

METHODOLOGY REPORT

# Texas School Survey of Drug and Alcohol Use Methodology Report 2018

For the Texas Health and Human Services Commission (formerly, Texas Department of State Health Services)

Prepared by
Miner P. Marchbanks III
Shannon Peairson
Colin Baker

Stacy Rhodes

Public Policy Research Institute
Texas A&M University
College Station, TX 77843-4476

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#### Introduction

The Public Policy Research Institute (PPRI), in conjunction with the Texas Health and Human Services Commission (HHSC) conducted the sixteenth statewide survey of drug and alcohol use among Texas public school students in the spring of 2018. Originally implemented in 1988 as a component of a larger survey assessing substance use among the state's general population, the school survey has since become an ongoing, independent project. District surveys are offered every year with a statewide survey conducted every two years. The 2018 effort provides follow-up data reflecting changes over the past thirty years in grades seven through twelve.

The *Texas School Survey* project has two primary objectives. First, it serves to inform state and local policy-makers about the extent and nature of youth substance use in Texas public schools. Second, the statewide survey provides a standard of comparison for districts conducting local assessments of drug and alcohol use.

The purpose of this document is to describe the methodology used to administer the 2018 Texas School Survey of Drug and Alcohol Use. Following a brief introduction to the survey instrument itself, attention is focused on sample selection and survey administration procedures. Lastly, methods for data processing and quality control are described.

#### Survey Instrument

Since its inception in 1988, the *Texas School Survey of Drug and Alcohol Use* has received slight revisions throughout the years for purposes of incorporating new substances or other relevant topics to measure alcohol and drug use trends among youth. However, major revisions rarely occur and typically result from the need to reduce survey administration time in schools. A major revision occurred in 1998 where similar questions assessing substance use prevalence rates were grouped together in a matrix format to reduce survey administration time. Again, in the fall of 2012, PPRI and DSHS proposed several changes to improve the quality of survey results while maintaining compatibility with previous survey data.

Up until the 2014 survey administration year, two versions of the *Texas School Survey of Drug and Alcohol Use* were administered. The elementary version of the survey was a simplified three-page instrument created for students in grades four through six. Elementary students were asked about only four types of substances including tobacco (cigarettes, snuff, and chewing tobacco), alcohol (beer, wine, wine coolers, and liquor), inhalants, and marijuana. The secondary instrument was a six-page questionnaire designed for students in grades seven through twelve. Secondary students were asked about the same substances as elementary students, as well as a broader range of illicit drugs including powdered cocaine, crack, hallucinogens, steroids, ecstasy, Rohypnol, DXM, methamphetamine, and heroin. Other sets of questions on both the elementary and secondary instruments were designed to assess behavioral correlates of substance use and students' perceptions of support available to help them cope with substance-related problems. Rather than maintain these two separate forms, in 2014 PPRI developed one survey form for grades 6 through 12. The decision to migrate to one form was made based on increased concerns from parents and school districts about surveying students as young as 4th and 5th grade as well as the need to streamline administration procedures for schools.

In 2016, PPRI and HHSC made the decision to eliminate grade 6 from the survey population. Many school districts have been restructuring to having grades 5 and 6 together on one campus and 7 and 8 on another campus. Eliminating grade 6 would reduce the number of campuses in the sample. Further, feedback from focus groups conducted across the state indicated that many districts believed that students in grade 6 were not mature enough for the survey materials. For these reasons, the decision was made to conduct the survey with grades 7-12.

#### **Survey Content**

Beginning with the project's inception in 1988, PPRI has administered a paper-pencil version of the *Texas School Survey of Drug and Alcohol Use*. Since 2012, schools have had the option of choosing between a web-based version of the survey or the traditional paper-pencil version. The web survey is programmed in LimeSurvey, a widely used software application for internet surveys, and hosted on a secure server at Texas A&M University. The paper-pencil questionnaire is in a format that can be scanned optically, similar to that used for standardized testing. Both versions are designed for anonymous self-administration by students with the aid of a staff member to pass out the survey or web survey tokens, read a common set of instructions, monitor the class during survey administration, and collect the instruments or web survey tokens after the survey is completed. The survey instrument is included in Appendix A.

# Survey Sample

In recent years, recruiting school districts has become increasingly challenging where greater numbers of school districts, particularly large school districts, refuse to participate in the survey. Decreases in participation rates can significantly impact the ability to generalize survey results to the Texas youth population. For this reason, we slightly increased the number of schools to be sampled as described in the mthods below.

#### **Selection of Campuses**

The sample of students for the 2018 survey was designed to be a stratified, weighted, random sample of all public school students between the seventh and twelfth grades in the state. In order to make administration practical, students were selected using a multi-stage stratified sampling procedure. This involved sampling schools, and then classrooms within schools.

Schools were the primary sampling units (PSU) and were sampled with probability of selection proportionate to size<sup>1</sup>. This means that a school with 200 students is twice as likely to be sampled as a school with 100 students. The probability of selection were increased for groups that would ordinarily be underrepresented in a standard PPS selection method. For instance, many rural campuses have enrollment numbers that are smaller than their urban counterparts – if a standard PPS sample were drawn, the proportion of rural students in the sample would be smaller than the actual proportion in the state. For this reason, a system of automatic adjustments are put into place to give these sorts of campuses a higher probability of selection in the sample. Also, border schools are oversampled to provide sufficient numbers of schools in the border area to allow for separate Border/Non-Border reports. For each grade level in a sample school, six classrooms were randomly selected. In schools with fewer than six classrooms in a grade, all classrooms were surveyed. All students in a sampled classroom were asked to participate in the survey.

A total of 710 schools were sampled. This number was selected to exceed the estimated sample size needed to report with statistical confidence on the drug and alcohol related behavior of youth in the public schools statewide. It was large enough to report separately for subgroups defined by characteristics such as gender and ethnicity In addition, it was designed to be large enough to provide reliable estimates for subgroups for the eleven designated Public Health Regions in Texas. It also provided enough oversampling to compensate for the expectation that some schools would not participate.

As detailed in the section "Weights, Standard Errors, and Confidence Intervals" below, the sample of completed surveys was weighted for the probability of selection as well as the populations of the grades and regions. The weighted sample can be considered a representative sample of public school students in Texas between the 7<sup>th</sup> and 12<sup>th</sup> grades.

As described above, this sampling methodology is a change from what the Texas School Survey has used in the past. Previously the PSUs were the districts and not the campuses. The representativeness of the sample is dependent on selected school districts agreeing to participate in the survey, thus district refusals can significantly impact the ability to generalize results to the

<sup>&</sup>lt;sup>1</sup> For discussion of weighting with probability proportionate to size see William Cochran, *Sampling Techniques*, Third Edition. New York: John Wiley and Sons, pp 250-258.

Texas youth population. The current sampling procedure is more similar to that used the in the Youth Risk Behavior Survey (YRBS) and other surveys of students in high schools.

The new survey form, sampling design, and recruitment strategies should make the data more representative than data collected in the past. It should be noted that one must interpret apparent trends in the data with caution.<sup>2</sup>

#### **Soliciting Campus Participation**

In preparation for recruiting schools, PPRI survey coordinator, Shannon Peairson reviewed the list of sampled schools to determine whether PPRI had a contact at the district level from previous survey administration years. If PPRI worked with the school district in the past, they were contacted directly. In schools where no previous contacts had been established, survey coordinators initiated contact with the district superintendent first. After this initial contact attempt, PPRI then attempted subsequent contact with district testing coordinator, health specialist, or any other individual that seemed like they would be involved with student health/substance use surveys. Applications were submitted to districts requiring approval from their Research and Accountability Boards.

PPRI started calling each randomly sampled school in September after the initial letters were sent to discuss survey administration procedures and answer any questions. PPRI completed a minimum of three calls to each school. For non-responsive campuses, PPRI contacted the superintendent or other district staff to request approval for conducting the survey at a particular campus. Schools interested in participating in the 2018 survey were instructed to complete a basic participation form via the project's website (<a href="http://texasschoolsurvey.org">http://texasschoolsurvey.org</a>). Two-hundred-twenty-eight of the original 710 selected campuses signed up to participate in the study. After accounting for drop-outs, a total of 191 campuses participated in the study and returned completed survey materials. Most campuses declined due to the lack of time and resources involved in survey administration.

Recruitment methods for the state survey were similar to past survey administration years where school contacts were sent a packet of information including a recruitment letter, letter of support from DSHS, information brochure, copy of the survey instrument, and frequently asked question guide. When sending the initial recruitment letters, PPRI offered a \$500 monetary incentive to the state sampled campuses as an incentive to increase participation rates and reduce the burden of survey administration on schools. The purpose of payment was to help schools defray costs associated with implementing this survey, such as costs associated with the distribution of parental notification forms and other administrative costs. A new incentive added for 2016 was the offer of a Campus Level Report at no additional cost. This incentive was so effective, that it was offered again in 2018. Schools were informed that if they wanted the Campus Report, it may necessitate the sampling of additional classrooms in order to create a reliable report.

District level reports were offered to both districts with state sampled campuses as well as districts with no state sampled campuses for an additional cost. When districts requested this, additional data were collected for district level reports. Those with state sampled campuses received the additional surveys and district level report at a discounted rate. Additional data collected from non-state campuses to produce the district level reports were not included in the state data analysis.

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<sup>&</sup>lt;sup>2</sup> Fulton, Janet E. and Susan A. Carlson. 2012. "Surveillance of Physical Activity" in Ainsworth, Barbara E. and Caroline A. Macera, eds. *Physical Health and Public Practice*. Boca Raton, Florida: CRC Press, p 231.

#### **Selection of Classrooms within Campuses**

The selection of classrooms was performed by campus personnel based on a set of guidelines provided by PPRI (illustrated in Appendix B). Members of campus staff were asked to make a list by grade (according to teacher's last name or some other convenient method) of all classes held during a selected class period or subject area. PPRI randomly selected classes from this list until the target numbers per grade level were reached.

TABLE 1. Number of Surveys Included in State Sample

	Total Non- Blank Surveys	Usable Surveys	Number rejected	Percent rejected
Total	62,620	60,776	1,844*	2.9%

<sup>\*</sup>Surveys were rejected because the responses indicated exaggeration or the survey could not be matched to a sampled school and grade.

TABLE 2. Survey Distribution by Grade

Grade	Number of Usable Surveys	Percentage
Grade 7	12,445	20.5%
Grade 8	12,268	20.2%
Grade 9	9,409	15.5%
Grade 10	9,571	15.8%
Grade 11	9,163	15.1%
Grade 12	7,920	13.0%
Total	60,776	100%

## Survey Administration Procedures

Each participating school had the ability to administer either an online version of the survey via a secure website, or the traditional paper-pencil version. Schools selected which method of administration they preferred when signing up for the survey. Out of the 191 participating state schools, 102 administered the online version of the survey and 89 administered the paper-pencil version.

An Information Sheet regarding the survey was provided for required dissemination to parents/guardians a minimum of two weeks prior to survey administration. The Information Sheet explained the voluntary nature of the survey and that students may choose to opt out of participation at any time. It also provided a mechanism for parents to let the school know if they did not want their child to participate. This form also emphasized that participation is completely anonymous.

Relevant personnel in the selected campuses were provided with complete instructions and materials necessary to administer the survey (see Appendix C). Classrooms were selected randomly by PPRI based on information from an Excel spreadsheet from the campus. Teachers in selected classrooms were given a script to read so that all students would receive a standardized set of instructions. The scripts were provided to the campuses at least a week before survey administration in order to allow teachers sufficient time to familiarize themselves with the survey procedures. Teachers were also asked to complete a Classroom Identification Form that provided data on the number of students that are currently enrolled in the class. This information was useful for computing error estimates.

Survey administration for the paper-pencil version followed standard *Texas School Survey* procedures. Students received a computer-scannable questionnaire booklet to record their answers to survey questions by filling in corresponding ovals with a number two pencil. Students were instructed to place the questionnaire in a large manila envelope once the survey was completed. Teachers were instructed to place any blank or unused surveys back in the manila envelope to be returned to PPRI.

Survey administration for the web version followed the standard *Texas School Survey* procedures with slight modifications due to the variation in mode. Students completed the web survey either in their regular classroom using portable laptop computers or tablets, or by taking the survey in the school computer lab. Instead of receiving paper copies of the survey instrument, students in sampled classrooms were provided with unique, randomly generated six digit alpha-numeric codes, referred to as survey tokens. These survey tokens could only be used once and provided access to the online survey via a secure website. To ensure only sampled classrooms completed the online survey, all unused and used survey tokens were collected by the survey administrator when surveys were completed. Additionally, PPRI limited access to the online survey during the district's scheduled survey administration period.

The envelopes containing either the survey tokens or survey instruments from all participating classrooms were collected and returned to PPRI.

### Data Entry and Analyses

As noted earlier, the format of the paper-pencil survey instruments enabled them to be scanned optically. Upon receipt at PPRI, the paper-pencil surveys were logged in, coded and scanned by staff or trained personnel.

#### **Exaggerated Responses**

Because the *Texas School Survey* data is based entirely upon respondents' description of their own behavior, it is inevitable that some students will under- or over-report their use of drugs or alcohol, and to the extent possible PPRI attempted to identify and eliminate data from those respondents. Two checks were incorporated into the data analysis program to identify exaggerators. First, students were asked about their use of a false drug called "Blamaril". Data from students claiming to have used this substance were considered suspect and dropped from the analyses.

Second, checks were run to identify any students claiming dubiously high rates of use of the following hard drugs – cocaine, crack, ecstasy, heroin, methamphetamine, and synthetic marijuana. Students were defined as exaggerators if they reported using three or of any of those substances daily or if they reported using four or more of them eleven or more times in the past month. As in those cases where students reported using the fake drug "Blamaril," data from students reporting exaggerated use were also dropped from the analyses.

An additional criteria was used to identify and remove questionabale surveys. In any instance, if a students claimed to have begun using any substance at an age that was higher than the one they claimed, they would also be dropped from analysis.

#### **Unreported Grade Levels**

When students failed to report their grade level, it was impossible to determine unequivocally in which grade these students' data should be analyzed. When a grade level was missing, an estimate of the grade was made based on the students' age and the data were retained. Table 3 identifies the range of students' ages and the corresponding grade levels that were assigned. If both grade and age were missing, the data were dropped from the analyses.

TABLE 3. Age-Based Grade Assignments.

Age	Grade
12 or younger	7 <sup>th</sup> Grade
13	8 <sup>th</sup> Grade
14	9 <sup>th</sup> Grade
15	10 <sup>th</sup> Grade
16	11 <sup>th</sup> Grade
17 or older	12 <sup>th</sup> Grade

#### **Prevalence and Recency Values**

Prior to 2016, the reported values for prevalence and recency of use were based solely on students' answers to the questions that directly asked how recently, if ever, they had used each substance (Q14-18 on the current survey). Beginning in 2016, the students' answers to other questions on the survey are also taken into account, such that if they indicated more recent usage for a substance on any other question, their reported prevalence and recency of use values for that substance are updated to reflect the most recent usage. For example, if a student responded on Q16a that the most

recently they had used marijuana was "since school began in the fall", but also reported on Q19d that they had used marijuana "1-2 times" in the past 30 days, in prevalence and recency tables they would be classified as having used marijuana in the past month. Only tables found in the first two sections of the reports are affected, as the margin tables, found at the end of the reports, retain the original responses for all questions on the survey – including those for Q14-18. These changes, along with the introduction of electronic vapor propducts as a form of tobacco in the 2016 survey, may lead to increases in the reported prevalence and recency of use for numerous substances over what had been reported in previous years. These changes provide a more accurate representation of substancs use among students convered by this report; however, they also limit the direct comparability of prevalence and recency values found in the 2016 and 2018 reports to those from previous years.

## **Quality Control Measures**

To ensure the quality of the statewide survey data, a number of internal checks were put into place to guide survey processing. First, a quality control analyst oversaw the implementation of all preand post-analysis quality control procedures. As the following paragraphs describe, many aspects of PPRI's plan for quality control were embedded in automated procedures. However, there is no replacement for human oversight. The quality control analyst monitored and tracked the processing of each campus' surveys from the initial mailing through the production of the final state report. Responsibilities included ensuring that surveys were properly coded and scanned and checking for anomalies in the final table of results.

In addition to the safeguards resulting from careful project oversight, there were also a number of procedural checks against error. For example, there was a possibility, however remote, that after the bindings of a set of survey instruments were cut, the instruments could be dropped or otherwise placed out of order. If this occurred, it is conceivable that some pages of data could have been read into the incorrect computer record. To resolve this problem, each instrument used in the 2018 survey was printed with a seven-digit "litho-code" number. With this coding process, every page of a given instrument is printed with the same scannable number, but a unique number is assigned to every instrument. By using the litho-code, when each page of an instrument is scanned it will errors with pages from different students having been shuffled together can be detected. In this way, if the pages from different instruments were shuffled together and read randomly, they would be tagged as problematic and removed from the master dataset, giving the individuals responsible for quality control the opportunity to investigate the error, and rescan survey instruments to correct such problems. Additional quality control measures were conducted on approximately ten percent of the surveys processed and included counting the number of surveys in a stack after it was read by the optical scanner to make sure the number of surveys inserted corresponded to the number of surveys read by the scanner and comparing the physical survey responses to the output generated by the scanner software.

## Weights, Standard Errors, and Confidence Intervals

Weights were applied to each case based on the region, district, campus, grade and race/ethnicity. The weights were applied so that the aggregation of students in each campus, district, region, grade and race/ethnicity reflected their proportions in the actual campus, district, and region populations. The formula used to determine these weights are presented in Appendix D. The factors used in weighting included region, grade, and ethnicity.

Even when random sampling is performed, responses do not perfectly match the population. This can occur for a variety of reasons including random oversampling of one region or non-response. Weighting allows for the data that are collected to be adjusted to better approximate the true population paramaters by reducing the weight given to those "oversampled" and increasing the weight given to those "undersampled."

Standard errors and confidence intervals for past month and lifetime usage of all substances were estimated for each grade wihin the major subgroups identified in the state report. These values can be found in the separate "Confidence Interval & Standard Error Report" document, which also contains a more detailed discussion of the techniques used for variance estimation that account for the survey's multistage clustered sample design.

#### **Conclusion**

As discussed earlier, the number of classrooms sampled was slightly increased in response to the problem of non-participation from school districts. For a variety of reasons, willingness to participate has been declining. Overall participation rates were better than in 2016, but not as good as we had hoped. Schools have indicated a reluctance to give up class time due to perceived pressures regarding required standardized testing. Further, many individuals have reported that they are "surveyed-out" due to the increased requests by researchers to collect data in their schools. Many have made the decision to not allow further surveys.

Moving forward, exploring new options to improve participation is crucial. We have already made the survey available online, offered flexible implementation dates, provided monetary incentives, offered Campus Level Reports, and targeted the schools directly. Still, there are likely other avenues that would pay dividends. There is precedence in other states for a state mandate for schools to participate in the survey. This option is outside of our control; however, it would likely lead to a dramatic increase in participation. Finally, PPRI is in ongoing communication with individuals across the state including school personnel as well as HHSC staff to explore avenues to increase participation. While the new approach did not yield high response rates, the research team is confidents that in the absence of the changes the response rate would have been lower.

The *Texas School Survey* has become a valuable policy tool for both state and local educators and policy-makers. The statewide survey, administered every two years, provides timely and relevant information about current drug and alcohol use patterns among young people enrolled in Texas' public schools. Various regional breakdowns including border, non-border and regional analyses provide the ability to compare various diverse areas of Texas with the state as a whole. These results can yield important information on the unique needs of different regions in Texas, thus informing policy makers for purposes of program design and resource allocation for substance abuse prevention among youth in Texas. Furthermore, longitudinal analysis can provide insight into changes in drug and alcohol prevalence over time. As was noted in the introduction, every state survey culminates in a Texas Health and Human Services Commission (formerly, Texas Department of State Health Services) publication providing an overview of findings to date.

Appendix A Survey Instrument

# TEXAS SCHOOL SURVEY OF SUBSTANCE USE

#### SURVEY INSTRUMENT

#### INTRODUCTION

Before answering the survey questions in this booklet, please read the following:

- I am aware that the survey questions I am answering are designed to measure drug and alcohol use, that I will be asked questions about student attitudes and behaviors that relate to substance abuse issues, and that over 200,000 students all over Texas will be taking this survey;
- > I know that I do not have to take this survey and that I can skip any question that I do not choose to answer for any reason without any consequences;
- > I know that there is no way for anyone to find out which survey that I answered, that the numbers on the questionnaire books are used only to identify which pages go together after the booklets are cut and cannot be used to tell who answered the questions; and
- > I am voluntarily participating in the Texas School Survey of Drug and Alcohol Use.

We will do everything we can to keep others from knowing about your participation in this study and how you answered the survey. The researchers will use a Certificate of Confidentiality to prevent anyone from finding out which survey students answered. The Certificate does not keep you or your family members from deciding to release information about yourself, or your participation in this study.

If you feel you need to talk with someone about problems with tobacco, inhalants, alcohol or drugs, please call, toll free, 1-877-9-NO-DRUG (1-877-966-3784) for immediate and confidential help, 24 hours a day, seven days a week.

This research study has been reviewed and approved by the Institutional Review Board — Human Subjects in Research, Texas A&M University (IRB2005-0396F). For research-related questions regarding subjects' rights, the Institutional Review Board may be contacted at (979) 458-4067 or <a href="mailto:irb@tamu.edu">irb@tamu.edu</a>,

#### DIRECTIONS

- · DO NOT write your name anywhere on this booklet.
- Use a NUMBER 2 PENCIL only.
- Fill in only ONE BUBBLE for each part of a question.
- · Be sure to read each question carefully.

#### **EXAMPLE QUESTION**

IN	THE PAST WEEK, on how ma	any DAYS hav	e you us	ed:		
b.	Cigarettes Smokeless Tobacco Beer	Never heard of it	Not used it	1-2 days	3-4 days	5-7 days



**USE ONLY** 

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88888

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999999

PLEASE DO NOT WRITE IN THIS AREA

**SERIAL** #

1. Are you:  Male Female		On average, what grades do you get?     (DARKEN ONE BUBBLE ONLY)      Mostly Mostly Mostly Mostly     A's B's C's D's F's
2. What grade are you in?  7 8 9 10	11 12 O O	7. Do you have a job? Yes No
3. Do you live with both of your pared  Yes No	nts?	During the current school year, do you qualify for a free or reduced price school lunch?
	6 17 18 19+	○ Yes ○ No ○ Don't Know
5a. Are you Hispanic or Latino? Yes No O  5b. What is your race? (DARKEN ONE American Indian or Alaska Nati Asian Black or African American Native Hawaiian or Other Pacif White Some other race More than one race	Ve	9. Do you regularly participate in any of the following extra-curricular activities? (DARKEN ONE BUBBLE FOR EACH LINE: a-i.)  Yes No a. School athletics (UIL, Varsity, Junior Varsity) b. School band/orchestra c. School choir d. Drill team or cheerleading squad e. Student government, newspaper, or yearbook f. Academic clubs, societies, or competition groups (UIL, Language Club, Math Club, etc.) g. Other school clubs or student groups h. Athletic teams OUTSIDE of school i. Other clubs or groups OUTSIDE of school
10. How safe do you feel when you are (DARKEN ONE BUBBLE FOR EACH a. in your home? b. out in your neighborhood? c. at school?		
The next two questions ask about your someone else - please answer for those  11. What is the highest level of schooling completed by (DARKEN ONE BUBBLE FOR EACH LINE: a-b.)  ayour FATHER? byour MOTHER?	who have been the  Completed grade	Graduate or Don't professional know or igh Completed Some Completed school after deesn't
	ally attend school-s	sponsored open houses or PTA meetings? Yes No

						None		A Few	Some		Most		All
						Ō		0	O		0		O
		Care about makin		_		0		0	0		0		0
	С.	Wish they could d	irop out	of scho	ool?	0		0	0		0		Ŏ
	d.	Sometimes carry	weapon	ns like a	knife or	gun?		0	0		0		Ó
	b.	Belong to a gang	or are ir	ntereste	d in bec	oming							
		a gang member?				0		0	0		0		0
		s a list of things so w recently, if ever,			_					or "kic	ks" or to (	get "hig	h":
(	(DA	ARKEN ONE BUBB	LE FOR	EACH L	JNE: a-h.	.)		Vever	Used a	t	Used at least once	U	ed at
							of	heard /Never ised it	least one in the Past Mor		ince School Began in the Fall	l leas	t once Your etime
4	a.	Spray paint to get	t high?					0	0		0		0
		Whiteout, correct				s to get high	7	0	0		0		O
		Computer dusting		_	_			0	~ 0		0		ŏ
•		Helium, butane, p				ous oxide),		2			_		_
		refrigerants/Freor	gas to	get hig	h7			Q\	0		_ 0		Ö
		Glue to get high?					1	0/	40		0		Ŏ.
- 1		Toluene/tolly, pair						2//	70		0		8
	_	Gasoline, octane I				( ) T (	-,,	0 //	\ 0		O		U
	п.	Other aerosols/sp		- 1	ır spray,	ram, nair sp	ray,\\\	1 1	\ \_		_		0
5. I	Ho:	w recently, if ever, BACCO, ALCOHOL, e time: (DARKEN O	have yo	ou used	r product	s even	DR		ly, if ever, I en one time VE: a-k.)				
5. I	Ho:	w recently, if ever, BACCO, ALCOHOL,	have yo	BLE FOR	Product	J.INE: a-h.)	DR	UGS eve	en one time		ou used th		
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a. Co. Sc. B	Hori	w recently, if ever, BACCO, ALCOHOL, e time: (DARKEN Of arettes? okeless Tobacco?	have you and ININE BUB	Du used HALANT BLE FOR	Product REACH L	INE: a-h.)	a. Mar b. Coc c. Crac d. Blar	ijuana? aine (notek? naril?	en one time VE: a-k.) t crack)?	E: (DARI	Su used the KEN ONE BI	O Since School once	ving
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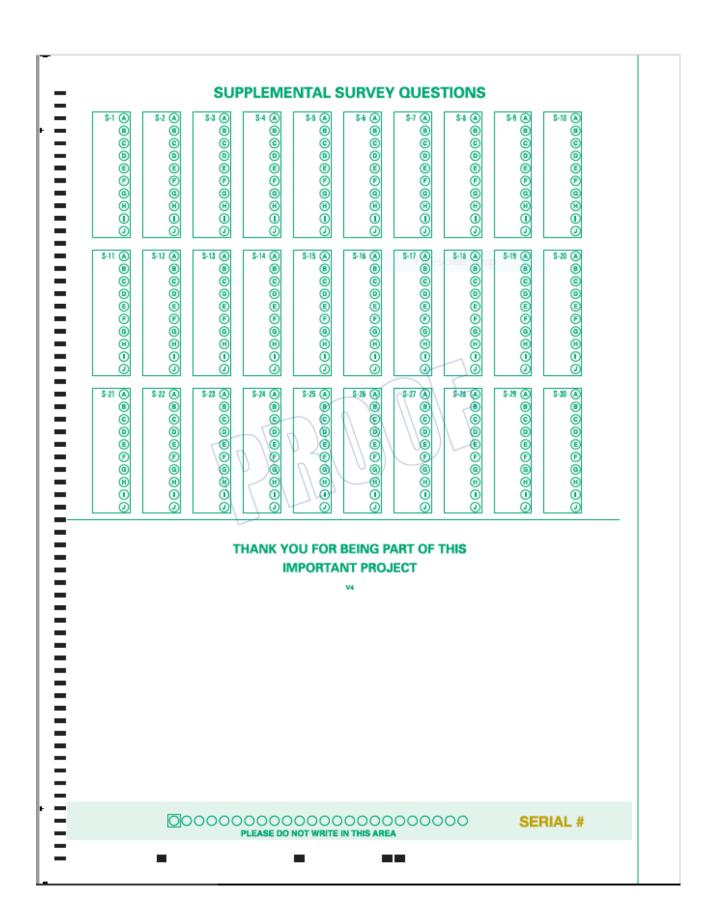
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s. Codelna cough syrap (Leans, Neds, AC/DC)?	0	0	0	0
<ul> <li>DayContin, Percedes, Percesol, Depositore, Visodin, Larcet, or Hydrocodese?</li> </ul>		0	0	0
z. Valure, Discopern, Xanas, or other bencod scapines?	8	0	000	0
d. Addereil, Ritalin, Decodrine, Generate, or Facular!  e. Any other processistion drug not listed above?	8	- 8	8	8
a Sing Do Parit Carlos Distriction		4.50	1,000	
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a. DKM, Triple Cfs. Skitzles, or Cortcidie?	11001	-0	0	0
-1	1 11 11 1	10		-
from many times, if any, trave you used:	23 How did not (DY/REEN ON	E BURBLE FO	REACHEINE &	1111
How reamy tireas, if any, trave yes used:  Characters One BUBBLE FOR EACH LINE: a-f3  a. Tokenson?  b. Alsohol?  c. Inhalanta (Whitsout, spray paint, glas, gen, erc.) to get high?  d. Martjuans?  d. Martjuans?  d. Creats?	e. Tobscor! b. Alsohol? c. tohadave (Whitesprey yell.) d. Maripares? d. Coodine (not of	0000		
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SERIAL #		00	000			OOOOOOOOOOO
22. If you wanted some, he (DARKEN ONE BUBBLE	W diffs FOR E	outties ACH U	suid it b	e to ge	E /	24. When you drink alcoholic beverages, here many drinks do you usually have AT ONE TIME, on everage (DARKEN ONE BURBLE FOR EACH LINE: a-d.)
	\$ /. 8 8	1/2	1/1.	8 8	/ F	
c. Inhalasta (Writnest, apray paint, glac, gas, etc.)? d. Marijuana?	00000000				0000000	a. Beer? core for DOCOCOCO b. Wise Coolers (hard sodies, hard sodies, hard sodies, hard cider etc.)? c. Wise? d. Liquer (readis, rum, whiskey, etc.)?
j. Here'n (black tar, cheese, chive, brown heroin?) k. Methemphetemine (speed, crystal meth.)		7/	0	9	3	28. IN THE PRET 30 DAYS, on how many days have you had 5 or more phrass of alcohol in a <u>pays hour period</u> )
Synthetic Merijaans (apice, K217   )  23. Hiew often de you normally use: (DARWEN ONE BURBLE FOR	àlà */*	16	(0)	o)\c i/i	//	a. Alcahol O O O O O O O O O O O O O O O O O O O
EACH LINE e-IJ  a. Tokesso? b. Alcohol? c. Inhelents (Whiteout, spray point, give, gas, etc.)?	0000	Ĭ		T		s. Athorse O O O O O O O O O O O O O O O O O O O
gas, etc.)?  d. Marijusen?  e. Cossine (not creek)?  f. Creck?  g. Starrer#?  h. Staroids?  i. Eastany?  J. Heroin (black tax.	0000000	0000000	00000000	0000000	0000000	st. At parties O O O O O O O O O O O O O O O O O O O
theese, chive, brown herein(? () k. Methamphetamine tapeed, crystel meth. ice, or erank(? () l. Synthetic Marijuana	0	0	0 0	0	0 0	
hples, K2I7 🔘	101	01	010	10	01	

27.		v dangerous do you think it is for k RKEN ONE BUBBLE FOR EACH LIN		ge to use:			O Very Dangerous	Aller Very Dangerous	At All Poor's Know
		Websers 2					3 (3)	12019	2/2/
-		Tobacco?					$\sim$	-	
-		Alcohol?					0 0	0	
-		Inhalants (Whiteout, spray paint, g	llue, gas, e	tc.)7			0 0	0 0	0 0
-	d.	Marijuana?					Ŏ Ŏ	0 0	0 0
	<b>e.</b>	Cocaine (not crack)?					010	1010	
-	f.	Crack?					Ŏ Ŏ	l o l o	0 0
-	a.	Ecstasy?					0 0	00	0 0
	-	Steroids?						l ŏ l d	5 0
	i.	Heroin (black tar, cheese, chiva, bro	own haroli	n17			ŏ ŏ	l o l	5   6
	i.	Methamphetamine (speed, crystal					ŏŏ	ŏ	ŏŏ
	_		meth, ice,	OF CFAIR)			0 0	ŏ	5   6
_	-	Synthetic Marijuana (spice, K2)?					818		
-	l.	Any prescription drug not prescrib					0 0	1019	
	m.	Electronic Vapor Products (E-Cigar	ettes, E-Ci	gars, Vaping	pens, Vape	pipes, etc.)?	0 0	1010	0 0
•									
28.		CE SCHOOL BEGAN IN THE FALL, OR RKEN ONE BUBBLE FOR EACH LIN		any DAYS ha	ve you	None	1-3	4-9	10+
	_		#-	alainen aut Marant		- I	days	days	days
-		missed a whole day of school beca			ent.,	1/0~	\ O	Q	O
-		missed a whole day of school beca	_	1 0	// //	1/0 <	, O	0	0
-		missed a whole day of school for s			11 11	0	0	0	O
-	d.	been sent by a teacher to someone	like the P	rincipal, Dea	n, or Guida	ince \			
-		Counselor because of your conduct	or attitud	le7 \ \\	11 1	J 10_	, O	0	0
	е.	had someone from your home be d	alled to so	hool becaus	e of your c	onduct			
		or attitude?	1/ 1/	// //		0	0	0	0
•		\	$\overline{}$						
29.	(DA	RING THE PAST 12 MONTHS, how I RKEN ONE BUBBLE FOR EACH LIN	E: a-d:)			None	1-3 times	4-9 times	10+ times
		gotten into difficulties of any kind : drinking?	with your	friends beca	use of your	0	0	0	0
-	b.	driven a car when you've had a go	od bit to d	rink?		0	0	0	0
-	C.	gotten into difficulties of any kind	with your	friends beca	use of your				
-		drug use?				0	0	0	0
		driven a car when you've felt high	from drug	s7		ŏ	ŏ	ŏ	ŏ
		,		-		_	_	_	_
30.		CE SCHOOL BEGAN IN THE FALL,	on how ma	any DAYS (if	any) have	you attended	at least on	e class w	hile "high,"
		unk" or "stoned" on					-3	4-9	10+
	(DA	RKEN ONE BUBBLE FOR EACH LIN	E: a-d.)		No		ays	days	days
	<b>a</b> .	beer, wine coolers (hard lemonade,	hard sod	s. hard cide					
		wine, or hard liquor?	,	,	"	)	<b>a</b>	$\circ$	0
		marijuana?				5	ŏ	ŏ	ŏ
							_		ŏ
		inhalants?				< '		0	$\sim$
	d.	some other drug(s)?				) (	0	0	O
31.		phol or other drugs are sometimes		ırties. Thinki	ng of the p	arties you at	ended this	school y	ear
	(DA	RKEN ONE BUBBLE FOR EACH LIN	E: a-b.)		Half	Most of		Don't	Didn't attend
-			Never	Seldom	the time	the time	Always	Know	any parties
-	a.	how often was alcohol used?	0	0	0	0	0	0	0
-	b.	how often were marijuana							
		and/or other drugs used?	0	0	0	0	0	0	0

B-5

	SINCE SCHOOL BEGAN IN or friends, for problems in marijuana, or other drugs!	any way connected with					ੌ	Õ
-	If you had a drug or alcoho help, who would you so b	-		34.	SINCE SCHOOL BEG	· ·		
	(DARKEN ONE BURBLE FO				the following SCHO			
		Yes	Fig.		<b>(DARKEN DNE BUB!</b>		(Eco-b	3
	s. A councefor or program	n in school?	0		•			
	b. A school narse?	n in school?	- 8				Yes	Me
	c. Another adult in echoo	I (such as a teacher			a. A school health-	daga?	0	- 0
	or ceach(?	8	- 8		b. An expensitly pro-	gram at school?	0	0
	d. Year parents?	0	0		e. A school guiden	te enumerior?	õ	- Q
	e. A reedical doctor?	8	- 8		d. Anchestrone?		0	100000
	f. Year friends?				<ul> <li>A science or soci</li> </ul>		0	- 0
	g. Asether edult (seeh as		200		<ol> <li>A student group</li> </ol>	or club meeting	Line.	200
	clargyman, or other far		×		at school?  g. An invited school		Ŏ.	- 8
	<ul> <li>A counselor or program</li> <li>I wouldin't go to wayon</li> </ul>		- 00		An invited school     Another source		0	000
	i. I wouldn't go to enyon	. 0	- 0		n. Another source	H SORBBELL	W.	U
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**Appendix B Classroom Selection Guidelines** 

# Texas School Survey of Drug and Alcohol Use Sampling Guide for Survey Administration

For the Texas School Survey to be administered in your school/district, PPRI will need to randomly select classes for participation in the study. The random selection process will allow us to generate survey results that are representative of the student population within your school/district. Detailed instructions for completing this master list are noted below.

- \*\*If you are surveying students at an <u>individual school only</u>, you will need to provide a master list of classes for the specific grade levels contained at your school (only grades 7-12 are eligible to participate).
- \*\*If you are surveying students at the <u>district level</u>, you will need to provide a master list of classes at each district campus with grades 7-12.

#### **Instructions:**

The Survey Coordinator will receive this guide (Sampling Guide for Survey Administration) and a Microsoft Excel spreadsheet titled Sampling Template. Please use this guide (Sampling Guide for Survey Administration) when completing the Sampling Template.

- For schools conducting the survey via paper pencil, choose *either* a **class period** (i.e. 1<sup>st</sup>, 3<sup>rd</sup>) in which <u>all</u> students are present <u>or</u> a **subject** (i.e. English, Science) in which all students must be enrolled:
- For schools conducting the survey online, choose only a subject (i.e. English, Science) in which all students must be enrolled).

The Excel spreadsheet titled *Sampling Template*, has column and row titles to indicate where to insert the necessary information. Using the Excel spreadsheet, please complete the following steps:

- 1. List <u>all</u> teachers for that class period or that subject in the first column;
- 2. List the class period, regardless of whether class period or subject was selected.
- 3. List the number of students *per grade level* in each of those classes.

<u>Please submit the Excel spreadsheet electronically to: texasschoolsurvey@dshs.state.tx.us.</u> PPRI will randomly pick entire classes until we reach the target numbers per grade level for the sample. Then, we'll send you the Master List of those classes randomly selected to be surveyed in order for the Parental Notification Letters to be sent home to the parents of students in the selected classes.

Appendix C

School Survey Administration
Survey Coordinator's Responsibilities
Campus Coordinators' Responsibilities Teachers' Guide

# **Survey Coordinator's Responsibilities**

#### 1. Distribution of the Survey Administration Guide (one week before administration)

The *Survey Administration Guide* enclosed in this mailing is designed to instruct the individuals who will administer the survey. Please distribute the Guide to all survey administrators (i.e. teachers). Check for understanding and make sure all questions are answered.

#### 2. Distribution of Survey Instruments and Classroom Envelopes

#### If the materials are <u>not</u> pre-packaged:

- a) Count out a set of surveys for the appropriate number of students in each participating class;
- b) Place each set of surveys in a classroom envelope;
- c) Label each classroom envelope to indicate which class it is along with **the campus name**. Do **not** seal the envelopes.
- d) Ensure each classroom envelope contains a copy of the Survey Administration Guide.

#### On day of survey administration:

Distribute envelopes filled with the correct number of surveys and a copy of the *Survey Administration Guide* to each survey administrator.

#### 3. Packaging the Completed Surveys for Delivery to PPRI

After the survey has been administered, teachers will be instructed to seal the completed survey forms in the envelopes. Unused blank forms should be kept together **outside the envelope**. Teachers should not leave the room with the sealed envelopes. Rather, someone who did not participate in the actual survey administration should collect the envelopes.

As the Survey Coordinator, you should clearly designate a central location where the envelopes and surveys should be sent. Completed surveys should remain in the sealed envelopes, and the envelopes should be grouped together and **clearly labeled** with the campus name. **Blank surveys should be returned** to PPRI along with the classroom envelopes. All survey materials should be boxed, and the boxes should be labeled sequentially (i.e., one of three, two of three, etc.). Please email PPRI at <a href="mailto:txschoolreturns@ppri.tamu.edu">txschoolreturns@ppri.tamu.edu</a> when you are ready to ship your materials. Materials should be sent in a single mailing. Ship to:

Texas School Survey
PPRI / Texas A&M University
3833 Texas Avenue South, Suite 130
Bryan, TX 77802

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Texas School Survey
PPRI / Texas A&M University
3833 Texas Avenue South, Suite 130
Bryan, TX 77802

# **Online Survey Coordinator's Responsibilities**

# 1. Distribution of the Survey Administration Guide (one week before administration)

The *Online Survey Administration Guide* enclosed in this mailing is designed to instruct the individuals who will administer the survey. Please distribute the Guide to all survey administrators (i.e. teachers). Check for understanding and make sure all questions are answered.

#### 2. Distribution of Online Survey Tokens and Classroom Envelopes

#### If the materials are not pre-packaged:

- a) Count out a set of online survey tokens for the appropriate number of students in each participating class;
- b) Place each set of online survey tokens in a classroom envelope;
- c) Label each classroom envelope to indicate which class it is along with **the campus name**. Do **not** seal the envelopes;
- d) Ensure each classroom envelope contains a copy of the *Online Survey Administration Guide*.

#### On day of survey administration:

Distribute envelopes filled with the correct number of online survey tokens and a copy of the *Online Survey Administration Guide* to each survey administrator.

#### 3. Packaging the Materials for Delivery to PPRI

After the survey has been administered, teachers will be instructed to seal the completed survey forms in the envelopes. Unused online survey tokens should be kept together **outside the envelope**. Teachers should not leave the room with the sealed envelopes. Rather, someone who did not participate in the actual survey administration should collect the envelopes.

As the Survey Coordinator, you should clearly designate a central location where the envelopes and online survey tokens should be sent. Completed online survey tokens should remain in the sealed envelopes, and the envelopes should be grouped together and **clearly labeled** with the campus name. **Unused online survey tokens should be returned** to PPRI along with the classroom envelopes. All materials should be boxed, and the boxes should be labeled sequentially (i.e., one of three, two of three, etc.). Please email PPRI at <a href="mailto:txschoolreturns@ppri.tamu.edu">txschoolreturns@ppri.tamu.edu</a> when you are ready to ship your materials. Materials should be sent in a single mailing. Ship to:

Texas School Survey
PPRI / Texas A&M University
3833 Texas Avenue South, Suite 130
Bryan, TX 77802

# **Survey Administration Guide**

Your school has elected to participate in the *Texas School Survey of Drug and Alcohol Use*. The survey is sponsored and designed by the Texas Department of State Health Services (DSHS) and is facilitated by the Public Policy Research Institute (PPRI) at Texas A&M University. You will be administering the survey in one or more classrooms at your campus. PPRI has prepared this Survey Administration Guide to provide information and instructions for conducting the survey.

- Each classroom envelope should have a sufficient number of surveys to accommodate survey administration in the designated classes. If necessary, additional surveys should be requested from the survey coordinator at your campus. Please only administer the survey to the class listed on the label; as these are the classes that received parental notification.
- Please review the Classroom Identification label on the front of your envelope. It is very important that you write the **campus name** (if it is not already written on the label), **the number of students enrolled in your class, and the number of students absent on the day of the survey** on this label.
- Please read all instructions carefully before administering the survey. It is important that these procedures are followed so that administration of the survey is uniform throughout each school. Please stress to the students that their responses are **entirely anonymous**.
- Your attitude towards this survey is extremely important. If students sense the importance of this information, they will take the survey more seriously.
- In addition, your physical position in the classroom may influence the way students answer questions. While students are taking the survey, do not walk around the room. Please sit or stand in a part of the room away from students.
- Try to keep students as quiet as possible throughout survey administration. If students are allowed to talk about the contents of the survey or their own experiences, peer influence could cause students to either inflate or under-report their own drug and alcohol habits.
- The survey should take approximately 30-45 minutes to administer.
- To maintain student confidentiality, do not view completed survey instruments.
- Students must use a #2 pencil. Be prepared to provide pencils to students who may not have one. Surveys completed in pen or marker cannot be processed.

# **Survey Administration Procedure**

1.) **Before handing out surveys**, please tell students the following:

"This survey is for the Texas Department of State Health Services. Survey results will be used for evaluating and planning substance abuse programs for students in grades 7 through 12. No student is required to participate in this survey. This survey will ask questions about your experiences with drugs and alcohol. Do not turn the pages or begin answering questions until we have gone over the survey instructions."

2.) Make sure all students have a #2 pencil to complete the survey. Hand out the surveys and please tell students the following:

"I cannot answer questions about specific substances or tell you what questions mean. If you are not familiar with a substance listed on the survey, mark the category 'Never heard of it."

- 3.) Go over the instructions listed on the front of the survey booklet. Be sure to read aloud the **Introduction**, **Directions**, and **Example Question**.
- 4.) Please emphasize the following points to the students:
  - This survey is completely voluntary.
  - No one will know how individual students answer questions.
  - If you do not feel comfortable answering a question or feel you cannot answer a question honestly, leave it blank.
  - A drink means a can or bottle of beer or wine cooler, a 4 ounce glass of wine, a shot of liquor, or a mixed drink.
- 5.) If students refuse to take the survey, have them work quietly at their seat or send them to an area designated by the Survey Coordinator at your campus/district.
- 6.) Collect all completed surveys and place in the envelope. Please do not view completed surveys. PLEASE DO NOT PUT UNUSED SURVEYS IN THE ENVELOPE.
- 7.) <u>Please verify the completion of the Classroom Identification label</u> on the front of your classroom envelope. It is very important that the **campus name**, **number of students enrolled** in your class, and number of students absent is written on this label.
- 8.) Return classroom envelope and unused surveys as instructed by the Survey Coordinator at your campus/district.

#### **Texas School Survey of Drug and Alcohol Use**

# **Online Survey Administration Guide**

Your school has elected to participate in the *Texas School Survey of Drug and Alcohol Use*. The survey is sponsored and designed by the Texas Department of State Health Services (DSHS) and is facilitated by the Public Policy Research Institute (PPRI) at Texas A&M University. You will be administering the survey in one or more classrooms at your campus. PPRI has prepared this Survey Administration Guide to provide information and instructions for conducting the survey.

- Each classroom envelope should contain a small piece of paper for each student with a number, which is an online survey token. If necessary, additional online survey tokens should be requested from the survey coordinator at your campus. Please only administer the survey to the class listed on the label; as these are the classes that received parental notification.
- Please review the Classroom Identification label on the front of your envelope. It is very important that you write the **campus name** (if it is not already written on the label), **the number of students enrolled in your class, and the number of students absent on the day of the survey** on this label.
- Please read all instructions carefully before administering the survey. It is important that these procedures are followed so that administration of the survey is uniform throughout each school. Please stress to the students that their responses are **entirely anonymous**. The tokens are completely random and there is no way to know which student responded to a particular survey.
- Your attitude towards this survey is extremely important. If students sense the importance of this information, they will take the survey more seriously.
- Survey responses must be kept private; therefore students should be reminded to not look at the computer screens of other students.
- In addition, your physical position in the room may influence the way students answer questions. While students are taking the survey, do not walk around the room. Please sit or stand in a part of the room away from students.
- Try to keep students as quiet as possible throughout survey administration. If students are allowed to talk about the contents of the survey or their own experiences, peer influence could cause students to either inflate or under-report their own substance use habits.
- The survey should take approximately 45 minutes to administer.

#### Texas School Survey of Drug and Alcohol Use

# **Online Survey Administration Procedure**

1.) Have all participating students enter the following address into their web browser:

http://txss.tamu.edu

(After this step is complete, students need to click the button on the center of the web page to be directed to the main survey page)

- 2.) **Before handing out the online survey tokens, please tell students the following**: "This survey is for the Texas Department of State Health Services. Survey results will be used for evaluating and planning substance abuse programs for students in grades 7 through 12. No student is required to participate in this survey. This survey will ask questions about your experiences with drugs and alcohol. Please do not begin answering questions until we have gone over the survey instructions."
- 3.) Hand out the online survey tokens and please tell students the following:
  - This is a survey that measures tobacco, drug, and alcohol use and other information relating to tobacco, alcohol, inhalant, and drug use;
  - This survey is being given to as many as 200,000 students in the state of Texas;
  - There is no way for anyone to know how you respond to the questions;
  - You can skip any questions or not take the survey at all if you do not want to. There is no penalty if you skip questions or leave the survey blank;
  - On the survey, a drink means a can or bottle of beer or wine cooler, a 4 ounce glass of wine, a shot of liquor, or a
    mixed drink;
  - I cannot answer questions about specific substances or tell you what questions mean;
  - If you are not familiar with a substance listed, mark the category "Never heard of it."
  - At the end of the survey, please make sure you click the 'Submit' button

If you feel you need to talk with someone about problems with tobacco, inhalants, alcohol, or drugs, please call, toll free,: 1-877-9-NO-DRUG (1-877-966-3784) for immediate and confidential help, 24 hours a day, seven days a week. This study has been reviewed and approved by the Institutional Review Board - Human Subjects in Research, Texas A&M University. For research-related questions regarding subjects' rights, the Institutional Review Board may be contacted at (979) 458-4067 or irb@tamu.edu.

- 6.) Tell the students to type the number on their paper in the token box and click 'ENTER'. The students will then need to read the instructions and click 'NEXT' to proceed to survey questions.
- 7.) If students refuse to take the survey, have them work quietly at their seat or send them to an area designated by your campus coordinator.
- 8.) Collect all papers with the online survey tokens and place in envelope. Please verify the completion of the Classroom Identification label on the front of your classroom envelope. It is very important that the campus name, number of students enrolled in your class, and number of students absent is written on this label.
- 9.) Return classroom envelope and unused online survey tokens as instructed by the Survey Coordinator at your campus/district.

**Appendix D Computation of Sample Weights** 

#### Weighting the Texas School Survey of Drug and Alcohol Use

The weights for the state sample of the Texas Schools Survey of Drug and Alcohol Use are calculated in a multistage process. The steps below describe this process and are executed individually for each HHSC region. Once all of the region weights are produced using the steps below, the individual R# weights are appended together into the final weight variable used for statewide analysis - wt2.

- Campus Weight
  - Probability of each school being sampled
    - A=Total number of "adjusted" students in school (over/under-sampled)<sup>3</sup>
    - B=total "adjusted" population in region
    - D=total number of schools sampled
    - School's probability X=(A\*D)/B
  - o Raw weight
    - H= 1/X
- Student Weight
  - o Probability of each Student sampled in school
    - G=Number of students in grade
    - C= Number of students sampled in grade
    - Student Weight Y=G/C
      - If Y<1, then replace Y=1
      - Extreme outliers are trimmed for Y to reduce their impact
  - Weight
    - Weight W=Y\*H
- Post Hoc Weight

o Adjustment for grade & ethnicity distribution

- S= Region ethnicity in grade population
- T= Region ethnicity in grade population after applying weight W
- Final region weight R# = W\*(S/T)
  - Extreme outliers are trimmed for R# to reduce their impact

<sup>&</sup>lt;sup>3</sup> "(over/under-sampled)" refers to the increased probability attached to students in certain schools such as border schools and junior high campuses as discussed in the "Selection of Campuses" section of the report.