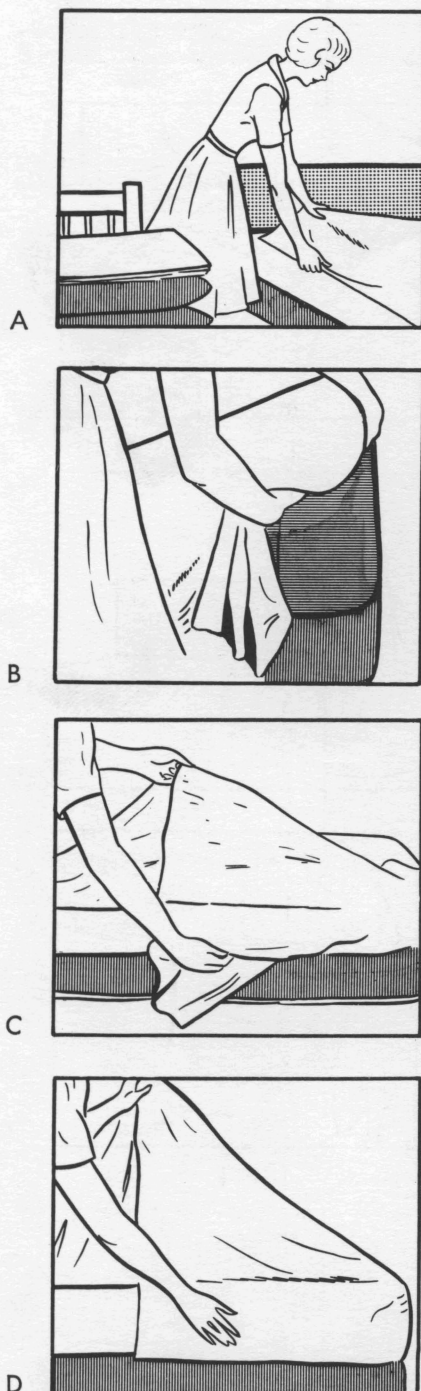


# Making a Bed Is Easy!



Extension Specialists in Home Management  
Texas A&M University



## CHANGING THE LINENS

1. Stand about the center on the side of the bed with the chair holding the linens nearby.

2. Spread the bottom sheet making sure the center crease is about the middle of the bed, figure A.

3. Spread the top sheet in the same way, except put in on wrong side up.

4. Spread the blanket so that the top edge will reach about the center of the place for the pillow or about 8 inches from top.

5. Put on the bedspread so that enough of it will cover the pillows.

6. At the head of the bed and corner nearest you, tuck the bottom sheet under as far as you can reach, figure B.

7. Miter the corner of the bottom sheet; catch the edge of the sheet about 24 inches from the corner with the hand nearest the bed. Lift the sheet to form a triangle. With the other hand tuck the free edge of the sheet under the mattress, figure C. Holding the hand against the sheet and mattress bring down the other hand holding the triangle and tuck under the mattress, figure D. Tuck side under about half way, figure E.

8. Pull top sheet up straight.

9. Pull blanket up and straighten.

10. Fold sheet back over blanket about 8 to 12 inches, figure F.

11. Pull pillow case on the pillow and put it in place, figure G.

12. Pull the spread up over the pillow. Tuck in at the top, then under the pillow to look smooth. Put pillow case on second pillow. Place the second pillow on top of the first. This pillow will help to hold the first pillow and spread in place as you complete the job.

13. Move to the foot of the bed. Tuck the bottom sheet under as far as you can reach at the foot; smooth and miter the corner of the bottom sheet in the same way as the first one.

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J. E. Hutchison, Director, College Station, Texas

14. Smooth the top sheet and make a half miter. Form the triangle but let the side and top point of miter hang free. This will allow room for the feet when you go to bed.

15. Tuck blanket under at the foot. A half miter may or may not be made.

16. Straighten spread and tuck down halfway across foot.

17. Move to the other corner. Pull bottom sheet tight and tuck under at the foot of bed. Miter corner of bottom sheet. Make half miter in top sheet. Tuck blanket under mattress at foot of bed. Smooth spread and pull down at foot.

18. Move to the last corner, smooth and pull bottom sheet tight. Tuck bottom sheet under at head and miter corner.

19. Smooth out top sheet pulling tight. Smooth out the blanket. Turn top sheet back over the blanket.

20. Put pillow in place. Pull spread up over pillow and tuck at the back; then at the front, figure H.

Your bed may not look so good the first few times you make it using this method, but with practice you can soon do a good job, and it will be quick and easy.

#### SMOOTH THE BED DAILY

1. When you get out of bed, throw back the covers with one hand and with the other hand place the pillows on a chair near the bed.

2. Let the bed air while you dress.

3. Beginning at the head, smooth and tighten the bottom sheet if it needs it.

4. Pull the top sheet tight.

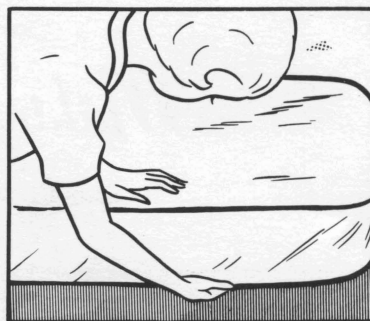
5. Pull the blanket and turn the sheet back over it.

6. Put one pillow in place. Pull the spread over the pillow and tuck in back and front of pillow.

7. Put second pillow on top of the first.

8. Go to the opposite side and repeat the steps.

Bed making is one job you do not need to clean up after, except when the linens are changed.



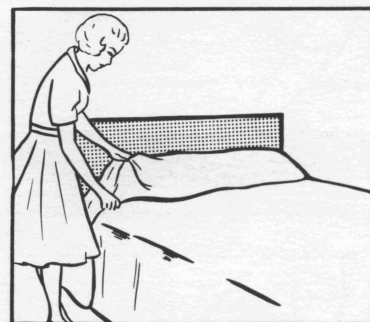
E



F



G



H