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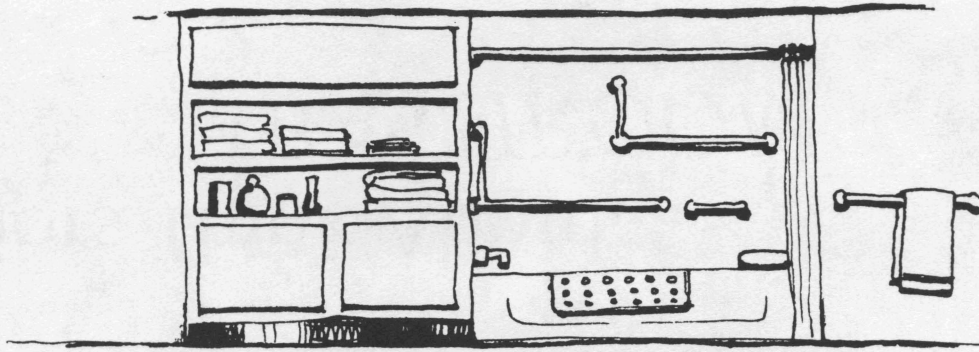
Seniors Think About. . .

BATHROOMS



Texas Agricultural Extension Service • The Texas A&M University System • John E. Hutchison, Director • College Station, Texas

COMFORTABLE, CONVENIENT AND SAFE BATHROOMS ARE VALUABLE.

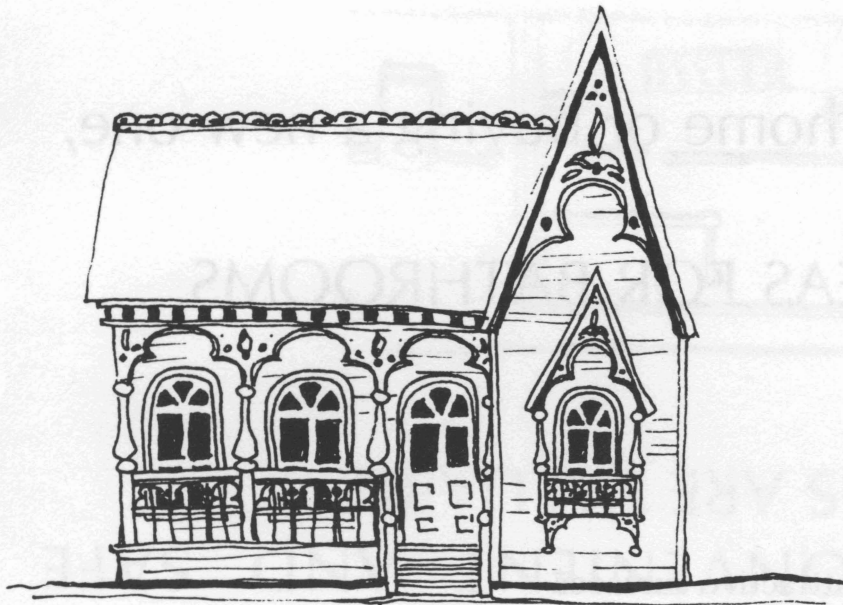


When improving your home or buying a new one,
CONSIDER THESE IDEAS FOR BATHROOMS. . .

- **Location** near the sleeping area
- **Non-slip floors**
- **Smooth, durable, easy-to-care-for, attractive surfaces**
- **Rounded corners**
- **Grab-bars** in the shower, beside the tub and on the sides of the toilet, that support at least 250 pounds
- **Towel racks, soap dishes, etc.** of grab-bar strength
- **A seat** in the shower
- **All doors**, including shower door, safely operating from both sides
- **Shower controls** outside the shower door
- **A maximum of space** around all fixtures for ease of cleaning
- **Good ventilation**
- **Partially lighted** at all times by inserting a **night light** in a convenience outlet

. . . BE SURE THE BATHROOM IS SAFE. . .

- Permanently seal windows above bathtub and install safety glass.
- Do not wax resilient floors.
- Check locks and latches on all doors to be sure they function properly.
- Carefully control temperature and ventilation.
- Install and use grab-bars.
- Use rubber mats or adhesive strips in tub and in shower.



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