com/blogs/national-alcohol-screening-day/; https://studentlife.tamu.edu/hp/programs/

Ask Us Desk

The Ask Us Desk is the place to go with questions and if you need any of the items we can provide you, such as laptops, computers, chargers, calculators, textbooks on reserve, and more. Just come ask us about it!



BLCC

Libraries Contact

Evans: 979.845.3731

Business Library: 979.845.2111

Medical Science: 979.845.7428

Cushing: 979.845.1951

Policy Sciences & **Economics:** 979.862.3544

BLCC Hours

Sunday: 12pm - 2am Monday-Thursday: 7am -2am Friday: 7am - 9pm

Saturday: CLOSED

Copies of the newsletter are available at oaktrust.library. tamu.edu.

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