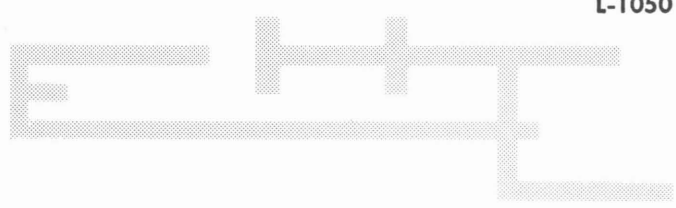


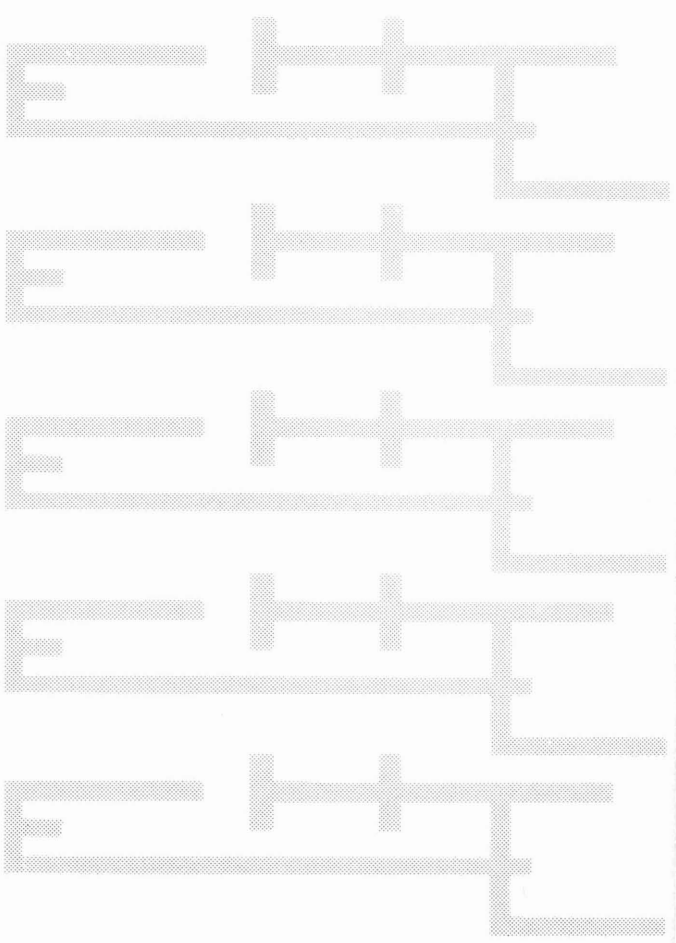
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# Extension Home Economics

*What's it all about?*



TEXAS A&M UNIVERSITY  
TEXAS AGRICULTURAL EXTENSION SERVICE  
J. E. Hutchison, Director, College Station, Texas

# EHE

## MAY WE HELP YOU

. . . . . with homemaking or just plain living?  
We'd like to try!

Extension Home Economics (EHE) may be the answer. Our educational help through EHE is free for the asking.

Interested? Then read on. Discover what EHE can offer and how you can become a member.

## WANT TO GET WITH A GROUP?

Join a home demonstration club.

A home demonstration (HD) club is composed of homemakers who learn together. Everyone is involved. Members learn by attending club and leader training meetings. They teach lessons, take part in discussions, plan recreation and participate in community projects sponsored by the club. An HD club has a monthly program and short business session conducted by elected officers.

An Extension home economics (EHE) study group is a less formal organization. It may have a series of programs in a single subject matter area or its programs may cover several subject matter areas. The EHE study group may have elected officers or only a chairman who directs business.

Both HD clubs and EHE study groups can participate in the county home demonstration council. Both share responsibilities and privileges.

# *What's it all about?*

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By Toy Smith, organization specialist, Texas Agricultural Extension Service, Texas A&M University. Adapted from University of Arkansas materials.

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## **WHAT DOES IT COST?**

Almost nothing! Your major investment is your time to learn and share new information. You may decide to attend out-of-town meetings. Dues are not required. Clubs, groups, and county home demonstration councils may raise money through special projects.

Each club and study group may contribute a small amount to support the state organization, the Texas Home Demonstration Association, and its projects.

No charge, however, is made for instruction from the county Extension agent.

## **CAN ANYONE JOIN?**

Yes. HD clubs and EHE study groups are open to all homemakers who would like to improve their home and community life, regardless of race, color or national origin. If there is not a club or group near, you may form one. A small group with similar interests can form a regular HD club or an EHE study group. Let your county Extension agent know you are interested so she can help you organize.

## **WHAT WILL I GAIN?**

Belonging to an HD club or an EHE study group makes you a PC (privileged character)!

- You get the latest information on what's new for your home and family.
- You learn how to do things you want or need to know.
- You meet with other homemakers for facts, fellowship and fun.
- You belong to a group which can voice its opinion when needed.
- You have an opportunity to go places and do things such as attending conferences and meetings.

## **MUST I JOIN A CLUB OR STUDY GROUP?**

No. The Texas Agricultural Extension Service believes clubs and groups are a good way to learn, but you can participate in EHE in other ways:

- Short courses, workshops, forums
- Tours
- County-wide, precinct or area meetings
- Individual help
- As a 4-H leader

You may learn about Extension activities through newspapers, television or radio or by asking your county Extension agent for a preview of coming events.

HD club and EHE study group members are notified of these opportunities. They sponsor activities for their members and invite nonmembers to participate.



## WHAT'S EXTENSION?

### The Texas Agricultural Extension Service

- Is part of Texas' land grant university—Texas A&M University
- Is part of the U.S. Department of Agriculture
- Is an out-of-school teaching service of the university and the USDA in cooperation with your county government.

### Your county Extension agent

- Is a staff member of Texas A&M University and the U.S. Department of Agriculture
- Demonstrates current home economics information based on the latest research
- Uses the educational and research resources of Texas A&M University, the United States Department of Agriculture and other universities, agencies and industries to help solve local problems.

Educational programs conducted by the Texas Agricultural Extension Service serve people of all ages regardless of socio-economic levels, race, color, sex, religion or national origin.

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